FALL FUN AT PHPD

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#JovePHP8

PROSPECT HEIGHTS PARK DISTRICT FALL 2024 PROGRAM GUIDE

7.

PROSPECT HEIGHTS PARK DISTRICT

SHOWCASE Sat, November 9 10AM-3PM

Get a head start with your holiday shopping.. -CRAFT/VENDOR FAIR -KIDS HOLIDAY SHOPPING BOUTIQUE -SILENT AUCTION

...and enjoy the -competition dance team performances -preschool & KINDERSTOP ARTS SHOWCASE

PLEASE BRING IN A NON-PERISHABLE FOOD ITEM FOR ST. ALPHONSUS FOOD PANTRY 110 W CAMP MCDONALD ROAD, PROSPECT HEIGHTS IL 60070 | 847.394.2848 | WWW.PHPARKS.ORG

FACILITY INFORMATION

GARY MORAVA RECREATION CENTER

110 W. Camp McDonald Road Prospect Heights, IL 60070 Phone 847.394.2848 | Fax 847.394.7799 Web phparks.org

OLD ORCHARD COUNTRY CLUB

700 W. Rand Road Mount Prospect, IL 60056 Phone 847.255.2025 Web oldorchardcc.com

JOIN OUR MAILING LIST

Signup at phparks.org/enews to get news about active adults, golf or all Park District updates.

CONNECT WITH US!

prospectheightsparkdistrict oldorchardcountryclub prospectheightsparkdistrictsstarstudio prospectheightsparkdistrictletsgo

prospectheightsparkdistrict phpdstarstudio

✗ ProspectHtsPrks



FACILITY HOURS

GMRC FACILITY HOURS			
Monday–Thursday	6:00A-9:00P		
Friday	6:00A-6:00P		
Saturday	8:00A-5:00P		
Sunday	8:00A-5:00P		
GMRC FRONT DESK H	OURS		
Monday–Thursday	7:30A-9:00P		
Friday	7:30A-6:00P		
Saturday	8:00A-5:00P		
Sunday	9:00A-5:00P		
GMRC HOLIDAY HOUF	RS		
Thurs., November 28	Closed Thanksgiving		
Fri., November 29	Open 8:00A–3:00P		
Tues., December 24	Closed Christmas Eve		
Wed., December 25	Closed Christmas		
Tues., December 31	Open 8:00A–12:00P		

Online Registration



- Register for programs/events
- Purchase fitness memberships or pool passes online
- Online facility rental reservations
- Manage your saved card payments, check your waiting list status, sync your events/ facility reservations with your electronic calendar, and more from your online account

TABLE OF CONTENTS

Active Adults	30
Athletics Youth	.21–25
Banquets, Events & Weddings.	32
Children's Programs	
Dance Star Studio	
Early Childhood Programs	
Creative Kids Preschool	
KinderSTOP.	
Fitness	
Fitness Center Information	
Memberships	
Fitness Classes	
Golf	
Letter From Executive Director	
Special Events	9–13
Special Events General Information	9–13 4
Special Events General Information Birthday Parties	9–13 4 33
Special Events General Information Birthday Parties Board of Commissioners	9–13 4 33 3
Special Events General Information Birthday Parties Board of Commissioners Calendar of Events	9–13 4 33 2
Special Events General Information Birthday Parties Board of Commissioners Calendar of Events Facility Rentals	9–13
Special Events General Information Birthday Parties Board of Commissioners Calendar of Events Facility Rentals MapInside Back	9-13 4 33 3 3 34 < Cover
Special Events General Information Birthday Parties Board of Commissioners Calendar of Events Facility Rentals MapInside Back Park Amenities	9–13 33 3 3 34 < Cover 36
Special Events General Information Birthday Parties Board of Commissioners Calendar of Events Facility Rentals MapInside Back Park Amenities NWSRA	9–13 4 33 3 3 34 < Cover 36 5
Special Events General Information Birthday Parties Board of Commissioners Calendar of Events Facility Rentals MapInside Back Park Amenities NWSRA Parks Foundation	9-13 4 3 3 2 34 < Cover 36 5 4
Special Events General Information Birthday Parties Board of Commissioners Calendar of Events Facility Rentals MapInside Back Park Amenities NWSRA Parks Foundation Information & Registration Form.	9–13 4 33 3 3 34 34 36
Special Events General Information Birthday Parties Board of Commissioners Calendar of Events Facility Rentals MapInside Back Park Amenities NWSRA Parks Foundation	9-13 4 33 2 34 < Cover 36 4 6-7 35

