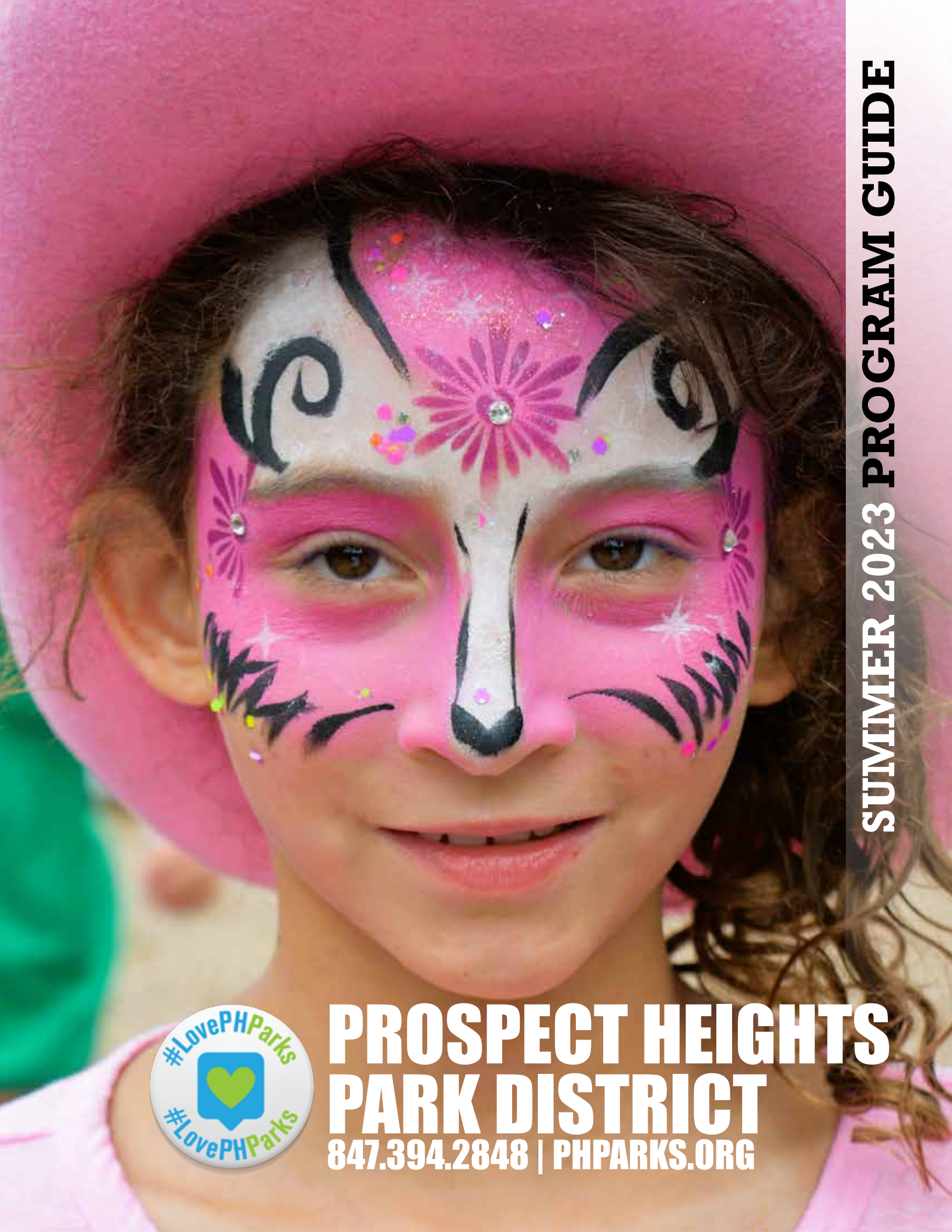

SUMMER 2023 PROGRAM GUIDE

#LovePHParks #LovePHParks

PROSPECT HEIGHTS PARK DISTRICT

847.394.2848 | PHPARKS.ORG

CALENDAR OF EVENTS

EVENT	DATE	TIME	PAGE
APRIL			
Easter Bunny Home Visits	Saturday, April 1		8
T-Ball Skills Clinic, Basketball Clinic 101, Nerf Elite Battle Registration Deadline	Monday, April 3		26
Fencing - Little Musketeer Registration Deadline	Wednesday, April 5		26
Flashlight Egg Hunt	Thursday, April 6	7:30P-8:00P	8
Spring Fling	Saturday, April 8	9:00A-12:00P	8
Easter Bunny Home Visits	Saturday, April 8		8
KinderStop Open House	Thursday, April 27	5:30P-6:30P	21
MAY			
KinderStop Registration Opens for PHPD Residents	Monday, May 8	8:00A	21
KinderStop Registration Opens for Partner Residents & Non-Residents	Monday, May 22	8:00A	21
Typhoons Swim Team Sign Up Deadline	Wednesday, May 26	6:00P	12
Typhoons Swim Team Registration Closes	Wednesday, May 31		12
Typhoons Swim Team Parent Meeting	Wednesday, May 31	6:00P-7:30P	12
JUNE			
Summer Camp Open House	Thursday, June 1	5:30P-6:30P	13
Lions Pool Opens	Saturday, June 3		10
Prospect Heights Community Day	Saturday, June 3	9:00A-12:00P	9
Summer Camp Starts	Monday, June 5		13-19
Sports and More, Pee Wee Soccer, Nerf Elite Battle, Total Sports Registration Deadline	Monday, June 5		26
Typhoons Swim Team Parent Meeting	Monday, June 5	7:00P-8:30P	12
Summer High School Golf League Tryouts	Wednesday, June 7	4:30P	29
Summer Advanced Challenge Golf League Tryouts	Wednesday, June 7	5:00P	29
Summer Travel Challenge Golf League Tryouts	Thursday, June 8	5:00P	29
Swim Lessons Begin	Monday, June 12		11
Prospect Heights Block Party	Saturday, June 17	4:00P-11:00P	9, Back Cover
JULY			
S'mores Poolside Bingo	Wednesday, July 19	5:00P-7:00P	9
AUGUST			
National Night Out	Tuesday, August 1	6:00P-8:00P	9
Competition Dance Team Parent & Dancer Meeting	Wednesday, August 9	6:00P	23
Little Kickers Soccer League Registration Deadline	Friday, August 11		25
Competition Dance Team Clinic	Monday, August 14 & Wednesday, August 16		23
KinderStop Begins	Monday, August 21		21

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FACILITIES

FACILITY INFORMATION

Gary Morava Recreation Center

110 W. Camp McDonald Road
Prospect Heights, IL 60070
Phone: 847.394.2848
Fax: 847.394.7799
Web: phparks.org

JOIN OUR MAILING LIST

Signup at www.phparks.org/enews to get news about active adults, golf or all Park District updates.

CONNECT WITH US!

prospectheightsparkdistrict
oldorchardcountryclub
prospectheightsparkdistrictsstarstudio
prospectheightsparkdistrictletsgo

prospectheightsparkdistrict
phpdstarstudio

ProspectHtsPrks

phparks

FACILITY HOURS	
Monday-Thursday	6:00A-9:00P
Friday*	6:00A-6:00P
Saturday	8:00A-5:00P
Sunday	9:00A-5:00P
*Fridays open until 7:00P June 9-August 4	
FRONT DESK HOURS	
Monday-Thursday	7:30A-9:00P
Friday*	7:30A-6:00P
Saturday	8:00A-5:00P
Sunday	9:00A-5:00P
*Fridays open until 7:00P June 9-August 4	
HOLIDAY HOURS:	
April 9	Closed Easter
May 29	Closed Memorial Day
July 4	Open Noon - 5:00P
September 4	Closed Labor Day

OLD ORCHARD COUNTRY CLUB
A Prospect Heights Park District Property

Old Orchard Country Club

700 W. Rand Road, Mount Prospect, IL 60056
Phone: 847.255.2025
Visit our website at oldorchardcc.com for hours and services.

ADMINISTRATIVE STAFF

Christina Ferraro, CPRE	Executive Director	cferraro@phparks.org
Edlyn Castil	Marketing & Communications Manager	ecastil@phparks.org
Dino Squiers	Superintendent of Facilities & Parks	dsquiers@phparks.org
Shawn Hughes	Superintendent of Finance, HR & IT	shughes@phparks.org
Andrea Mueller	Accounting Clerk	amueller@phparks.org
Catherine Roock	HR/Payroll Coordinator	croock@phparks.org

RECREATION STAFF

Ray Doerner, CPRP	Superintendent of Recreation	rdoerner@phparks.org
Laura Fudala, CPRP	Recreation Supervisor	lfudala@phparks.org
Marci Glinski, CPRP	Recreation Supervisor	mglinski@phparks.org
Rita Nebl	Registration Supervisor	rnebl@phparks.org

OLD ORCHARD COUNTRY CLUB STAFF

Marc Heidkamp, PGA	Director of Golf Operations	mheidkamp@phparks.org
Doug Brazeau, PGA	Head Golf Professional	dbrazeau@phparks.org
Pam Nauert	Event Coordinator	pnauert@phparks.org
Niko Lopez	Kitchen Manager	nlopez@phparks.org

NWSRA

Make friends, have fun, go new places, learn new things, be included and celebrate your life at NWSRA! NWSRA exists to provide outstanding opportunities through recreation for children and adults with disabilities. The team of full-time Certified Therapeutic Recreation Specialists (CTRS) and trained part-time staff provide safe, fun and accessible year-round opportunities to individuals of any age and ability level. Inclusion assistance also provides individuals with disabilities the opportunity to participate in their home park district program. NWSRA offers hundreds of virtual and in-person programming options to meet the diverse needs and interest of the community. Check out all program offerings at nwsra.org/brochure. For more information, contact the NWSRA registration office at 847-392-2848 (voice), 847-392-2855 (TTY) or email office@nwsra.org.

The Prospect Heights Park District is a member of a cooperative agreement among 17 Park Districts which form the Northwest Special Recreation Association (NWSRA).

PROSPECT HEIGHTS PARK DISTRICT

MISSION STATEMENT

Our mission is to enhance the quality of life for all residents of the District through the development and maintenance of park lands and facilities, utilizing available resources, as well as to promote community involvement through a variety of recreation programs, educational opportunities and special events.

#LovePHParks

LETTER FROM THE EXECUTIVE DIRECTOR

CHRISTINA FERRARO, CPRE

Summer is a busy season at the Prospect Heights Park District. Warm weather means swim team, golf, summer camp, pool, July 4th Parade, Block Party and more. We are fortunate to offer several opportunities to enjoy the parks and programs throughout the Prospect Heights Park District.

Did you know that 50 percent of park district residents have access to a park amenity within one-half mile from their home? With six pickleball courts, a sand volleyball court, three baseball fields, a driving range, seven playgrounds and more, there are many amenities in the community for individuals to stay active. The Board and staff continue to evaluate the district's capital improvement plan to enhance the community's vitality and quality of life. Participant feedback about programs and facilities is always welcome to help evaluate our work and its impact on the community.

Some of you may recall the front desk area in the recreation center was improved in 2016. We are now working to improve the interior of the recreation center this year. With lighter colored bricks, new carpet, and wall graphics throughout the building, we hope you will enjoy the recreation center's new look coming soon.

East Wedgewood Park is being renovated this year with the OSLAD grant funding we received. We are excited to see the final look in the fall. We hope to see you at one of our parks or events, on the bike path or at the Old Orchard Country Club this summer.

BOARD MEETINGS

All residents are welcome to attend our Board Meetings, held the fourth Tuesday of each month at 7:00pm in the Gary Morava Recreation Center.

PROSPECT HEIGHTS PARK DISTRICT BOARD OF COMMISSIONERS

Tim Jones
President

Ellen Avery
Vice President

Eric Kirste
Treasurer

Betty Cloud
Secretary

Paul Fries
Commissioner

Karl Jackson
Commissioner

Steve Messer
Commissioner

PROSPECT HEIGHTS GARDEN CLUB
The Prospect Heights Garden Club is a very active service organization in our community. The objective of the club is to be beneficial, charitable and educational to the community, conducive to the well-being of the environment and supportive of the cultivation of nature's beauty. Monthly meetings are held the first Thursday of each month from September through May at 11:30am at the Gary Morava Recreation Center. If you would like additional information, please contact Ann Johnson, Garden Club President at 847-253-1223.

