



# The Prospect Heights Park District Tennis courts will open on Tuesday, May 12 with the following **RULES:**

- Courts are open for singles (1 v 1) play, NO DOUBLE (2 v 2) PLAY ALLOWED
  - Maximum of two people on any court at any given time
  - Maintain a social distance of six feet from all other people OR wear a cloth face covering
  - Refrain from handling the nets, gates, benches, etc.
  - Mark your ball with a unique identifier (i.e. number or color) and handle only your ball when serving
  - Only return your opponent's ball with your racket or paddle
  - When waiting for a court, please wait outside the court, maintain a social distance of six feet from all other people AND wear a cloth face covering
  - Recognize that others may be waiting for an opportunity to play, please follow our rack up rules and limit your court time to 1 hour or less
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- No other activities or gatherings are permitted within the fenced court enclosure

## **Prospect Heights Park District court locations:**

**Country Gardens Park**, 901 N Schoenbeck, two courts

**Lions Park**, 110 West Camp McDonald Rd, six courts

\*Please note: Claire Lane Park, 617 Claire Lane is not available at this time - recently resurfaced not yet lined\*



Additionally, the Prospect Heights Park District recommends using the United States Tennis Association's "**COVID-19 PLAYING TENNIS SAFELY PLAYER TIPS**" posted at the courts



# The Prospect Heights Park District recommends using the United States Tennis Association's **COVID-19 PLAYING TENNIS SAFELY PLAYER TIPS**

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## **PREPARING TO PLAY**

- Clean and wipe down your equipment, including racquets and water bottles. Do not share racquets or any other equipment such as wristbands, grips, hats and towels.
- Bring a full water bottle to avoid touching a tap or water fountain handle.
- Use new balls and a new grip, if possible.
- Arrive as close as possible to when you need to be there.
- Avoid touching court gates, fences, benches, etc. if you can.

## **WHEN PLAYING**

- Try to stay at least six feet apart from other players. Do not make physical contact with them (such as shaking hands or a high five).
- Single Play only! Double play could lead to incidental contact and unwanted proximity.
- Avoid touching your face after handling a ball, racquet or other equipment.
- Avoid sharing food, drinks or towels.
- Use your racquet/foot to pick up balls and hit them to your opponent. Avoid using your hands to pick up the balls.
- Stay on your side of court. Avoid changing ends of the court.
- If a ball from another court comes to you, send it back with a kick or with your racquet.

## **AFTER PLAYING**

- Leave the court as soon as reasonably possible.
- Wash your hands thoroughly or use a hand sanitizer after coming off the court.
- No congregation after playing.

## **USE FOUR BALLS OR SIX BALLS**

Although unlikely, it's possible that a tennis ball can transmit the COVID-19 virus, as virtually any hard surface can transmit the disease. So here is an extra precaution you can take to keep safe when playing tennis:

- Open two cans of tennis balls that do not share the same identifier (i.e. number or color) on the ball.
- Take one set of balls and have your playing partner take the other set of balls.
- Proceed with play, making sure to pick up your set of numbered balls only. Should a ball with the other number wind up on your side of the court, do not touch the ball with your hands. Use your racquet head or feet to advance the ball to the other side of the court.