UG	Fall/Spring Youth Soccer League Registration Deadline	Saturday, August 17		25
	Kids Day Off Program	Monday, August 19	7:00A-6:00P	17
24	Kids Day Off Program	Tuesday, August 20	7:00A-6:00P	17
	Creative Kids Preschool Open House	Wednesday, August 28	9:30–10:30A	14
	KinderStop Open House	Tuesday, August 20	5:30-6:30P	15
		Wednesday, September 4	10:00–10:45A	28
	Free Square Dancing Class Family Pizza & Bingo Night	Friday, September 6	6:00–8:00P	9

Star Studio Fall Dance Classes Begin	Monday, September 9	19–20
Adult Basketball League Begins	Wednesday, September 11	29
Adult Open Pickleball Begins	Tuesday, October 1	26

Thursday, October 3

Friday, October 4

Friday, October 11

Monday, October 14

Saturday, October 19

7:00A-6:00P

6:00-9:00P

6:00-8:00P

7:00A-6:00P

7:00A-6:00P

12:00P

17

9

10

17

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17

OCT	
2024	

Kids Day Off Program

Family Hoe Down

Scarecrow Row

Loteria Family Night

Kids Day Off Program

Kids Day Off Program

3EP1 2024



Spookfest & Hayride	Saturday, October 19	3:00-7:00P	11
Kids Day Off Program	Monday, November 4	7:00A-6:00P	17
Kids Day Off Program	Tuesday, November 5	7:00A-6:00P	17
PHPD Arts Showcase	Saturday, November 9	10:00A-3:00P	12
Family Pizza & Bingo Night	Friday, November 22	6:00-8:00P	9
Picklepalooza	Saturday, November 23		29
Kids Day Off Program	Monday, November 25	7:00A-6:00P	17
Kids Day Off Program	Tuesday, November 26	7:00A-6:00P	17

Wednesday, November 27



Holiday Trolley Express	Wednesday, December 18 & Thursday, December 19	4:00-8:00P	13
Holiday House Decorating Judging	Wednesday, December 18 & Thursday, December 19	4:00-8:00P	12
Creative & Performing Arts Winter Break Camp	Monday, Thursday, Friday December 23,26,27,30, January	9:00A–3:00P / 2,3	18
Kids Day Off Program	Monday, December 23	7:00A-6:00P	17
Kids Day Off Program	Thursday, December 26	7:00A-6:00P	17
Kids Day Off Program	Friday, December 27	7:00A-6:00P	17
Winter Break Camp	Monday, Thursday, Friday December 30–January 3	9:00A-1:00P	16

CALENDAR OF EVENTS

PAGE 2 | Fall 2024



LETTER FROM THE EXECUTIVE DIRECTOR CHRISTINA FERRARO, CPRE

For more information Contact Christina Ferraro cferraro@phparks.org 847.666.4861 This year is flying by, transitioning quickly from summer to fall. As time progresses, so do the changes around us.

Wedgewood Park, at 5 Oxford Lane in Mount Prospect, has been renovated with a state grant. It now features separate playgrounds for ages 2-5 and 6-12, fitness stations, new paths, a shelter with tables, a new basketball half-court, and more. Tully Park, at 214 South Wheeling Road, was expanded with an MWRD grant for better access and visibility.

We hope you enjoy these upgraded parks. Additionally, new program registration software launched this fall will make it easier for residents to sign up for classes, renew memberships, and reserve courts or rooms.

As we conclude this year, we applaud the Prospect Heights Lions Club on their 70th anniversary. The Park District has recognized their contributions throughout the year. The Club has significantly contributed to the community by building Lions Park and Lions Pool, providing scholarships, and supporting events like Community Day, the Block Party, and holiday tree lighting. They fundraise through pancake breakfasts and the Duck Race fundraiser at the annual Block Party.