PROSPECT HEIGHTS YOUTH BASEBALL/ SOFTBALL–PHYBS
Prospect Heights Youth Baseball/Softball is proud of its tradition of offering the children of our community the best baseball, t-ball and softball programs in the northwest suburbs. Register at www.PHYBS.org

PROSPECT HEIGHTS LIONS CLUB
On March 26, 1954, this club was chartered by Lions International. We stand on a proud record of service to the Visually Impaired, Hearing Impaired, and to our own community. Helping others along the way, past and present Lions have had the growing experience of sharing in projects and the activities of Lions. Thanks to the countless hours spent by our members over the years, thousands of dollars have been raised and spent in development of many civic and recreational services, in a people helping each other movement. We can have confidence in the knowledge that we, the Lions of Prospect Heights, Illinois have contributed to the welfare of our fellow citizens and gone beyond our borders to serve the principles of Lions International in all national and state projects. Contact Dan Busse at dbusse302@gmail.com.

TREE OF LIFE
Honor a loved one, a cherished organization or commemorate a special event by donating a tree to the Prospect Heights community. Donated trees are planted in one of the Park District's fourteen sites plus the golf course. A staff member will consult with you to choose an appropriate tree and park location. All tree donations are acknowledged with a personalized engraved Gold Leaf and leaves are displayed on a plaque at the Gary Morava Recreation Center. Please call the Superintendent of Parks at 847-666-4867 if you would like additional information.

ADA COMPLIANCE
The Prospect Heights Park District is in full compliance with the Americans with Disabilities Act (ADA), which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. We invite any resident with a special need to contact our staff or the NWSRA staff for additional information regarding ADA issues. People with a disability are encouraged to visit the GMRC for information and input.

INCLUSION ASSISTANCE
Inclusion assistance is provided by NWSRA (Northwest Special Recreation Association) to those individuals who wish to participate in their home park district programs. When registering for a park district program, the parent or individual with a disability should inform the Prospect Heights Park District (and NWSRA if desired) if any accommodations are needed in order to successfully participate in the program. The Prospect Heights Park District will then contact NWSRA for assistance with the accommodation. Request must be made two weeks prior to the start of the program. Contact NWSRA at 847-392-2848 for further information. NWSRA is recruiting staff, please contact them for employment opportunities.

SAY CHEESE!
If you have great photos of you and your family or friends enjoying the Prospect Heights Park District's parks, programs or special events, we'd love to see them! These fun photos are useful in publicizing our activities and we would like to share them with your fellow residents by showcasing them in upcoming brochures. Please forward photos for consideration to Edlyn Castil at ecastil@phparks.org at the Prospect Heights Park District. Be sure to include the name of the photographer and those of your subjects so that we can be sure to give you credit for the photo. We reserve the right to photograph and videotape all park district program participants for use on our Web site, brochures, newsletters, cable station programming, etc. NEW!

PARKS FOUNDATION
If you are interested in serving on the newly formed Parks Foundation, please contact Christina Ferraro at cferraro@phparks.org. Top three reasons you should volunteer on the Parks Foundation: 1. To maintain the quality of life you expect in your community. 2. To give back to your community. 3. To have fun accomplishing things around your community together with your neighbors.

WHO IS A PROSPECT HEIGHTS PARK DISTRICT RESIDENT?

You are a resident if you pay taxes to the Prospect Heights Park District. You may verify residency using the Cook County Viewer at: http://maps.cookcountyil.gov/cookviewer/

PARTNER RESIDENT AGREEMENTS

The Prospect Heights, Mount Prospect and River Trails Park Districts entered into a joint partner district agreement in 2001. Prospect Heights Park District residents enjoy access to facilities, programs and events offered at our partner districts at resident rates with the exception of golf, that is offered at a special partner resident rate. To find out more about our partner districts, give them a call or check them out online:
River Trails Park District: 847-255-1200, www.rtpd.org
Mount Prospect Park District: 847-255-5380, www.mppd.org

PARTNER RESIDENT AGREEMENT WITH SCHOOL DISTRICT 23

The Prospect Heights Park District and School District 23 entered into an intergovernmental cooperation agreement to save the taxpayers money by sharing the use of properties owned by District 23 and the Prospect Heights Park District in a manner that the facilities may be utilized to their fullest capacity. Part of this agreement includes that all inhabitants who reside within School District 23 boundaries shall be considered partner residents and will not be required to pay non-resident fees.

REFUNDS

A refund may be requested by completing the Refund Request Form at https://phparks.org/refund-request-form/. A full refund will be issued if the program is cancelled by the Park District. Prior to the commencement of the program, refunds are given except for uniforms or supplies pre-purchased. Prorated refunds may be received for medical reasons and extenuating circumstances only with the supervisor's approval. Allow 10-15 business days for processing. No cash refunds. No refunds are given for deposits, passes, contractual programs, leagues, trips, unused activities or specials events before or after the activity unless cancelled by the Park District.

INSURANCE

The Prospect Heights Park District does not provide accident insurance for participants in park programs. There is no insurance for loss of personal property. The Prospect Heights Park District is subject to the Local Governmental and Governmental Employees Tort Immunities Act, which grants immunities and defenses to claims arising of the use of recreational properties. Therefore, the Prospect Heights Park District is not responsible for loss of personal property or participation in recreation programs.

REGISTER EARLY!

Secure your spot in the class you want at the time you want. Many of our classes have registration limits. Programs not meeting minimum registration will be canceled. Waiting lists are maintained for classes that have reached their maximum registration. We will open additional classes whenever possible. Register early to secure space in the program and time you prefer.

ONLINE

phparks.org
Registering online for programs is the quickest and easiest way to register for classes and programs. Click on the "Registration" banner at the top of the park district homepage. With online registration you can register any day, any time, anywhere. Don't have an online account? You can create an account from the online registration page or in person at the Gary Morava Recreation Center. Households created online must be approved by a staff member before registration can be done.

WALK-IN

Prospect Heights Park District
110 W. Camp McDonald Road
Prospect Heights, IL 60070
Visit the Front Desk during open hours to register for programs and events. Please complete the Registration Form on page 6 ahead of time to assist staff with processing your registration or the Front Desk staff can provide you with a Registration Form to complete at the facility.

MAIL-IN/FAX

Prospect Heights Park District
110 W. Camp McDonald Road
Prospect Heights, IL 60070
Fax: 847-394-7799
Mail or fax your completed forms to us at your convenience. You will be e-mailed a receipt to confirm registration.

PHONE-IN

847-394-2848
Phone-in may only be used for Active Adult trips and for Kids Day Off Trips.

REGISTRATION FORM

FAMILY NAME _____

ADDRESS _____ **CITY** _____ **STATE** _____ **ZIP** _____

HOME TELEPHONE _____ **CELL PHONE** _____ **WORK PHONE** _____

EMAIL _____

☐ Check if you need special accommodations to participate in this program

☐ Resident ☐ Partner Resident ☐ Non-Resident ☐ School District #23

☐ I would like to donate a $1 to support PHPD Special Events

PROGRAM CODE	PROGRAM TITLE	PARTICIPANT'S NAME	GRADE	GENDER	BIRTH DATE	FEE

PAYMENT: (Circle One) Cash Check Mastercard VISA Discover American Express

LAST 4-DIGITS OF CREDIT CARD _____ **EXPIRATION DATE** _____

REMIT TO: Prospect Heights Park District, 110 W. Camp McDonald Road, Prospect Heights, IL 60070 **FAX REGISTRATION** 847-394-7799

WAIVER AND RELEASE- WARNING OF RISK

Recreational Activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment there is still risk of serious injury when participating in any recreational activity/ program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating and all other circumstances inherent to indoor and outdoor recreational activities/ programs exist In this regard, must be recognized that it is impossible for the Prospect Heights Park District to guarantee absolute safety. Please read this form carefully and be aware that in signing up and participating in the listed programs/ activities, you will be expressly assuming the risk and legal liability and wavering all claims for injuries, damages or loss that you or your minor/ward might sustain as a result of participating in any and all activities connected with that associated with this program/ activities (including transportation services/ vehicle operation, when provided) I recognize and acknowledge that there are certain risks of physical injury to participants in the listed programs. I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or occur to me or my child/ward) as a result of participating in this program/activity against the Prospect Heights Park District, including its officials, agents volunteers and employees (hereinafter collectively referred to as "Prospect Heights Park District"). I do hereby fully release and forever discharged the Prospect Heights Park District from any and all claims for injuries damages or loss that my minor child/ward or I may have or which may occur to me and arising out of, connected with, or in any way associate with the listed programs/ activities. I have read and fully understand this important information, warning of risk, assumption of risk and waiver and release of all claims. If registering via fax, your facsimile signature shall substitute for and have the same legal effect as an original signature. On occasion, the district staff may take pictures of participants in our programs, classes events; or of people in the district's parks. Please be aware that these pictures are only for Park District use, most likely for use in future catalogs website, social media, brochures, pamphlets, posters and flyers. I guarantee to comply with all cancellation polices published in this brochure.

Signature _____ **Date** _____

WE ARE HIRING!

JOIN OUR TEAM

BENEFITS

- PAID TRAINING
- COMPLIMENTARY FITNESS & POOL PASS
- RETENTION BONUS
- EMPLOYEE REFERRAL BONUS

APPLY TODAY

#LovePHParks

#LovePHParks

Watch your children's eyes light up as they receive a personal visit from the Easter Bunny. We will include an egg hunt for your family & our bunny will spend approximately 10 minutes with your family to take pictures. Open to Prospect Heights Park District residents only.

Don't miss the opportunity for the Easter Bunny to come to your house and bring a very special breakfast basket. Baskets will include everything you will need to create your own special Bunny Breakfast. Pancake mix and fixings to make bunny face pancakes, a craft and other bunny favorites. All boxes will be delivered by the Easter Bunny. Basket feeds a family of 4.
Additional Cost $30 per Basket.
Location: Gary Morava Recreation Center

NATIONAL NIGHT OUT

The Prospect Heights Park District, Police Department & Fire Protection District invites you to spend an evening in support of National Night Out. This evening is designed to heighten crime and drug prevention awareness, generate support and participation in local anti-crime efforts and strengthen neighborhood spirit and community relations. Join us for a night of FREE open swim, complimentary food and drink, games, prizes, music and fun at National Night Out.

Age All Ages
Tuesday, August 1
6:00P-8:00P
Location GMRC Pool
Code 112003-01

FREE EVENT

PROUDLY CELEBRATING NNO 40 YEARS NATIONAL NIGHT OUT 2023
POLICE · COMMUNITY PARTNERSHIPS

POOL HOURS

REGULAR SEASON:
June 3–August 6

Monday-Friday	11:00A-7:00P*
Saturdays	11:00A-5:00P
Sundays	11:00A-3:30P
July 4th	12:00P-5:00P

*Please note the Typhoons Swim Team will be conducting practice in the six competition lanes of the pool between 5:30P-7:00P Monday-Friday. The water slide and zero depth areas will be available. The pool will close at 3:15P Wednesdays (7/5 & 7/12) for home swim meets.

POST SEASON (Saturdays & Sundays only)

August 12,19	11:00A-5:00P
August 13,20	11:00A-3:30P

DAILY ADMISSION FEE:

Infant (0Y-11 months)	Free
Children, Adults & Seniors	$7
Twilight Hours (after 4:30P)	$5

SEASON POOL PASS RATES:

Individual	R$65/NR$75

LAP SWIM HOURS:

Saturday	8:30A-10:30A

WE'RE HIRING LIFEGUARDS
phparks.org/employment/

POOL RENTAL AVAILABILITY & FEES

Rental includes exclusive use of Meeting Room 1, and pool and water slide (includes lifeguards). Must reserve at least 14 days in advance of rental date. Total rental time is 2 hours. Max for Room 1 is 115 people. No minimum.

