



PROSPECT HEIGHTS PARK DISTRICT PRESENTS

GOLDEN YEARS WELLNESS EXPO

THURS, OCTOBER 3 | 10:00A-2:00P

110 W. Camp McDonald Road, Prospect Heights

Join fellow active adults for a day packed with door prizes, refreshments, health screenings and valuable resources from local organizations tailored just for you. Don't miss out on this fantastic opportunity to connect, learn and thrive!
#GoldenYearsWellnessExpo #ActiveAdults #EmbraceAging

Interested in becoming a Vendor? Contact Marci Glinski at mglinski@phparks.org for more details



Sponsored by
Prospect Heights Park District & Oak Street Health