As we enter the fall season and prepare for 2025, we will continue working together to exceed your expectations.

PARK BOARD OF COMMISSIONERS



Tim Jones President



Karl Jackson Commissioner



Ellen Avery Vice President



Steve Messer Commissioner



Eric Kirste Treasurer



Paul Fries Commissioner



Betty Cloud Secretary

BOARD MEETINGS

All residents are welcome to attend our Board Meetings, held the fourth Tuesday of each month at 7:00 pm in the Gary Morava Recreation Center.



REGISTRATION INFORMATION



OUT OF DISTRICT FAIR SHARE FEES

The Prospect Heights Park District residents make a significant contribution to the financing and operations of the park district through their property taxes. This contribution is beyond the fees they pay for programs and services. The fair share fee was adopted by the park district's Board of Commissioners to equalize this financial burden. For select programs, the fair share fees will be 15% more than the park district resident fee for non-residents.

PARKS FOUNDATION

If you are interested in serving on the Parks Foundation, please contact Christina Ferraro at cferraro@phparks. org. Top three reasons you should volunteer on the Parks Foundation: 1. To maintain the quality of life you expect in your community. 2. To give back to your community. 3. To have fun accomplishing things around your community together with your neighbors.

INSURANCE

The Prospect Heights Park District does not provide accident insurance for participants in park programs. There is no insurance for loss of personal property. The Prospect Heights Park District is subject to the Local Governmental and Governmental Employees Tort Immunities Act, which grants immunities and defenses to claims arising of the use of recreational properties. Therefore, the Prospect Heights Park District is not responsible for loss of personal property or participation in recreation programs.

SAY CHEESE!

If you have great photos of you and your family or friends enjoying the Prospect Heights Park District's parks, programs or special events, we'd love to see them! These fun photos are useful in publicizing our activities and we would like to share them with your fellow residents by showcasing them in upcoming brochures. Please forward photos for consideration to Edlyn Castil at ecastil@phparks.org. Be sure to include the name of the photographer and those of your subjects so we can credit you for the photo. We reserve the right to photograph and videotape all park district program participants for use on our website, brochures, newsletters, social media, cable station programming, etc.

PROSPECT HEIGHTS GARDEN CLUB

The Prospect Heights Garden Club is an active service organization which strives to be beneficial, charitable, and educational to the community, conducive to the well-being of the environment, and supportive of the cultivation of nature's beauty. Meetings are held the first Thursday of each month, from September–May, at 11:30A at the Gary Morava Recreation Center. For more information, please contact Ann Johnson at 847.253.1223.

PROSPECT HEIGHTS YOUTH BASEBALL/SOFTBALL (PHYBS)

Prospect Heights Youth Baseball/Softball is proud of its tradition of offering the children of our community the best baseball, t-ball and softball programs in the northwest suburbs. Register at www.PHYBS.org

GENERAL INFORMATION

PAGE 4 | Fall 2024

PROSPECT HEIGHTS LIONS CLUB

On March 26, 1954, this club was chartered by Lions International and we stand on a proud record of service to the visually impaired, hearing impaired, and to our own community. Thanks to the countless hours spent by our members over the years, our philanthropic dollars have been spent in the development of many civic and recreational services. For more information, contact Dan Busse at dbusse302@gmail.com.

TREE OF LIFE

Honor a loved one, a cherished organization or commemorate a special event by donating a tree to the Prospect Heights community. Donated trees are planted in one of the Park District's fourteen sites, plus the golf course. A staff member will consult with you to choose an appropriate tree and park location. All tree donations are acknowledged with a personalized engraved Gold Leaf and leaves are displayed on a plaque at the Gary Morava Recreation Center. Please call the Superintendent of Parks & Facilities at 847.666.4867 if you would like additional information.



INCLUSION ASSISTANCE

Inclusion assistance is provided by NWSRA (Northwest Special Recreation Association) to those individuals who wish to participate in their home park district programs. When registering for a park district program, the parent or individual with a disability should inform the Prospect Heights Park District (and NWSRA if desired) if any accommodations are needed in order to successfully participate in the program. The Prospect Heights Park District will then contact NWSRA for assistance with the accommodation. The request must be made two weeks prior to the start of the program. Please contact NWSRA at 847.392.2848 for further information. NWSRA is recruiting staff, contact them for employment opportunities.