Residents: $375
Non-Residents: $425

DAY	MEETING ROOM 1 TIME	POOL TIME
Saturday	5:00P-7:00P	5:30P-7:00P
Sunday	3:30P-5:30P	4:00P-5:30P

Pool Closure Info

- Under 70 degrees according to the National Weather Service
- Thunder and lightening, severe weather
- Mechanical Failures/Chemical Imbalance
- Special events or swim meets
- We reserve the right to close the pool if 20 participants or less are using the pool

Pool Rules

- No food, drink, vaping or tobacco is allowed in the pool area
- Keep all food and drinks in concession area
- No running or horseplay on the pool deck
- Street clothes are not permitted, a swim suit is required for all swimmers
- Glass is not allowed in the pool area.
- No diving
- All children who are not toilet trained are required to wear a swim diaper AND bathing suit
- Swimmers must be 42" or taller to go down the water slide
- All children under the age of 13 must be supervised by an adult who is 16 years or older
- All children using a lifejacket must be supervised by an adult in the pool within arm's reach at all times
- Individuals wearing lifejackets are not permitted on the slide
- Only U.S. Coast Guard approved lifejackets and flotation devices are allowed in the pool

The Pool Management Group
Chicagoland Pool Management

SWIM LESSONS

Monday – Thursday
Fee $75/session (8 lessons)

8:30A-9:00A	9:10A-9:40A	9:50A-10:20A
Tadpoles	Tadpoles	Tadpoles
Frogs	Frogs	Frogs
Minnows	Minnows	Minnows
Guppies	Guppies	Guppies
Dolphins	Dolphins	Dolphins

Session Dates Mon-Thur

June 12-June 22
June 26-July 6 *No class July 4*
July 10-July 20
July 24-August 3

Saturday

June 10-July 29

Saturdays
Fee $75/session (8 lessons)

9:10A-9:40A	9:50A-10:20A	10:30A-11:00A
Parent & Tot	Parent & Tot	Parent & Tot
Tadpoles	Tadpoles	Tadpoles
Frogs	Frogs	Frogs
Minnows	Minnows	Minnows
Guppies	Guppies	Guppies
Dolphins	Dolphins	Dolphins

REGISTER
SCAN ME
https://www.chicagoland-pmg.com/swim-lesson-registration

PRIVATE LESSONS

Private Lessons
6 lessons - $160/child or $30/lesson
Private lessons give you the one on one attention to work on your child's specific needs!

Semi-Private Lessons
6 lessons - $105/child or $20/lesson
designed for 2-3 kids and give you the ability to create your own group lesson with the fellow kids of your choosing

SEMI-PRIVATE LESSONS

Typhoons Swim Team

is part of the Northern Illinois Swim Conference. The emphasis of this conference is placed on learning competitive skills, enjoyment of the sport, and lifelong participation in swimming. There are also conference dual swim meets every week during the swim team summer season. Children who are 8 years old and younger must be able to swim 25 yards non-stop (1 length of the pool) without help. Children who are 9 years old and older must be able to swim 50 yards non-stop (2 lengths of the pool).

REGISTRATION DEADLINE

The deadline for sign up is Friday, May 26, 2023 at 6:00P. Any registrations that come in after May 26th will be put on a wait list and may join the team if spots become available. There will be a $10 late fee for each child registered after the deadline. No additional swimmers will be added from the wait list after Wednesday, May 31, 2023.

TYPHOONS SWIM TEAM PARENT MEETING

Parents must attend 1 of 2 pre-season **Typhoons Swim Team Parent Meetings:** Wednesday, May 31 6:00P-7:30P or Monday, June 5 7:00P-8:30P at GMRC.

Age 5-18
Fee (T-shirt & swim cap included) R $200/NR $250
M-F 06/05-07/26 5:30P-7:00P
110002-01 Age 5-8
110002-02 Age 9-18

TYPHOONS SWIM TEAM

CAMP REGISTRATION DATES & PAYMENT

OPTION 1 – PAYMENT IN FULL

Register for the weeks of camp you need, and full payment will be collected at the time of registration. For Week 1 (June 5), the camp week must be paid in full.

OPTION 2 – AUTOMATIC BILL PAY

1. Auto bill pay is available for Weeks 2 – 10.
2. Provide a credit/debit card to be billed that is valid for all camp weeks.
3. Your saved credit/debit card will be charged 7 days prior to the start of the camp week.

Camp Week	Auto Bill Date	Registration Deadline (12 PM)
Week 1 - 06/05	N/A - Pay in Full	05/31
Week 2 - 06/12	06/05	06/07
Week 3 - 06/19	06/12	06/14
Week 4 - 06/26	06/19	06/21
Week 5 - 07/05	06/26	06/28
Week 6 - 07/10	07/03	07/05
Week 7 - 07/17	07/10	07/12
Week 8 - 07/24	07/17	07/19
Week 9 - 07/31	07/24	07/26
Week 10 - 08/07	07/31	08/02

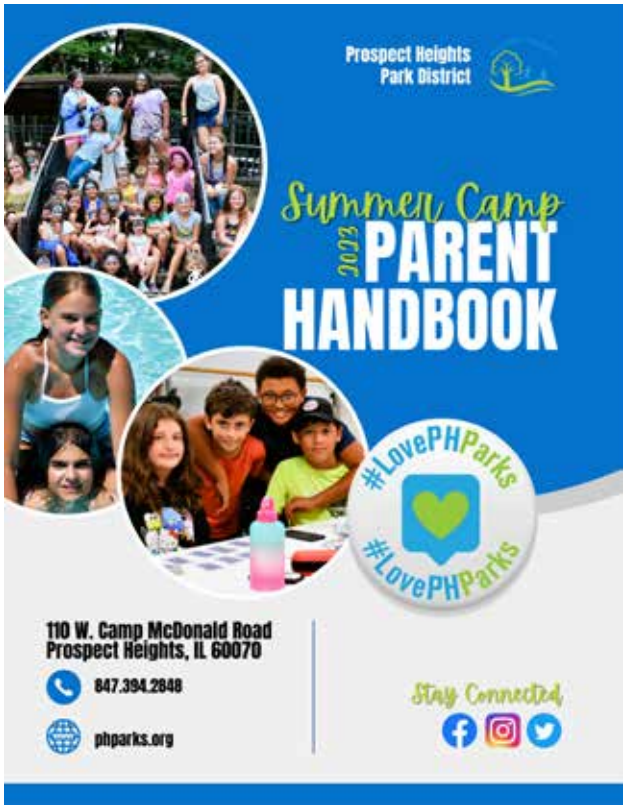
REFUND GUIDELINES

Cancellation of automatic bill payment weeks or refund requests must be submitted by the deadline printed in the Summer Camp Parent Manual. Payments are not prorated due to vacations or illness. To request a refund, please complete the form at **https://phparks.org/refund-request-form**.

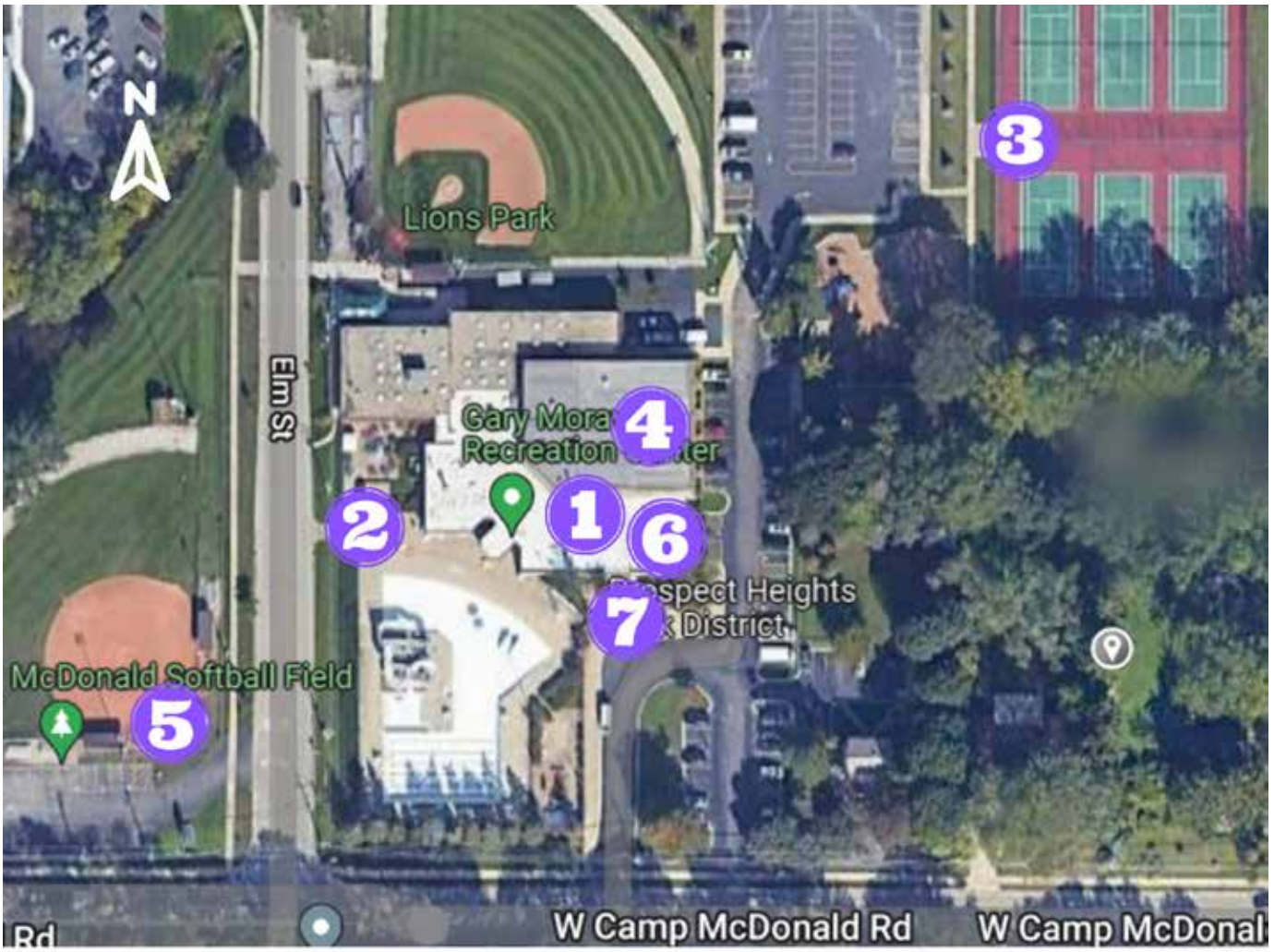
CAMP OPEN HOUSE

We will have a camp open house on **Thursday, June 1, from 5:30P to 6:30P at the Gary Morava Recreation Center.** We invite you to stop in and take a tour of our facilities, meet the counselors in your child's camp and ask questions. Camp lunch forms will be available starting at the camp open house.

Our Camp Director and Coordinators are seasoned staff members who have been with us for numerous years and are currently pursuing or have completed a college degree. All of our counselors for camps with children over five years of age, have graduated high school and show an aptitude towards childcare education.



SUMIMER CAMP DROP-OFF/PICK-UP LOCATIONS



CAMP NAME	DROP-OFF	PICK-UP
Early Explorers Camp	1 GMRC Preschool Room B	1 GMRC Preschool Room B
Explorers Camp	2 Elm Street North Bound	2 Elm Street North Bound
Camp Adventure	3 GMRC Tennis Court	3 GMRC Tennis Court
Sports Camp	4 Eisenhower School Main Entrance*	5 McDonald Field
Camp Voyager	1 GMRC, Preschool Room A	5 McDonald Field
Creative/Performing Arts Day Camp	6 GMRC, Room 2	7 GMRC Front Circle

*Week 9 (July 31-Aug 3) Sports Camp Drop-Off will be at GMRC Gym

EARLY EXPLORERS CAMP

This will be the first experience of camp for our 3Y-4Y campers! We will have lots of indoor and outdoor small group activities, games and crafts! Plus each day the campers will go swimming during non-public swim time. Children must be completely potty trained. No diapers or pull ups. Come enjoy the summer fun with us!

Age Entering 3Y-4Y Preschool

EXPLORERS CAMP

This enriching camp will promote a healthy lifestyle through active play and enriching social activities. Your child's strengths will be showcased through a variety of daily activities including arts and crafts, small group games, open swim and much more! This camp will take off-site field trips.

Age Entering K–2nd Grade

SPORTS CAMP

Designed for both boys and girls who want to engage in a variety of sport activities. Campers will participate in volleyball, basketball, soccer, wiffle ball, floor hockey, flag football and other camp favorite group games. Campers will also learn the value of good sportsmanship and nutrition. Sports Camp will take off-site field trips.

