Gym Schedule - July 2024





Open Gym: \$3/person

	Sunday	Monday	Tuesday	Wednesday	*Thursday	Friday	Saturday
6:00am							
6:30am							
7:00am							
7:30am							
8:00am							
8:30am							
9:00am							
9:30am							
10:00am	Open Gym 9:00-11:00am						
10:30am							Open Gym
11:00am							10:30am-
11:30am							12:30pm
12:00pm							Not July 27
12:30pm							
1:00pm	Due to						
1:30pm	changing rentals /						Due to
2:00pm	events on the						changing
2:30pm	weekend, please call						rentals /
3:00pm	847-394-						events on the weekend,
3:30pm	2848.						please call
4:00pm							847-394- 2848.
4:30pm							2040.
5:00pm							
5:30pm							
6:00pm				Open Gym			
6:30pm			0	5:30 - 7:00pm	0		
7:00pm		Open Gym	Open Gym 5:30 - 8:45pm		Open Gym 5:30 - 8:45pm		
7:30pm		6:00 - 8:45pm					
8:00pm							
8:30pm							
9:00pm							

* Thursday, July 4: Open Gym 12:00pm-5:00pm (Full Gym)