SPECIAL RECREATION ASSOCIATION (NWSRA)

Make friends, have fun, go to new places, learn new things, be included and celebrate your life at NWSRA! NWSRA exists to provide outstanding opportunities through recreation for children and adults with disabilities. The team of full-time Certified Therapeutic Recreation Specialists (CTRS) and trained part-time staff provide safe, fun and accessible year-round opportunities to individuals of any age and ability level. Inclusion assistance also provides individuals with disabilities the opportunity to participate in their home park district program. NWSRA offers hundreds of virtual and in-person programming options to meet the diverse needs and interest of the community. Check out all program offerings at nwsra.org/brochure. For more information, contact the NWSRA registration office at 847.392.2848 (voice), 847.392.2855 (TTY) or email office@nwsra.org. The Prospect Heights Park District is a member of a cooperative agreement among 17 Park Districts which form the Northwest Special Recreation Association (NWSRA).

ADA COMPLIANCE

The Prospect Heights Park District is in full compliance with the Americans with Disabilities Act (ADA), which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. We invite any resident with a special need to contact our staff or the NWSRA staff for additional information regarding ADA issues. People with a disability are encouraged to visit the GMRC for information and input.

GENERAL INFORMATION

NON-RESIDENT/PARTNER REGISTRATION BEGINS MONDAY, AUGUST 12

WHO IS A PROSPECT HEIGHTS PARK DISTRICT RESIDENT?

You are a resident if you pay taxes to the Prospect Heights Park District.

PARTNER RESIDENT AGREEMENTS

Through our cooperative "three-for-one" agreement, all programs and most facilities offered by the three listed park districts are available to anyone living within each of the three park district boundaries. A resident of any of the three districts is considered a Partner Resident of the other two park districts and is therefore able to enroll in classes or programs at resident rates. Each of the park district golf courses will have a Partner Resident fee available on weekdays only. Although the agreement may result in an increase in the number of potential users, each park district will continue to maintain its individual identity and utilize monies available to it at present tax rates. Residents always receive priority registration within their "home district" while enjoying the added benefit of enrolling in a "partner district's" class or program at resident rates.

River Trails Park District 1500 E. Euclid Avenue Mount Prospect, IL 60056 847.255.1200 rtpd.org Mt. Prospect Park District 1000 W. Central Road Mount Prospect, IL 60056 847.255.5380 mppd.org

PARTNER RESIDENT AGREEMENT WITH SCHOOL DISTRICT 23

The Prospect Heights Park District and School District 23 entered into an intergovernmental cooperation agreement to save the taxpayers money by sharing the use of properties owned by District 23 and the Prospect Heights Park District in a manner that the facilities may be utilized to their fullest capacity. Part of this agreement includes that all inhabitants who reside within School District 23 boundaries shall be considered partner residents and will not be required to pay non-resident fees.

REFUND POLICY

A refund may be requested by completing the Refund Request Form at https://phparks.org/refund-request-form. A full refund will be issued if the program is cancelled by the Park District. Prior to the commencement of the program, refunds are given except for uniforms or supplies pre-purchased. Prorated refunds may be received for medical reasons and extenuating circumstances only with the supervisor's approval. Allow 10-15 business days for processing. No cash refunds. No refunds are given for deposits, passes, contractual programs, leagues, trips, unused activities or specials events before or after the activity unless cancelled by the Park District.

HOW TO CREATE A NEW ACCOUNT

Everyone must have a Customer Account to register for programs. For Prospect Heights residents and Partner residents, you need to prove residency to get the resident rate. Please check on cookcountyviewer.com. Enter your address. If your park district taxes go to Prospect Heights, you are a Resident. If your taxes go to Mt. Prospect Park District, River Trail Park District or School District 23, you are a Partner Resident. Partner Residents receive the resident rate on the non-resident registration date.