Age Entering 2nd Grade-8th Grade

CAMP ADVENTURE

This enriching camp will promote a healthy lifestyle through active play and enriching social activities. Your child's strengths will be showcased through a variety of daily activities including: arts and crafts, small group games, open swim and much more! This camp will take off site field trips.

Age Entering 3rd Grade-6th Grade

CAMP VOYAGER

Come travel with us! This camp will provide a new adventure each day! We will spend three days experiencing all the suburbs has to offer from water parks to entertainment venues. The other two days of the week campers will engage in various small group activities. All admissions are included in the camp fees.

Age Entering 5th Grade-8th Grade

LAST HURRAH

This is our final week of camp before school starts! This camp will combine Camp Adventure, Explorers Camp, Top Score Sports and Camp Voyager for one last week of fun! We will split the kids up by ages.

Age Entering K-6th Grade

BEFORE AND AFTER CARE

The before and after camp programs are designed exclusively for children enrolled in the Prospect Heights Park District summer camps. Extended activities include games, crafts, gym, swimming, playground and nature. Children should bring a snack for the after care portion of the day.

Age Entering K–8th Grade

CAMP SWIM LESSONS

There will not be any camp specific swim lessons in 2023. See page 11 for swim lesson availability, including lessons before camp starts. **Notify Laura Fudala at lfudala@phparks.org if your child is registered for swim lessons.**

CAMPER'S NAME

EARLY EXPLORERS CAMP

Times 9:00A-3:00P
Age Entering 3y-4y Preschool

	Code	Dates	Days	R/NR
	114001-10	06/05-06/09	M,W,F	$96/$106
	114001-11	06/06-06/08	Tu,Th	$64/$74
	114001-12	06/12-06/16	M,W,F	$96/$106
	114001-13	06/13-06/15	Tu,Th	$64/$74
	114001-14	06/19-06/23	M,W,F	$96/$106
	114001-15	06/20-06/22	Tu,Th	$64/$74
	114001-16	06/26-06/30	M,W,F	$96/$106
	114001-17	06/27-06/29	Tu,Th	$64/$74
	114001-18	07/05-07/07	W,F	$64/$74
	114001-19	07/06	Th	$32/$37
	114001-20	07/10-07/14	M,W,F	$96/$106
	114001-21	07/11-07/13	Tu,Th	$64/$74
	114001-22	07/17-07/21	M,W,F	$96/$106
	114001-23	07/18-07/20	Tu,Th	$64/$74
	114001-24	07/24-07/28	M,W,F	$96/$106
	114001-25	07/25-07/27	Tu,Th	$64/$74
	114001-26	07/31-08/04	M,W,F	$96/$106
	114001-27	08/01-08/03	Tu,Th	$64/$74

REGISTRATION FORM

QUESTIONS? CONTACT LAURA FUDALA AT LFUDALA@PHPARKS.ORG 847.666.4878

EXPLORERS CAMP

Times 9:00A-3:00P
Age Entering K-2nd Grade

	Code	Dates	Days	R/NR
	114002-10	06/05-06/09	M,W,F	$96/$106
	114002-11	06/06-06/08	Tu,Th	$64/$74
	114002-12	06/12-06/16	M,W,F	$96/$106
	114002-13	06/13-06/15	Tu,Th	$64/$74
	114002-14	06/19-06/23	M,W,F	$96/$106
	114002-15	06/20-06/22	Tu,Th	$64/$74
	114002-16	06/26-06/30	M,W,F	$96/$106
	114002-17	06/27-06/29	Tu,Th	$64/$74
	114002-18	07/05-07/07	W,F	$64/$74
	114002-19	07/06	Th	$32/$37
	114002-20	07/10-07/14	M,W,F	$96/$106
	114002-21	07/11-07/13	Tu,Th	$64/$74
	114002-22	07/17-07/21	M,W,F	$96/$106
	114002-23	07/18-07/20	Tu,Th	$64/$74
	114002-24	07/24-07/28	M,W,F	$96/$106
	114002-25	07/25-07/27	Tu,Th	$64/$74
	114002-27	07/31-08/04	M,W,F	$96/$106
	114002-28	08/01-08/03	Tu,Th	$74/$74

CAMP ADVENTURE

Times 9:00A-3:00P
Age Entering 3rd-6th Grade

	Code	Dates	Days	R/NR
	114300-10	06/05-06/09	M,W,F	$96/$106
	114300-11	06/06-06/08	Tu,Th	$64/$74
	114300-12	06/12-06/16	M,W,F	$96/$106
	114300-13	06/13-06/15	Tu,Th	$64/$74
	114300-14	06/19-06/23	M,W,F	$96/$106
	114300-15	06/20-06/22	Tu,Th	$64/$74
	114300-16	06/26-06/30	M,W,F	$96/$106
	114300-17	06/27-06/29	Tu,Th	$64/$74
	114300-18	07/05-07/07	W,F	$64/$74
	114300-19	07/06	Th	$32/$37
	114300 20	07/10-07/14	M,W,F	$96/$106
	114300-21	07/11-07/13	Tu,Th	$64/$74
	114300-22	07/17-07/21	M,W,F	$96/$106
	114300-23	07/18-07/20	Tu,Th	$64/$74
	114300-24	07/24-07/28	M,W,F	$96/$106
	114300-25	07/25-07/27	Tu,Th	$64/$74
	114300-26	07/31-08/04	M,W,F	$96/$106
	114300-27	08/01-08/03	Tu,Th	$64/$74

CAMPER'S NAME _____

SPORTS CAMP

Times 9:00A-3:00P
Age Entering 2nd-4th Grade

	Code	Dates	Days	R/NR
	114003-10	06/05-06/09	M,W,F	$96/$106
	114003-11	06/06-06/08	Tu,Th	$64/$74
	114003-12	06/12-06/16	M,W,F	$96/$106
	114003-13	06/13-06/15	Tu,Th	$64/$74
	114003-14	06/19-06/23	M,W,F	$96/$106
	114003-15	06/20-06/22	Tu,Th	$64/$74
	114003-16	06/26-06/30	M,W,F	$96/$106
	114003-17	06/27-06/29	Tu,Th	$64/$74
	114003-18	07/05-07/07	W,F	$64/$74
	114003-19	07/06	Th	$32/$37
	114003-20	07/10-07/14	M,W,F	$96/$106
	114003-21	07/11-07/13	Tu,Th	$64/$74
	114003-22	07/17-07/21	M,W,F	$96/$106
	114003-23	07/18-07/20	Tu,Th	$64/$74
	114003-24	07/24-07/28	M,W,F	$96/$106
	114003-25	07/25-07/27	Tu,Th	$64/$74
	114003-26	07/31-08/04	M,W,F	$96/$106
	114003-27	08/01-08/03	Tu,Th	$64/$74

SPORTS CAMP

Times 9:00A-3:00P
Age Entering 5th-8th Grade

	114003-28	06/05-06/09	M,W,F	$96/$106
	114003-29	06/06-06/08	Tu,Th	$64/$74
	114003-30	06/12-06/16	M,W,F	$96/$106
	114003-31	06/13-06/15	Tu,Th	$64/$74
	114003-32	06/19-06/23	M,W,F	$96/$106
	114003-33	06/20-06/22	Tu,Th	$64/$74
	114003-34	06/26-06/30	M,W,F	$96/$106
	114003-35	06/27-06/29	Tu,Th	$64/$74
	114003-36	07/05-07/07	W,F	$64/$74
	114003-37	07/06	Th	$32/$37
	114003-38	07/10-07/14	M,W,F	$96/$106
	114003-39	07/11-07/13	Tu,Th	$64/$74
	114003-40	07/17-07/21	M,W,F	$96/$106
	114003-41	07/18-07/20	Tu,Th	$64/$74
	114003-42	07/24-07/28	M,W,F	$96/$106
	114003-43	07/25-07/27	Tu,Th	$64/$74
	114003-44	07/31-08/04	M,W,F	$96/$106
	114003-45	08/01-08/03	Tu,Th	$64/$74

CAMP VOYAGER

Times 9:00A-3:00P
Age Entering 5th-8th Grade

	Code	Dates	Days	R/NR
	114004-10	06/05-06/09	M-F	$175/$195
	114004-11	06/12-06/16	M-F	$175/$195
	114004-12	06/19-06/23	M-F	$175/$195
	114004-13	06/26-06/30	M-F	$175/$195
	114004-14	07/05-07/07	W-F	$105/$117
	114004-15	07/10-07/14	M-F	$175/$195
	114004-16	07/17-07/21	M-F	$175/$195
	114004-17	07/24-07/28	M-F	$175/$195
	114004-18	07/31-08/04	M-F	$175/$195

LAST HURRAH

Times 9:00A-3:00P
Age Entering K-6th Grade

	Code	Dates	Days	R/NR
	114006-10	08/07-08/11	M,W,F	$96/$106
	114006-11	08/08-08/10	Tu,Th	$64/$74

REGISTRATION FORM

CAMPER'S NAME

_____

IMPORTANT CAMPER INFORMATION

CAMPERS SHOULD BRING TO CAMP DAILY

- SWIMSUIT
- TOWEL
- BACKPACK
- SUNSCREEN
- WATER BOTTLE
- LUNCH

- CAMP LUNCH IS AVAILABLE FOR DAILY PURCHASE
- REGISTRATION DEADLINE IS THE WEDNESDAY BEFORE THE NEXT SESSION

CREATIVE & PERFORMING ARTS CAMP

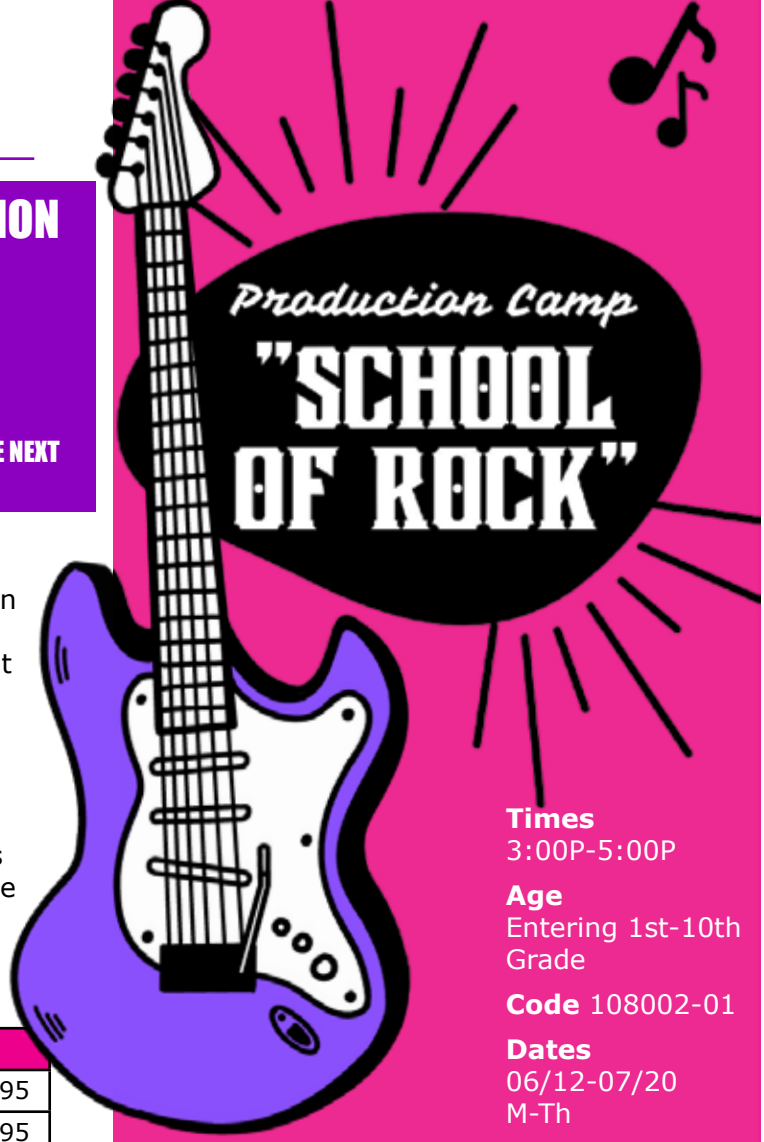
Lights! Camera! Action! Fun! Join us for a fun spin on summer camp. Enjoy an amazing Creative and Performing Arts experience that will include dancing, painting, acting, playwriting, crafts, set design and so much more! This is a 5-day camp as we build on skills throughout the week. At the end of every 1-week session we will have a mini show to include small skits that the campers have learned during that week. The camp fee includes 1 special event/field trip.

