



Open Gym Protocol for COVID -19

Due to COVID-19 we ask that open gym members follow these procedures to keep everyone as safe as possible.

Temperatures

Take your temperature at home, if temperature is 100.4 degrees or above do not enter our facility.

Symptoms of COVID-19

Do not enter our facility if you are currently exhibiting COVID-19 symptoms. Do not come to our facility if these symptoms are exhibited: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting and/or diarrhea.

Exposure or diagnosis

Do not enter our facility if exposed/diagnosed to COVID-19 until they have had no fever for at least 72 hours, other symptoms have improved, and at least 10 days have passed since their symptoms first appeared. If patron does contract COVID-19, they should remain isolated at home for a minimum of 10 days after symptom onset and can be released after feverless and feeling well (without fever-reducing medication) for at least 72 hours OR has 2 negative COVID-19 tests in a row, with testing done at least 24 hours apart.

Travel

If you traveled to an area that has Level 3 Travel Health Notice (which means widespread & ongoing transmission) to COVID-19, do not come to our facility.

Face coverings

You must wear face coverings over your nose and mouth during open gym.

Procedures for entry

Open the front door with the ADA button using your elbow or use a paper towel; most other doors will be propped open. If a door is not open use a paper towel to open it and dispose of the paper towel immediately.

Use hand sanitizer when entering the facility; hand sanitizing stations are located throughout the facility. Use foot and elbow to open/close doors when possible.

Distancing

No physical contact is allowed.

Social distance of at least 6-ft. should be maintained between non-household individuals.

Limit congregation during entry/exit throughout duration of the event.

Front desk supervisor will monitor open gym for social distancing.

Capacity

Gym must not exceed 50 people.

Best Practices

Please bring your own basketball.

Bring your own water bottle. Water fountains are unavailable except for refilling water bottles.

Place your belongings at least 6 feet away from others' personal belongings.

Bring your own hand sanitizer.

Sanitizing

Use hand sanitizer prior to entering restroom.

Thoroughly wash hands for 20 seconds prior to exiting restroom.

Restrooms and high touch areas are disinfected regularly throughout the day by the Park District.

Signs of illness

If you become ill, please leave the facility immediately, if this is not possible, please stay in the isolation room until picked up.

Confirmed case of COVID-19

Please report any confirmed cases to the Safety Coordinator at the Prospect Heights Park District, confidentiality will be maintained and CDC guidelines will be followed.

Following Guidelines

Patrons assume personal responsibility and should abide by set guidelines. If the above guidelines are not being followed it will lead to immediate expulsion with no refund.



Open Gym Guidelines

No physical contact is allowed.

Facial Coverings must be worn during Open Gym.

Please bring your own basketball.

Bring your own water bottle.

Place your belongings at least 6 feet away from others' personal belongings.

Limit congregation during entry/exit.