If you are a resident or a partner resident: Visit us during our open hours of operation to make a customer account. You must bring proof of residency for you and your family members with the current address listed.

Adults can bring a driver's license, state ID, or one of the following: utility bill (no older than 60 days), voter registration card, or a vehicle registration card.

Children will need to show one of these: a birth certificate, parent insurance card listing dependents, current report card, school picture ID, or other form of ID a parent may have that proves the children reside at that address.

If you are a non-resident: Call 847.394.2848 to have your account set up during open hours of operation. No proof of residency is required. You will be required to give your name, address, email, phone number and date of birth.

HOW TO REGISTER

online Walk-in	phparks.org Prospect Heights Park District 110 W. Camp McDonald Road Prospect Heights, IL 60070
MAIL-IN/FAX	Prospect Heights Park District 110 W. Camp McDonald Road Prospect Heights, IL 60070 Fax: 847.394.7799
PHONE-IN	847.394.2848

Available for Active Adult Trips only.

For more information, Contact Rita Nebl | rnebl@phparks.org | 224.248.9580

REGISTRATION INFORMATION

PAGE 6 | Fall 2024



PROSPECT HEIGHTS PARK DISTRICT REGISTRATION FORM

RESIDENT REGISTRATION BEGINS MONDAY, AUGUST 5

NON-RESIDENT/PARTNER

REGISTRATION

BEGINS MONDAY, AUGUST 12

Total

Account Information (Please print parent/guardian/head of household information)

FIRST NAME:		_ LAST NAME:					
STREET ADDRESS:		CITY:		STATE:	ZIP:		
PHONE #1:			PHONE #2:			D.O.B:	
EMAIL(Required for future online registrations):							
PAYER'S INFORMATION	:						
(If different than above)	(name)	(street address)		(city)	(state)	(zip)	(date of birth)

Activity Enrollment

Check if you need special accommodations to participate in this program

PROGRAM CODE	PROGRAM TITLE	PARTICIPANT'S NAME	BIRTH DATE	GENDER	GRADE	FEE
						\$
						\$
						\$
						\$
						\$
						\$
		I would like to donate to sup	nort the Prospect H	leights Parks	Foundation	\$

EXPIRATION DATE

Payment Options: (Circle One) Cash Check Check #_____ Credit Card Gift Certificate \$_____

LAST 4-DIGITS OF CREDIT CARD

Return Form Options

MAIL/IN-PERSON: Prospect Heights Park District, 110 W. Camp McDonald Road, Prospect Heights, IL 60070 FAX REGISTRATION 847-394-7799

ONLINE: Save time and register at phparks.org

Please Review and Sign

WAIVER AND RELEASE- WARNING OF RISK

Recreational Activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment there is still risk of serious injury when participating in any recreational activity/ program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness horseplay, unsportsmanike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating and all other circumstances inherent to indoor and outdoor recreational activities/ programs exist In this regard, must be recognized that it is impossible for the Prospect Heights Park District to guarantee absolute safety. Please read this form carefully and be aware that in signing up and participating in the listed programs/ activities, you will be expressly assuming the risk and legal liability and wavering all claims for injuries, damages or loss that you or your minor/ward might sustain as a result of participating in any and all activities connected with this program/activity against the Prospect Heights Park District his forgram/activity against the Prospect Heights Park District, including its officials, agent's volunteers and employees (hereinafter collectively referred to as "Prospect Heights Park District"). I do hereby fully release and forever theights Park District from any and all claims for injuries damages or loss that my minor child/ward or I may have, or which may occur to me and arising out of, connected with, or in any way associate with the listed programs/ activities. I have read and fully understand this important information, waming of risk, assumption of risk and waver and release of all claims. If registering via fax, your faccimite shall substitute for and have the s

Signature (18 years or older/Parent/Guardian)		Date	
847.394.2848	110 W. CAMP MCDONALD ROAD, PROSPECT HEIGHT	S, IL 60070	PHPARKS.ORG