Times 9:00A-3:00P
Age Entering 1st-10th Grade

	Code	Dates	Days	R/NR
	108001-01	06/05-06/09	M-F	$175/$195
	108001-02	06/12-06/16	M-F	$175/$195
	108001-03	06/19-06/23	M-F	$175/$195
	108001-04	06/26-06/30	M-F	$175/$195
	108001-05	07/05-07/07	W-F	$105/$117
	108001-06	07/10-07/14	M-F	$175/$195
	108001-07	07/17-07/21	M-F	$175/$195
	108001-08	07/24-07/28	M-F	$175/$195
	108001-09	07/31-08/04	M-F	$175/$195
	108001-10	08/07-08/11	M-F	$175/$195

REGISTRATION FORM

QUESTIONS? CONTACT MARCI GLINSKI AT MGLINSKI@PHPARKS.ORG 847.666.4875



Times
3:00P-5:00P

Age
Entering 1st-10th Grade

Code 108002-01

Dates
06/12-07/20
M-Th

Fee $209

When an aspiring rock star gets thrown out of their band, they find themself in desperate need of work. Posing as a substitute teacher at an elite elementary school, they add Rock and Roll to their lesson plan! Join us on this musical adventure and get ready to rock!

In just a few short weeks, our talented staff will help the campers put on a full-scale musical theatre production! Campers will also learn the basic techniques of acting, singing and dancing for musical theatre. Theatre fundamentals are emphasized with first-hand tricks to memorizing lines, character development, costuming, set design and so much more. Boys and girls are welcome! Fee includes a t-shirt.

CAMPER'S NAME

BEFORE CARE

Times 7:00A-9:00A
Age Entering K-8th Grade

	Code	Dates	Days	R/NR
	114007-10	06/05-06/09	M,W,F	$42/$52
	114007-11	06/06-06/08	Tu,Th	$29/$39
	114007-12	06/12-06/16	M,W,F	$42/$52
	114007-13	06/13-06/15	Tu,Th	$29/$39
	114007-14	06/19-06/23	M,W,F	$42/$52
	114007-15	06/20-06/22	Tu,Th	$29/$39
	114007-16	06/26-07/28	M,W,F	$42/$52
	114007-17	06/27-06/29	Tu,Th	$29/$39
	114007-18	07/05-07/07	W,F	$29/$39
	114007-19	07/06	Th	$14/$19
	114007-20	07/10-07/14	M,W,F	$42/$52
	114007-21	07/11-07/13	Tu,Th	$29/$39
	114007-22	07/17-07/21	M,W,F	$42/$52
	114007-23	07/18-07/20	Tu,Th	$29/$39
	114007-24	07/24-07/28	M,W,F	$42/$52
	114007-25	07/25-07/27	Tu,Th	$29/$39
	114007-26	07/31-08/04	M,W,F	$42/$52
	114007-27	08/01-08/03	Tu,Th	$29/$39
	114007-28	08/07-08/11	M,W,F	$42/$52
	114007-29	08/08-08/10	Tu,Th	$29/$39

AFTER CARE

Times 3:00P-6:00P
Age Entering K-8th Grade

	Code	Dates	Days	R/NR
	114007-30	06/05-06/09	M,W,F	$50/$60
	114007-31	06/06-06/08	Tu,Th	$33/$43
	114007-32	06/12-06/16	M,W,F	$50/$60
	114007-33	06/13-06/15	Tu,Th	$33/$43
	114007-34	06/19-06/23	M,W,F	$50/$60
	114007-35	06/20-06/22	Tu,Th	$33/$43
	114007-36	06/26-06/30	M,W,F	$50/$60
	114007-37	06/27-06/29	Tu,Th	$33/$43
	114007-38	07/05-07/07	W,F	$33/$43
	114007-39	07/06	Th	$16/$21
	114007-40	07/10-07/14	M,W,F	$50/$60
	114007-41	07/11-07/13	Tu,Th	$33/$43
	114007-42	07/17-07/21	M,W,F	$50/$60
	114007-43	07/18-07/20	Tu,Th	$33/$43
	114007-44	07/24-07/28	M,W,F	$50/$60
	114007-45	07/25-07/27	Tu,Th	$33/$43
	114007-46	07/31-08/04	M,W,F	$50/$60
	114007-47	08/01-08/03	Tu,Th	$33/$43
	114007-48	08/07-08/11	M,W,F	$50/$60
	114007-49	08/08-08/10	Tu,Th	$33/$43

PERFORMING ARTS PRODUCTION CAMP AFTER CARE

This is geared for those camp participants enrolled in our Performing Arts Production Camp who need to extend their day until 6:00P. No after care during the Tech Week July 17-20.

Age: Entering 1st-8th Grade

	Code	Dates	Days	Times	R/NR
	114010-03	06/12-06/15	M-Th	5:00P-6:00P	$25/$35
	114010-04	06/16	F	3:00P-6:00P	$18/$28
	114010-05	06/19-06/22	M-Th	5:00P-6:00P	$25/$35
	114010-06	06/23	F	3:00P-6:00P	$18/$28
	114010-07	06/26-06/29	M-Th	5:00P-6:00P	$25/$35
	114010-08	06/30	F	3:00P-6:00P	$18/$28
	114010-09	07/05-07/06	W,Th	5:00P-6:00P	$13/$20
	114010-10	07/07	F	3:00P-6:00P	$18/$28
	114010-11	07/10-07/13	M-Th	5:00P-6:00P	$25/$35
	114010-12	07/14	F	3:00P-6:00P	$18/$28
	114010-14	07/21	F	3:00P-6:00P	$18/$28

QUESTIONS?

CONTACT LAURA FUDALA AT LFUDALA@PHPARKS.ORG
847.666.4878

REGISTRATION FORM

CREATIVE KIDS PRESCHOOL

Our program consists of half structured and half unstructured class time. Our structured curriculum incorporates Jolly Phonics and Handwriting without Tears. A typical day would start with exploratory time when children choose from a variety of centers including painting, computer use, manipulative toys, and dress-up. During this time children will complete a craft for the day in small groups. After clean-up time, children learn songs, counting, alphabet, sounds, and calendar on the rug. Music, musical instruments, puppets, and large muscle movement are alternated. After snack time, academic papers are completed. We reinforce using scissors, gluing, shapes, colors, numbers, letters, matching, sequencing, and sorting. The end of the day includes a visit to the park or indoor gym. The program incorporates trips which may include: fire station, library, pumpkin patch, and amusement centers. An extra charge for admission and/or bus fee is required for some trips.

Registration (in person only): To register a one month deposit and birth certificate are required. The deposit is applied to the May tuition if the child attends all year. For the deposit $120 will not be refunded under any circumstances. Unfortunately, it is not possible for us to prorate your monthly payments due to vacations or illness. The annual preschool fee is broken down into 8 equal monthly installments for ease of tracking. Monthly days of attendance will fluctuate. Please note this is a eight-month program. Automatic billing to your credit card is available, monthly payments are due the first day of the month.

AGE 2.5-5

Code	Age	Dates	Days	Times	R/NR
503001-10	4	09/06-05/08	M,W,F	8:45A-11:45A	$190/$210
503001-11	4	09/05-05/08	M-F	8:45A-12:00P	$300/$330
503001-12	4	09/06-05/08	M,W,F	12:00P-2:30P	$188/$215
503001-13	3	09/05-05/07	Tu,Th	9:00A-11:30A	$145/$175
503001-14	3	09/06-05/08	M,W,F	12:00P-2:30P	$188/$215
503001-15	2.5	09/05-05/07	Tu,Th	12:00P-1:30P	$110/$130

POLICIES:

- Children in preschool must be toilet trained; pull-ups are not allowed.
- Children must be 3 by September 1, 2023 to enroll in 3 year old preschool.
- Children must be 4 by September 1, 2023 to enroll in 4 year old preschool.

PROCEDURES:

- Outside learning & play time as weather permits.
- Preschoolers will bring their own snacks and drinks.

Extended Preschool

In Extended Preschool we will reinforce all academic skills, name, and letter recognition, sounds, sharing, taking turns and socialization. Our daily routine will include craft, academic worksheets, rug time and open play. Rug time will consist of attendance, calendar, weather, practicing letter and sound, songs, reading stories, and music. Academic worksheets will reinforce small motor skills, shapes, numbers, letters, matching, and sorting. There will also be outdoor play time at the park or free play in the gym. Please send your child with a small snack/drink.

Age 3-5
Location Gary Morava Recreation Center Preschool Room B
Time 9:00A-12:00P

103002-10
05/15-05/19 M,W,F
R$65/NR$75

103002-11
05/16-05/18 Tu,Th
R$46/NR$56

103002-12
05/22-05/26 M,W,F
R$65/NR$75

103002-13
05/23-05/25 Tu,Th
R$46/NR$56

103002-14
05/30-06/01 Tu,Th
$46/$56

103002-15
05/31-06/02 W,F
R$46/NR$56

2023-2024 SCHOOL YEAR SEPT 5-MAY 8

phparks.org/preschool/

CREATIVE KIDS PRESCHOOL
PROSPECT HTS. PARK DISTRICT

OPEN HOUSE

Tuesday, August 29
9:30A-10:30A

4yr old students can enroll in KinderStop for a full day option (page 21)

KINDERSTOP

The KinderStop program is operated by the Prospect Heights Park District, in cooperation with School District 23.

Participants must be 4 years of age by September 1, 2023, to participate in any KinderStop program.

School District 23 will provide transportation for Pre-K, kindergarten, and first grade participants. Parents are responsible for notifying School District 23 that your child is enrolled in KinderStop and will need transportation. KinderStop does not meet on days when School District 23 is not in session.

Visit phparks.org/kinderstop for more details.

Code	Time Days	Pay In Full (includes 10% discount)	9 Monthly Payments Due 1st of Each Month
	7:00A-9:00A		per month
504100-01	M/W/F	$640	$79
504100-02	Tu/Th	$421	$52
	9:00A-12:00P		per month
504100-03	M/W/F	$1,968	$243
504100-04	Tu/Th	$1,312	$162
	11:30A-2:30P		per month
504100-05	M/W/F	$1,968	$243
504100-06	Tu/Th	$1,312	$162
	2:30P-6:00P		per month
504100-07	M/W/F	$980	$121
504100-08	Tu/Th	$648	$80

REGISTRATION DEADLINE AUGUST 4

REGISTRATION OPENS FOR PHPD RESIDENTS MAY 8 AT 8:00A

REGISTRATION OPENS FOR PHPD PARTNER RESIDENTS & NON-RESIDENTS MAY 22 AT 8:00A

2023-2024 SCHOOL YEAR AUG 21-MAY 28

https://phparks.org/kinderstop/

Dance Class Descriptions

BALLET & TAP
This class offers a chance for young dancers to be introduced to creative movement and new friendships! Here we will learn room directions, basic motor and coordination skills, and classroom cooperation. Ballet & Tap shoes required.

COMPETITION CONDITIONING
NEW & Past Dancers welcome! Interested in trying out for our competition dance teams? Register for the Competition Conditioning classes and train with the coaches. This class will focus on core strength, technique (turns, flexibility, leaps and kicks), memory retention, and learning short combos of different dance styles including; Hip Hop, Jazz, Lyrical, and Contemporary. Signing up for the competition conditioning classes is a great way to meet the coaches, current dancers, and prepare for try-outs.

CONTEMPORARY
Contemporary combines elements of jazz, lyrical, modern, and ballet in an expressive style of dance that explores the versatility of movement through exercises and improvisation. Required attire: leotard or tank top with dance shorts or leggings and bare feet. May use ballet or jazz shoes.

HIP HOP
This class will expand on the fundamentals of Hip Hop and movements. Jazz shoes required.

POMS
Dancers will learn beginning pom fundamentals and a basic routine. This class is great for promoting coordination and self-esteem. Jazz shoes required.

PRINCESS BALLET
Join us for this fun introduction to Ballet where we will learn basic ballet steps. Put on your finest princess wear or your favorite tutu and join us for a trip to fantasyland! Ballet shoes required.

TAP
Learn the basics of tap dance, steps, exercises, musicality and rhythm. Tap shoes required.

CREATE YOUR OWN CLASS
Busy with other activities or looking for a class that fit YOU? Pick a day & genre and let's make it happen. This newly created class can also be a solo, duet, trio or larger! Grab a friend or 2 and LET'S DANCE!!
Please call Marci Glinski at 847-666-4875 for more details.

DANCE

QUESTIONS? CONTACT MARCI GLINSKI AT
MGLINSKI@PHPARKS.ORG
847.666.4875

Dance Classes run June 19-August 12

Classes do not meet on July 4

Monday (3 week intensive July 24- Aug 14) – Ms. Katie

6:00pm–8:00pm	Competition Conditioning	Ages 6 & Up	$77	#106016-01

Tuesday

6:00P-6:45P	Hip Hop	Ages 8 & Up	$77	#106004-01
6:45P-7:30P	Contemporary	Ages 8 & Up	$77	#106013-01
7:30P-8:15P	Tap	Ages 8 & Up	$77	#106002-01

Wednesday

5:00P-5:45P	Hip Hop	Ages 5-7	$77	#106004-02
5:45P-6:30P	Poms	Ages 5-7	$77	#106007-03
6:45P-7:30P	Ballet	Ages 5-7	$77	#106001-03

Thursday

5:30P–6:15P	Ballet & Tap	Ages 3-6	$77	#106003-03
6:15P–7:00P	Hip Hop	Ages 3-6	$77	#106004-04

Saturday

10:00A-10:30A	Princess Ballet	Ages 2½-4	$69	#106001-04
10:30A-11:15A	Ballet & Tap	Ages 3-6	$77	#106003-04
11:30A–12:15P	Poms	Ages 3-6	$77	#106007-04
12:15P-1:00P	Hip Hop	Ages 3-6	$77	#106004-05

Competition Team Try Outs for the 2023-2024 Season

Ages 6 & up by January 1, 2024

Come hear all about our new Competition Team Structure at the parent/dancer meeting on Wednesday, August 9, 2023 at 6:00pm.
If you are not able to attend and would like more information, please email mglinski@phparks.org

The audition process will be a two-day clinic. Please register at #106016-03
Cuts will be made after the first two clinics, and everyone invited back on Saturday will be an official member of the Star Competition Team.

- **Monday, August 14**
Learn audition routine and review technique. Cuts will be made following this clinic.

- **Wednesday, August 16**
Assess choreography retention and technique. Cuts will be made following this clinic and the New PHPD Star Studio Competition Team will be announced and invited to our Competition Boot Camp.

- **Saturday, August 19**
Team Boot Camp - Begin choreography for the large group routine, team bonding and games!

Payment Plans and fundraising available.

Magic Class with Gary Kantor
Children are guaranteed to have a great time in this class as they learn fascinating tricks from a professional magician! Amaze your family and friends with tricks that involve cards, ropes, coins, mind reading and more. All materials will be provided, and each child will be awarded a magic certificate. Also, children can sign up for this class again and again since brand new tricks are taught at each session. The class will be taught by the magic team of Gary Kantor.
Age 5-12 **| Fee** $25
Location Arlington Ridge Center, 660 N. Ridge Ave., Arlington Heights
405400-01 M 05/08 5:00P-5:55P
105001-11 W 06/21 6:30P-7:25P
105001-12 M 08/21 5:00P-5:55P

Reading w/Robots
It's story time with a twist! Once upon a time.."Pete the Cat" meets our robot Bee Bot, "Give a Mouse a Cookie" with Colby the robot and many more adventures. This fun hands-on class will feature a different story and robot every week. Children will learn to program and code a robot to create their own exciting adventure!
Age 4-6 **| Fee** $84
Location Gary Morava Recreation Center
105300-01 M-Th 06/26-06/29 6:00P-7:15P

Animation Workshop
Let's Explore the world of animation. In this class students will learn about different 2D techniques, such as stop-motion animation, creating a cartoon strip or software that will bring life to images. As animators, directors and producers, the only limitation is your imagination.
Age 7.5-12 **| Fee** $101
Location Central Community Center, 1000 W. Central Rd., Mt. Prospect
105503-01 M-Th 06/12-06/15 6:00P-7:30P

Beginning FUNgineering
Young engineers will build working models of simple machines such as a seesaw, a rolling vehicle, and hockey player using Lego Educational kits. Children will have a great time working on activities designed around creativity, exploring, investigating and problem solving in a fun group environment! While building these fun and interactive models, they will learn about levers, pulleys, gears, wheels and axles!
Age 4-6 **| Fee** $84
Location Burning Bush Community Center, 1313 Burning Bush Ln., Mt. Prospect
105508-01 M-Th 07/17-07/20 6:00P-7:15P

Smart Start Art - Around the World
Explore your artistic side with Smart Start Art from Afterschool Enrichment Solutions. Discover your creativity and imagination as an artist, developing fine motor skills, style, and vision as we explore different artistic techniques through a variety of inspiring projects. Sketch and draw, shade and color, cut, glue, fold... create! See your imagination come to life! Learn about great artists from throughout history and the present day, through a weekly featured artist and fun, exciting games. No experience necessary.
Age Grade K-3 **| Fee** $126
Location Gary Morava Recreation Center
405800-01 Th 04/20-06/08 4:00P-5:00P

KIDS DAY OFF
Wondering what to do with your kids when they have a day off of school? We have the answer! Your kids are sure to have a great time making new friends. Register for this convenient program and we'll take them on trips, play fun games, enjoy organized sports and make fun crafts! Children may be signed into the program anytime between 7A-9A and signed out between 3:30P-6P ALL FOR THE SAME FEE. Most trips leave by 9A and return by 3:30P. Additional spending money for vending machines, souvenirs, or additional activities is optional. You must pre-register for each trip. Please sign the waiver on morning of the trip. Children should bring a snack. Space is limited, register early! Registration deadline is one week prior to the day off.

Age K-6th Grade **| Time** 7:00A-6:00P
Fee R$60/NR$65

305300-25 F 04/07
305300-26 M 04/10
305300-27 F 05/12

The STEAM Zone
This exciting program from Afterschool Enrichment Solutions brings together elements of science, art and math in a hands-on, action-packed environment! Students will conduct experiments, play educational games, and unlock their creativity through building challenges and projects. No experience necessary!
Age Grade K-5 **| Fee** $132
Location Gary Morava Recreation Center
405801-01 Th 04/20-06/08 5:00P-6:00P

Chess Scholars
Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Chess has been proven to enhance children's motivation, concentration, focus, social skills, and creativity. Each class will consist of a fun, interactive teaching period and guided practice time. Both beginner and experienced players are welcome and will learn under the guidance of an experienced Chess Scholars coach.
Age Grade K-8 **| Fee** $126
Location Gary Morava Recreation Center
405802-02 Th 04/20-06/08 6:00P-7:00P

TAE KWON DO

Instructors Lions Tae Kwon Do
Location Gary Morava Recreation Center

Tae Kwon Do Beginner

Learn at your own pace, while the instructor teaches hand and foot techniques in a safe and well-supervised setting. This class will help improve concentration, self-esteem, coordination, all while incorporating general fitness activities. Please come dressed to the first class in loose-fitting clothes.

Age 5 - 18 **| Fee** $99
107001-02 Tu 07/11-09/26 6:00P-7:00P

Tae Kwon Do Intermediate

This class is designed for slightly more advanced martial arts students. Participants will improve their overall coordination, concentration, balance, physical and mental discipline, all while incorporating general fitness activities.

Age 5 - 18 **| Fee** $99
107002-02 Tu 07/11-09/26 7:00P-8:00P

LITTLE KICKERS SOCCER LEAGUE FALL 2023 AND SPRING 2024

This league is a co-op with River Trails Park District. Learn the fundamentals while having fun and learning skills in a non-competitive environment. Games are played in a 4 vs 4 to 7 vs 7 formats with goalies and played on a smaller field. Age groups may be combined if needed. Before your child may play, there's a PAYS certification that needs to be completed. All games will take place at Indian Grove Soccer Fields; each team will practice 1 day a week for an hour. Practices start the week of August 28th. Volunteer coaches are needed; please indicate at the time of registration. Players should bring their own soccer ball to practice. Jerseys are $18 and can be purchased at the Gary Morava Recreation Center. **Registration deadline is August 11, 2023.** Please note, this registration covers both the Fall 2023 and Spring 2024 seasons. If you wish to opt out for the Spring season please contact the park district prior to the spring season.

HOT SHOT SPORTS

Classes starting in April - REGISTER by April 3
Classes starting in June - REGISTER by June 5

T-Ball Skills Clinic
This introductory T-ball program is perfect for a child who wants to have fun, make new friends and be introduced to baseball. Participants enjoy learning the skills needed to play baseball including offense and defense, as well as the rules and philosophies of the game. This program stresses teamwork over competition. All you need to bring is a glove!
Age 3-5 **| Fee** $105
Location Gary Morava Recreation Center
407102-01 M 04/10-05/22 4:15P-5:00P

Sports and More
Children are introduced to the fundamentals of sports including basketball, floor hockey, football, kickball, soccer, t-ball and other sports and group games. This program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship.
No class July 3
Age 3-5 **| Fee** $120
Location Eisenhower Elementary School Baseball Field, 1 N Schoenbeck Rd., Prospect Heights
107700-01 M 06/12-08/07 4:00P-4:45P

Pee Wee Soccer
Let your child's early soccer experience be a great one. The younger player develops their soccer skills and also gains confidence, coordination, motor skills and communication. This program uses age-appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting and more. *No class July 3*
Age 4-6 **| Fee** $120
Location Eisenhower Elementary School Baseball Field, 1 N Schoenbeck Rd., Prospect Heights
107404-04 M 06/12-08/07 4:45P-5:30P

Basketball Clinic 101
Develop early basketball skills such as shooting, dribbling, and passing along with the basic rules of the game. All instruction is game/drill orientated with mini games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun.
Age 6-8 **| Fee** $105
Location Gary Morava Recreation Center
407108-01 M 04/10-05/22 M 5:00P-6:00P

Nerf Elite Battle
Each week we will play many different Nerf Elite Battle games, including team play, duos and an all-out-battle. Come experience this classic basement game in an arena style team game. All Nerf guns, ammo and eye protection will be provided. Participants may bring their own equipment. Please register one week before class begins.
Age 7-12
Location Gary Morava Recreation Center
407109-01 M 04/10-05/22 6:00P-7:00P $105
107702-02 M 06/12-08/07 6:40P-7:40P $120

Total Sports
This class features a new sport each week. Some of the sports taught and played include basketball, floor hockey, football, kickball, soccer, and baseball. In addition, participants play many popular running and group games. Children have the opportunity to acquire new skills and develop confidence in games they have played in previous classes.
Age 7-10 **| Fee** $120
Location Eisenhower Elementary School Baseball Field, 1 N Schoenbeck Rd., Prospect Heights
107701-01 M 06/12-08/07 5:30P-6:30P

Fencing - Little Musketeer
Instructors Illinois Fencing Club

Fencing is a fun sport offering kids the opportunity to get active, play, and make new friends. This introduction Fencing class uses play to teach movement skills, basic fencing footwork and bladework. Safety instruction is included. Participants will learn about foil, epee and sabre - the three weapons used in fencing. All fencing specific gear is provided.
Register by Wed., April 5
Age 7-11 **| Fee** $100
Location Gary Morava Recreation Center
407700-01 W 04/12-05/31 5:00P-6:00P

Spring Bird Walks
The Prospect Heights Natural Resources Commission and the Prospect Heights Park District invite you to join our expert birder Mary Lou Mellon from the Bird Conservation Network and PHNRC Commissioners as we walk around the Slough experiencing the wonder of birds and learning how to spot birds and identify them. Learn where to look for birds in your community and how to adjust binoculars for your eyes. Commissioners will also be discussing the restoration efforts. Birders must have their own binoculars and dress for the weather. Participants will park and meet at the Isaak Walton Park on Elmhurst Road at 7:30A and leave directly from there. Bus service will not be provided.
Location Izaak Walton Park
411024-04 Sa 05/13 7:30A-9:30A **FREE**
411024-05 Sa 05/27 7:30A-9:30A **FREE**