REGISTRATION FORM



PROSPECT HEIGHTS PARK DISTRICT

110 W. Camp McDonald Road Prospect Heights, IL 60070 Phone 847.394.2848 | Fax 847.394.7799 Web phparks.org

ADMINISTRATIVE STAFF

Christina Ferraro, CPRE, Executive Director cferraro@phparks.org | 847.666.4861

Edlyn Castil, Marketing & Communications Manager ecastil@phparks.org | 847.666.4864

Mark Grassi | Superintendent of Parks & Facilities mgrassi@phparks.org | 847.666.4867

Shawn Hughes, Superintendent of Finance, HR & IT shughes@phparks.org | 847.666.4868

Andrea Mueller, Accounting Clerk amueller@phparks.org | 224.248.9583

Catherine Roock, HR/Payroll Coordinator croock@phparks.org | 224.248.9581

RECREATION STAFF

Ray Doerner, CPRP, Superintendent of Recreation rdoerner@phparks.org | 847.666.4862

Laura Fudala, CPRP, Recreation Supervisor lfudala@phparks.org | 847.666.4878

Marci Glinski, CPRP, Recreation Supervisor mglinski@phparks.org | 847.666.4875

Pan Zervas, Recreation Supervisor pzervas@phparks.org | 847.394.6376

Rita Nebl, Customer Experience Supervisor rnebl@phparks.org | 224.248.9580

STAFF DIRECTORY

PAGE 8 | Fall 2024

OLD ORCHARD COUNTRY CLUB

700 W. Rand Road Mount Prospect, IL 60056 Phone 847.255.2025 | Fax 847.255.4883 Web oldorchardcc.com

OLD ORCHARD COUNTRY CLUB STAFF

Marc Heidkamp, PGA, Director of Golf Operations mheidkamp@phparks.org | 847.666.4853

Doug Brazeau, PGA, Head Golf Professional dbrazeau@phparks.org | 847.666.4854

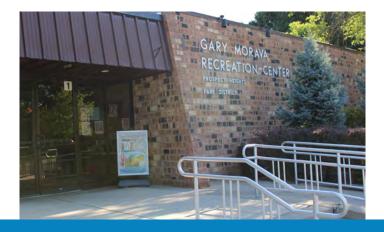
Pam Nauert, Event Coordinator pnauert@phparks.org | 224.248.8708

Niko Lopez, Kitchen Manager nlopez@phparks.org | 224.248.8709

GROUNDS STAFF

Sean Lee, Superintendent of Golf slee@phparks.org | 847.255.2033

Alex Torres, Mechanic atorres@phparks.org | 847.749.0088





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FAMILY PIZZA & BINGO NIGHTS

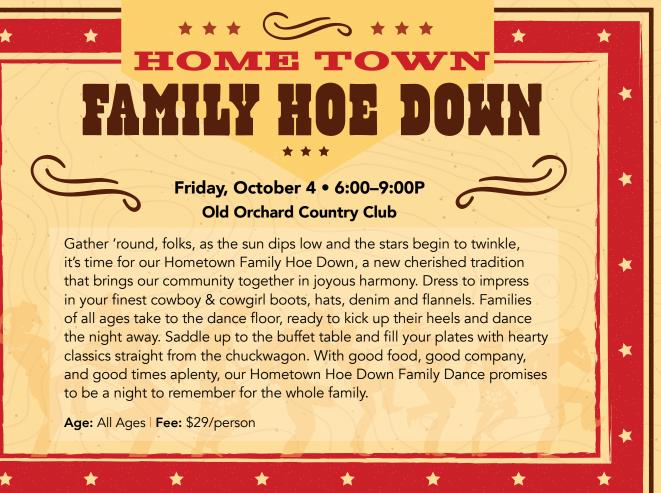
Bring the family and friends to meet our Bingo Wizard, Wallace, for a fun evening at the park district. We will enjoy pizza and dessert as we play several games of bingo and win fun prizes. Wallace, the Bingo Wizard, brings additional fun and prizes for the evening. Please be sure to register early as this is a very popular event.