Square Dancing
Join us for some square-dancing fun with the Arlington Squares Dance Club. Today's square dancing is exercise because of all the walking you do to the beat of the music; it is social because of all the friendly people you meet; and it is mentally stimulating because of the calls you learn and respond to while dancing. All these benefits you will gain while having fun! And while Country and Western is certainly the traditional music for square dancing, today's dancers move to a variety of music including current rock hits as long as music has a good beat, it can be used for square dancing! Both singles and couples are welcome to attend this workshop. Wear casual clothes and comfortable shoes. This class is for experienced dancers only. Min: 6 Max: 50
Location Gary Morava Recreation Center
106010-02 Tu 06/06-08/29 7:00P-9:00P
$8 per class

Square Dancing Events
Join the Arlington Square Dance Club at these one-day events where you can learn to square dance, while meeting others and having fun. While country is the traditional music for square dancing, today's dancers move to a variety of music, including pop and rock hits. No partner is needed, so singles and couples are welcome to attend, as are youth entering grades 4 and up when accompanied by an adult. Dance assistants, called "Angels", will be there to guide you so no prior experience is needed. Wear casual clothes and comfortable shoes.
Fee $3/person

Dancing & Donuts
106010-03 Sa 07/22 10:00A-11:00A

Ice Cream Social
106010-04 Th 08/31 7:00P-8:30P

Beautiful Pressed Leaf & Flower Cards
Did you know pressed flowers date back beyond Victorian times? We will also learn some of the language of flowers. At the end of this session, you will have created two of your own beautiful and unique cards, to send to the special people in your life. All supplies are included.
Age 16 and older **| Fee** $33
Location Gary Morava Recreation Center
111095-01 Tu 04/11-05/02 3:00P-4:30P
111095-02 Tu 04/11-05/02 6:00P-7:30P

French Lick Resort and Casino
May 15, 2023 with Mayflower Tours
4 days/3 nights staying at the Lodge, 6 meals included, Tour the Kentucky Derby Museum, Wine Tasting at French Lick Winery, Red Skelton Museum and more.
$1,229 per person/double occupancy

ACTIVE ADULTS

QUESTIONS? CONTACT MARCI GLINSKI AT
MGLINSKI@PHPARKS.ORG
847.666.4875

OLD ORCHARD COUNTRY CLUB
A Prospect Heights Park District Property

700 W. Rand Road, Mount Prospect, IL 60056
Phone: 847.255.2025 | oldorchardcc.com

ADULT GOLF CLINIC: LEVEL 1

This level offers novices an introduction to the basics of the golf swing. You will learn the correct posture, grip, set-up, aim, and putting. All the necessary tools you will need to start to become a complete golfer. Classes will be held on the course and at the driving range. Driving range balls are included.

Age 18 and older
Fee $150
115006-01 Tu,Th 05/30-06/13 6:00P-7:00P

SPRING JUNIOR GOLF PROGRAM

This is a great opportunity for the junior golfer looking to get a head start on competition. PGA Professional Doug Brazeau will give the lessons and each student's progress will be monitored in a structured group lesson format. Half of the instruction will be held on the course! We will be offering two classes based on the student's ability level, they are as follows:

Session 1: May 9	Chipping & Putting Clinic
Session 2: May 11	Driving Range
Session 3: May 16	Playing Lesson
Session 4: May 18	Driving Range
Session 5: May 23	Playing Lesson
Session 6: May 25	Playing Competition

Driving range balls included. Min: 4, Max: 24

Intermediate Ages 7-12 | **Fee** $175
415009-01 Tu,Th 05/09-05/25 5:00P-6:00P

Advanced Ages 11-16 | **Fee** $175
415010-01 Tu,Th 05/09-05/25 6:00P-7:00P

OLD ORCHARD COUNTRY CLUB GOLF ACADEMY - LEVEL 1 CLINIC

If your child likes to golf or is merely curious about the game, sign him/her up for this fabulous instructional five-day clinic. They will learn correct swing fundamentals, rules, golf etiquette and get a set of clubs! This introductory course has helped thousands of kids learn the game of golf. All children who attended the clinic last year will be able to sign up again for $120 (does not include the golf clubs). Classes are limited. First time fee includes a starter set of golf clubs and golf bag.

Age 6-12 | **Days** M-F | **Fee** $210
115001-01 06/12-06/16 8:30A-9:30A
115001-02 06/12-06/16 10:00A-11:00A
115001-03 06/12-06/16 12:30P-1:30P
115001-04 06/19-06/23 8:30A-9:30A
115001-04 06/19-06/23 10:00A-11:00A

OLD ORCHARD COUNTRY CLUB GOLF ACADEMY-LEVEL 2 CLINIC

After the completion of Level 1 Clinic youngsters will be given a chance to advance to the next level to learn more specific golf fundamentals. Level 2 Training Program gives youngsters practical experience on the golf course using a fun format that stresses the importance of learning good fundamentals through playing games and competitions. This class can be taken while enrolled in one of the leagues.

Age 6-14 | **Days** Tu,Th | **Fee** $175
115003-01 07/06-07/20 8:30A-10:00A
115003-02 07/06-07/20 11:00A-12:30P

SUMMER CHALLENGE GOLF LEAGUE

Come and try out for this fun league and learn even more about this great game of golf. Our goal is to provide a format of play that is coached for fun and at the same time teach youngsters rules and etiquette. This league is excellent preparation for high school golf. Team players will be required to have a junior set of clubs. Due to the availability of the golf course, we are forced to a 50-person league limit, but we will be willing to sign up substitutes for each team. Park district residents will have priority in signing up.
Max: 50

Age 7-14 | **Fee** $325
115004-01 06/06-08/02 Tu,W 5:00P-7:00P

Tryouts: June 6th at 5:00pm.
Tentative Dates:
June 13, 14, 20, 21, 27, 28
July 5, 9 (Parent Child Scramble - come anytime between 4:30P-6P) 12, 18, 19, 25, 26
August 1 (Rain Make-up)
August 2 Awards ceremony 5P (parents are welcome to join at 6:30P, send your favorite dessert)

SUMMER HIGH SCHOOL LEAGUE

The purpose of this league is to play more golf! This is a great way to get experience in a competitive atmosphere and to prepare you for the high school season. Don't wait until August to prepare for the high school golf team. All matches will be at 7:00 am on Tuesdays and Thursdays. The fee includes golf, 5 extra range tokens, use of the range before rounds, team hat and awards ceremony. A schedule of matches and practices will be provided once you are placed on a team. Ages: 13Y -18Y or incoming Freshmen through Seniors *Min: 2, Max: 30*

Age 13-18 or incoming Freshmen through Seniors
Fee $350
115009-01 Tu,Th 06/07-08/02 7:00A-9:30A

Try Outs June 7th at 4:30P
Tentative Dates
June 13, 15, 20, 22, 27, 29
July 6, 11, 13, 18, 20, 25, 27
August 1 (Rain Make-up Date)
August 2 (Awards Ceremony at 4:00P parents are welcome to join, send your favorite dessert)

SUMMER ADVANCED CHALLENGE LEAGUE

The purpose of this league is to give you an opportunity to play golf in a competitive atmosphere and to prepare you for high school golf. There is a limit of 30 players. Matches will be at 7:00A on Mondays and Wednesdays. The fee includes golf, 5 extra range tokens, use of the range before rounds, team hat and awards ceremony. *Min: 2, Max 30*

Age 9-13 | **Fee** $350
115005-01 M,W 06/07-08/02 7:00A-9:30A

Try Outs June 7th at 5:00P
Tentative Dates
June 12, 14, 19, 21, 26, 28
July 5, 10, 12, 16 (Parent Child Scramble, come between 4:30P-6:00P), 19, 24, 26, 31 (Rain Make-up Date)
August 2 (Awards Ceremony at 4:30P, parents are welcome to join, bring your favorite dessert)

SUMMER TRAVEL CHALLENGE LEAGUE

Participants in this league will have an opportunity to represent Old Orchard in a competitive atmosphere on this team that will compete against three other neighboring park districts. The formats will vary, from playing your own ball to scrambles to skills challenges. To be eligible participants must have completed one of our other programs and are expected to represent Old Orchard in sportsmanship, etiquette and character. This will be limited to the first 15 players, after tryouts. The fee includes golf, 5 extra range tokens, use of the range before rounds, team hat and awards ceremony. A schedule of matches and practices will be provided once you are placed on a team. *Min: 2, Max: 15*

Locations Old Orchard Country Club, Mt. Prospect Golf Club, Golf Center, Topgolf
Age 9-13 | **Fee** $350
115008-01 M,W 06/07-08/02 7:00A-9:00A

Try Outs June 7th at 5:00P
Matches Wednesdays at 1:00P
Tentative Dates
June 14, 21, 28
July 12, 19, 26
Practices Mondays at 7:00A
Tentative Dates
June 12, 19, 26
July 10, 16 (Parent Child Scramble, Come anytime between 4:30P-6:00P), 24, 31 (Rain Make-up Date)
August 2 (Awards Ceremony 4:30P, parents are welcome, send your favorite dessert)

OLD ORCHARD CHAMPIONS TOURNAMENT

This tournament offers a competitive field for all levels of golfers. Register now for an opportunity to compete against area golfers. You will be notified of your tee time the weekend before the tournament. Range balls, golf, lunch and medals are included.
M 07/17 | 8:00A-12:00P

115010-01	6Y-7Y	9 holes	$25
115010-02	8Y-9Y	9 holes	$25
115010-03	10Y-11Y	18 holes	$35
115010-04	12Y-13Y	18 holes	$35
115010-05	14Y-15Y	18 holes	$35
115010-06	16Y-17Y	18 holes	$35
115010-07	18Y-20Y	18 holes	$40

ADULT GOLF CLINIC: LEVEL 2

This class is for golfers ready for more detailed instruction and golfers looking to shave a few strokes off their handicap. Full swing and short game will be the focus. We will concentrate on swing flaws and short game techniques to improve your ability to score. Classes will be held on course and at the driving range. Driving range balls included.
Age 18 and older | **Fee** $150
115007-01 Tu,Th 07/13-07/27 6:00P-7:00P

GOLF

QUESTIONS? CONTACT DOUG BRAZEAU AT DBRAZEAU@PHPARKS.ORG 847.666.4854

Wedding & Events

Whether you are just starting the event planning process, or have some experience in the hospitality industry, Old Orchard Country Club's professional staff can guide you along the way. We recently remodeled the venue with a modern flare. Our repeat clientele will tell you that Old Orchard Country Club is unlike most local venues thanks to our delicious cuisine and superior service. We can assure that you will have a one-of-a-kind experience that will keep your guests talking about your event for years to come.

Booking 2023 and 2024 Events and Weddings!

Contact our Event Coordinator at 224-248-8708 or banquets@phparks.org

LIONS PARK/GARY MORAVA RECREATION CENTER

How about renting a room for your meeting, baby shower, or birthday party? The recreation center offers two large meeting rooms with kitchen facilities and is available for public and private use throughout the year. We also rent picnic shelters, soccer fields, baseball fields and tennis courts, please call 847-394-2848 for more information.

RENTAL PROCEDURES

Rentals are subject to Park District approval. The approval process may take up to 7 days, so please plan accordingly. Facility use is subject to availability and requests are granted based on appropriateness.

THE APPLICATION PROCESS IS AS FOLLOWS:

1. Applicant must complete and sign the Prospect Heights Park District Facility Rental Application form. The form is available online at phparks.org or paper copies at the Front Desk. You can return the form by emailing it to Rita Nebl at rnebl@phparks.org or return it to the Front Desk at the Gary Morava Recreation Center.
2. Upon approval of request, applicants will be notified, and a $100 deposit may be required to secure the date.
3. Applicants must submit full payment of fees at least 7 days prior to the rental or by a date specified by staff.

NOTE: Prospect Heights Park District programs and activities have first priority.

PICNIC PAVILION RENTALS (R/NR)

- $50/$75 (a day) Lions Park Pavilion
- $50/$75 (a day) Country Gardens Pavilion, 100 person max (includes grill)

Time	Meeting Room 1 R/NR	Meeting Room 2 R/NR	Full Gym R/NR	1/2 Gym R/NR	Dance Room Fitness Studio R/NR
1 Hour	$75/$85	$70/$80	$75/$80	$55/$60	$30/$40
2 Hours	$95/$115	$90/$110	$125/$135	$80/$90	$60/$80
3 Hours	$115/$145	$110/$140	$175/$190	$105/$120	$90/$120
4 Hours	$135/$175	$130/$170	$225/$245	$130/$150	$120/$160
5 Hours	$155/$205	$150/$200	$275/$300	$155/$180	$150/$200
6 Hours	$175/$235	$170/$230	$325/$355	$180/$210	$180/$240

Additional Costs	
$35	Oven/Stove Use
$60	After Hours - per hour
$50	Room Set Up
$100	Refundable Booking and Damage Deposit

FIELD & COURT RENTALS (R/NR)

- $20/$30 (per hour) Country Gardens & Soccer Field
- $25/$35 (per hour) Ballfields
- $3/$5 (per hour) Tennis Courts and Pickleball Courts

OLD ORCHARD COUNTRY CLUB

- Recently renovated and available to host up to 300 guests. www.oldorchardcc.com

SILVERSNEAKERS

The Prospect Heights Park District is a SilverSneaker location. Find out if your health plan or Medicare supplement carrier offers SilverSneakers. Bring your 16-digit health ID card for a FREE fitness center membership.

PRIME

Designed specifically with you in mind (ages 18-64), Prime was created to improve your well-being and lifestyle while helping you look and feel great. Prime includes a fitness center membership. This is a benefit offered by employers and/or your health plan. To find out if you are eligible contact your employer. Bring in your 16-digit health ID card for a FREE fitness center membership.

RENEW ACTIVE/ONE PASS
United Healthcare Program

Prospect Heights Park District is also a Renew Active location. Bring in your 10 digit access code for a FREE fitness membership. The program is available with select United Healthcare Medicare Advantage plans. Contact your employer for more details.

POWER PILATES

Darleen Carl-Beck is a Power Pilates certified instructor with over 25 years of teaching experience! Power Pilates mat class strengthens the body and mind. Increases mental clarity, gain flexibility and tone muscles with this class. Free for SilverSneakers, Prime and Renew Active Members.

Times 8:00A-9:00A | **Days** W
Age 18 and older
Location: Gary Morava Recreation Center Dance Room

Code	Dates	Fee
113003-03	06/07-06/28	$40
113003-04	07/05-07/19	$30
113003-05	08/16-08/30	$30

ADULT OPEN PLAY PICKLEBALL

Try Pickleball it could become your new obsession!

- Pickleball balls available.
- No open play Pickleball on Kids Day Off.

(See page 24 for dates.)

Age 18 and older
01/10–04/29
M–F | 9:00A–11:00A
Fee $3 (daily)
Free *for SilverSneakers, Prime and Renew Active Members*
Location Gary Morava Recreation Center Gym

FITNESS CENTER MEMBERSHIP

Fitness Center memberships can be purchased at the Front Desk during regular hours at the Gary Morava Recreation Center.

PLEASE NOTE: Family memberships only apply to immediate family members residing in the same household. Proof of residency may be required. The use of the exercise equipment is limited to persons 14 years of age and over. Children ages 12 to 14 must be accompanied by a parent or guardian and are limited to strength machines. No one under the age of 12 may use exercise equipment. No one under the age of 16 may use the sauna. Memberships cannot be transferred to another person. Membership refunds apply for medical reasons only. All requests must be submitted in writing.

FITNESS CENTER HOURS

Monday–Thursday
Friday
Saturday
Sunday

AVAILABLE EQUIPMENT

- Cardio Theater Entertainment System
- 5 Precor Treadmills
- 3 Precor Elliptical Machines
- 3 Precor Recumbent Bikes
- 2 Stationary Bikes
- 1 Rower
- Rig
- Complete line of strength machines
- Full range of 5–100 lb. dumbbells, free weights, squat rack & cable crossover
- NuStep Sit Down Elliptical

MEMBERSHIP RATES

Student Rates: Student rates apply for 12-23 years. (must show high school or college ID; otherwise, the adult rate applies to those 18–23 years old.)

Corporate Rate: Corporate rates are available for six members of one corporation within park district or partner district boundaries.

Senior Rate: Senior rate applies for adults 62 years old and up.

DAILY FEES

Fitness Center
Open Gym
Racquetball Non–Pass Holder

FITNESS

Memberships Includes: Unlimited access to the fitness center, and access to open gym, racquetball court, and locker room. Members can take advantage of our cardio and strength machines, free weights, and balance/ resistance equipment. Pickleball only included on One Year Fitness Memberships.

RACQUETBALL & OPEN GYM

Memberships Includes: unlimited access to the racquetball court and open gym access. Racquetball & Open Gym pass does not include Pickleball.

Procedures:

1. All players must scan their passes at the front desk or pay the daily fee prior to entering the court.
2. Players may reserve the court seven days ahead.
3. Court may be booked for one hour for each member.
4. Reservations are on the half hour (7:30A, 8:30A, 9:30A, etc.).

One Year Fitness Memberships	Resident	Non-Resident
Individual	$175	$200
Additional Family Member	$100	$120
Student/Corporate/Senior	$99	$115
One Year Gym & Racquetball Memberships	**Resident**	**Non-Resident**
Individual	$59	$77
Student/Corporate/Senior	$39	$43
Six Month Fitness Memberships	**Resident**	**Non-Resident**
Individual	$125	$150
Additional Family Member	$75	$85
Student/Corporate/Senior	$60	$75
Three Month Fitness Memberships	**Resident**	**Non-Resident**
Individual	$75	$85
Additional Family Member	N/A	N/A
Student/Corporate/Senior	$40	$50

We are offering a variety of party packages this year for your fun and enjoyment! Any of our birthday parties can also be used as a scout troop outing or to earn your next badge. A minimum of 10 children are required for all parties. Enjoy as we take care of your party needs from start to finish. You are welcome to bring in your own food and cake! If you choose we are happy to provide pizza, hot dogs, cupcakes or cake, ice cream, drinks or goody bags to complete your party at an additional fee.

COME PARTY WITH US

QUESTIONS? CONTACT MARCI GLINSKI AT MGLINSKI@PHPARKS.ORG 847.666.4875

1-1/2 HOUR PARTIES

Sports Party $13 per person
Basketball, soccer, kickball, dodge ball or floor hockey. (Choose one)

Ultimate Birthday Bash $13 per person
Old-fashioned party games

Nerf Battle Party $18 per child
Gear up and challenge your friends for a Nerf Battle! Includes one hour gym & 30 minute party room rental, Nerf Coach and all the necessary Nerf Equipment to have a Birthday Battle.

Ninja Warrior Party $18 per child
Leap, hop, skip, run your way through obstacles and put your Ninja skills to the test. This fun, movement based class will challenge your Ninja to maneuver over and under objects. Includes one hour gym & 30 minute party room rental, Ninja Coach and equipment.

Dance or Cheer Party $13 per person
The birthday child's' favorite dance style: Hip-hop, ballet, or jazz. (Choose one)

2 HOUR PARTIES

Cake Decorating with Gloria $19 per person
Each child will learn to decorate a cake using different tools and techniques. Each child will bring home a decorated cake in a box as their party favor.

Stuff & Fluff Party $24 per person
Choose your favorite FURRY FRIEND to bring to life. Many to choose from! Includes fiberfill stuffing, rainbow wish star, birth certificate, and take-home bag.

Knuckleball Comedy Birthday Party $25 per child
Knuckleball Comedy provides an acclaimed one-person, highly interactive improv show which will have kids and adults laughing, acting, and wanting more. Improv performers bring a special type of energy, unmatched by even the most eccentric of kids. The show will have everyone engaged and on their feet; kids won't be able to raise their hands quick enough when volunteering to be a part of this incredible show! From the famous improvised stories to the talented panel of "experts," this show is unlike any other. Minimum 15 children.

BECOME A SPONSOR
QUESTIONS? CONTACT EDLYN CASTIL AT ECASTIL@PHPARKS.ORG 847.666.4864

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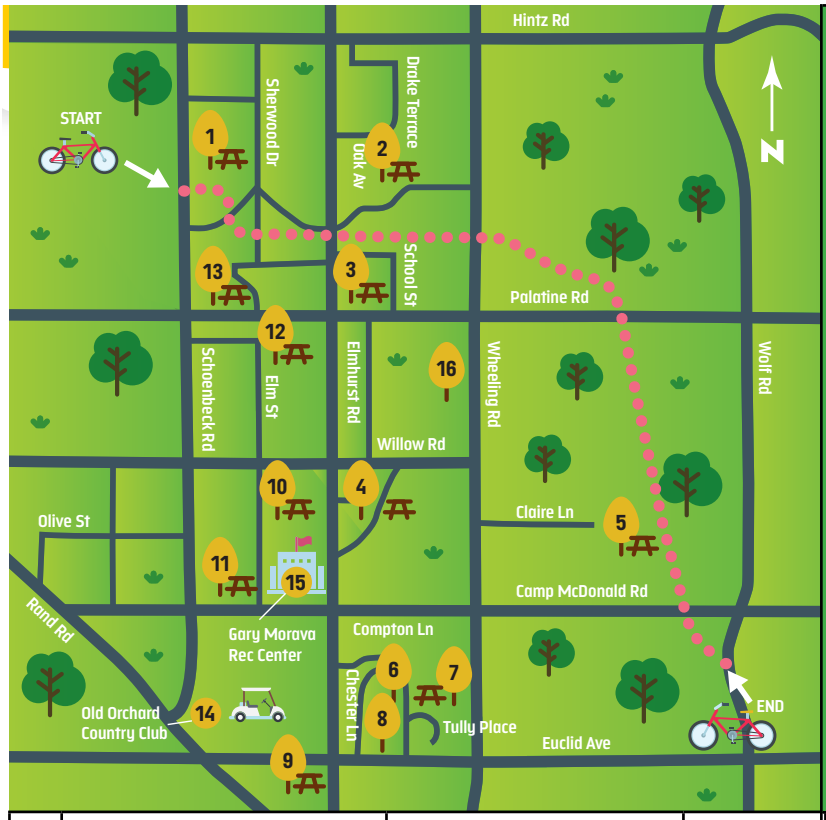
TO BUILD STRONG COMMUNITY RELATIONSHIPS AND SECURE PHILANTHROPIC FUNDING TO SUPPORT THE MISSION OF THE PROSPECT HEIGHTS PARK DISTRICT
SHARE YOUR TIME AND TALENTS
TO CREATE A BETTER PROSPECT HEIGHTS
FOR MORE INFORMATION CONTACT
CHRISTINA FERRARO AT CFERRARO@PHPARKS.ORG



#	PARK	ADDRESS	ACREAGE
1	Country Gardens Park, 901 N Schoenbeck Rd		9.0
2	John Muir Park, 999 Oak Ave		4.5
3	School Street Park, 808 School St		3.0
4	Izaak Walton Park, 201 N Elmhurst Rd		4.0
5	Claire Lane Park, 617 Claire Lane		.50
6	Jaycee Park, 4 Compton Lane		1.0
7	Tully Park, 212 Tully Place		1.5
8	Rosemary Roth Park, 201 Chester Ln		.50
9	East Wedgewood Park, 5 W Oxford Place, Mt Prospect		.50
10	Lions Park, 110 W Camp McDonald Rd		10.0
11	McDonald Field, 110 W Camp McDonald Rd		1.3
12	Kiwanis Park, 712 N Elm St		.67
13	Somerset Park, 204 W Palatine Frontage		26.0
14	Old Orchard Country Club, 700 W Rand Rd		100
15	Gary Morava Recreation Ctr., 110 W Camp McDonald Rd		
16	Walnut Woods, 610 N Wheeling Rd		8.5
17	Nature Preserve, 110 W Camp McDonald Rd		2.0

MAP & PARK AMENITIES

STARTS at Coutry Gardens Park on Schoenbeck Rd one block North of Palatine Rd

ENDS at the Prospect Heights Train Station at Camp McDonald Rd & Wolf Rd

WHILE ON PARK DISTRICT PROPERTY...

- NO DRONES/MODEL AIRCRAFTS CAN BE FLOWN WITHOUT A PERMIT
- ALL DOGS MUST BE ON A LEASH

PROSPECT HEIGHTS BIKE PATH

4.01 MILES

Prospect Heights Park District
Gary Morava Recreation Center
110 W. Camp McDonald Road
Prospect Heights, IL 60070
847.394.2848

**PRE-SORT STD
U.S. POSTAGE
PAID
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