Age: All Ages

Location: Gary Morava Recreation Center

Fee: \$9/person

- F 09/06/24 F 11/22/24
- 6:00-8:00P 6:00-8:00P



SPECIAL EVENTS

Loteria Family Night

Delight in the colorful and lively ambiance, as we gather to celebrate Hispanic Heritage Month with a spirited game of Lotería, a cherished tradition rooted in the vibrant culture of the Hispanic and Latino communities. Lotería is a Bingo-style game that originates from the Hispanic/Latino Culture and has special cards with pictures that relate to the culture. Although the words are in Spanish it is not necessary to be fluent in Spanish. We will enjoy tacos for dinner and fun for all who attend.

Age: All Ages

Location: Gary Morava Recreation Center

Fee: \$9/person

F 10/11/24 6:00-8:00P

SCARECROW

The Scarecrows are Coming! The Scarecrows are Coming!

It's time to get creative and start planning your scarecrow display! Friends, neighbors, scout groups, businesses, and local organizations can compete against each other or just participate and have a great time. Search your basement, attic and garage for your supplies to create your very own entry.

- You will bring your COMPLETED scarecrow/scarecrow scene to GMRC on Sat. Oct 19 at 12:00P for set up.
- The Scarecrows will be displayed throughout our Haunted Hayride during SPOOKFEST.
- Awards will be given for categories to include scariest, funniest, cutest and most creative.
- Once registered, you will receive an email will all the rules, including set up & take down instructions.





1 BANDERA

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SPECIAL EVENTS

PAGE 10 | Fall 2024

Spookfest

Join us for some Spooky Fun

SATURDAY, OCTOBER 19 • 3:00-7:00P

Join us for some Spooky Fun! This family friendly event promises to be a real SCREAM!! Start the day off on our Haunted Hayride. YOU WILL REGISTER FOR YOUR DESIRED HAYRIDE TIME SLOT WHEN REGISTERING FOR THIS EVENT. Sit back and relax on our hayride as we travel through the Old Orchard Country Club Golf Course while enjoying haunted scenes, and Scarecrow Row. Along the Hayride route view scarecrows made by families, scout troops, businesses, neighbors, and local organizations all competing for the BEST SCARECROW IN TOWN.

Be sure to visit our other attractions that can be enjoyed before or after your hayride. Spend time at our "Touch A Truck" at McDonald Field. Check out all the trucks and vehicles that make our community run. Doors, trunks, windows will all be open so you can investigate what's inside each vehicle and staff will be on hand to tell you all about it.

Head over to our PH Pumpkin Patch to receive your very own GREAT PUMPKIN, for all guests 15 and under, and supplies to decorate it, while supplies last. Be sure to stop by the tables of our community partners and see what treats they have for you! All registered kids will receive a goody bag filled with Halloween tricks & treats along with a pumpkin. Costumes are encouraged to add to the fun!

HAYRIDE

Age: All Ages Fee: \$9/person Location: Gary Morava Recreation Center

Time Slots

Sa	10/19/24	3:00–3:30P Low Sensory
Sa	10/19/24	3:30-4:00P
Sa	10/19/24	4:00-4:30P
Sa	10/19/24	4:15–4:45P
Sa	10/19/24	4:30–5:00P
Sa	10/19/24	4:45–5:15P
Sa	10/19/24	4:30-5:00P

Buy out an entire hayride for your family and friends!

Email Marci at mglinski@phparks.org for more information.

Sa	10/19/24	5:00-5:30P
Sa	10/19/24	5:15–5:45P
Sa	10/19/24	5:30-6:00P
Sa	10/19/24	5:45–6:15P
Sa	10/19/24	6:00-6:30P
Sa	10/19/24	6:15–6:45P
Sa	10/19/24	6:30-7:00P



SPECIAL EVENTS

PROSPECT HEIGHTS ARTS FREEP SHOKCASE

Saturday, November 9 10:00A-3:00P Gary Morava Recreation Center

Join us for the Prospect Heights Park District's annual Arts Showcase. The showcase will feature a craft/vendor fair, Preschool & KinderStop art, competition dance team performances, silent auction, and a Kids Holiday Shopping Boutique. Kick off your holiday shopping with gifts for friends and family of all ages!

VENDORS WANTED!

We are welcoming craft vendors & independent businesses to join our annual Shopping Boutique.

BOOTH SPACES

Single \$35 Double \$65 Electric \$15

Holiday House Decorating

Get into the Holiday Spirit Prospect Heights! Channel your inner Clark Griswald or Luther Krank to create your holiday masterpiece. Enter your home into our Holiday House Decorating Contest! Lights must be on from 4:00–8:00P on Wednesday, Dec. 18 & Thursday, Dec .19 for judging. Prizes will be awarded! Open to Prospect Heights residents only.

SPECIAL EVENTS

PAGE 12 | Fall 2024

HOLIDAY TROLLEY EXPRESS

Hop on the Holiday Trolley Express! We will venture through the area streets to see all the houses decorated for the season. During our ride we will hear a story from one of Santa's helpers and sing Christmas Carols. Upon arrival back from the ride you will have time to visit with Santa, receive a gift bag, make a holiday craft and enjoy a few of Santa's favorites treats—cookies and hot chocolate. We look forward to seeing you on the next trolley! Please be sure to register for your desired trolley time! Total time including trolley ride is 1-1.5 hours

Joliday, Trolley, Express

Age: All Ages

Fee: \$15/person

Location: Gary Morava Recreation Center

SCHEDULE

W	12/18/24	4:00–4:30P Low Sensory
W	12/18/24	4:30-5:00P
W	12/18/24	5:00-5:30P
W	12/18/24	5:30-6:00P
W	12/18/24	6:00-6:30P
W	12/18/24	6:30-7:00P
W	12/18/24	7:00-7:30P
W	12/18/24	7:30-8:00P

Th	12/19/24	4:00–4:30P Low Sensory
Th	12/19/24	4:30-5:00P
Th	12/19/24	5:00-5:30P
Th	12/19/24	5:30-6:00P
Th	12/19/24	6:00-6:30P
Th	12/19/24	6:30-7:00P
Th	12/19/24	7:00-7:30P
Th	12/19/24	7:30-8:00P

SPECIAL EVENTS



Our program consists of half structured and half unstructured class time. Our structured curriculum incorporates Jolly Phonics and Handwriting without Tears.

A typical day:

- Begins with exploratory time in different activity centers
- Craft of the day
- Rug time includes songs, counting, calendar, alphabet, and more
- Alternating music, musical instruments, puppets, or large muscle movements
- Snack Time
- Academic curriculum
- Ends with a visit to the park or indoor gym

The program incorporates trips which may include: fire station, library, pumpkin patch and amusement centers. An extra charge for admission and/or bus fee is required for some trips.

4 year old students can enroll in KinderStop for a full day option. See page 15 for details.

To register, a one month deposit and birth certificate are required. The deposit is applied to the May tuition if the child attends all year. For the deposit, \$120 will not be refunded under any circumstances. Unfortunately, it is not possible for us to prorate your monthly payments due to vacations or illness. The annual preschool fee is broken down into equal monthly installments for ease of tracking. Monthly days of attendance will fluctuate. Automatic billing to your credit card is available. Eight monthly payments are due the first day of the month (Sept-Apr).

DAY	DATES	AGE	ТІМЕ	FEE Per Month	FEE Pay in Full (10% discount)
M,W,F	Sept 4–May 14	4Y	8:45–11:45A	R \$200/NR \$220	R \$1,632/NR \$1,794
M–F	Sept 3–May 14	4Y	8:45A-12:00P	R \$315/NR \$345	R \$2,562/NR \$2,806
M–F	Sept 4–May 14	3Y–4Y	12:00–3:15P	R \$315/NR \$345	R \$2,562/NR \$2,806
Tu,Th	Sept 3–May 13	3Y	8:45–11:45A	R \$150/NR \$180	R \$1,227/NR \$1,470
Tu,Th	Sept 3–May 13	2.5Y	12:00-1:30P	R \$115/NR \$130	R \$943/NR \$1,065

Must be of age by Sept 1, 2024

2024-2025 CREATIVE KIDS PRESCHOOL

PAGE 14 | Fall 2024

KINDERSTOP

The KinderStop program is operated by the Prospect Heights Park District, in cooperation with School District 23.

Participants must be 4 years of age by September 1, 2024, to participate in any KinderStop program.

School District 23 will provide transportation for Early Childhood, Kindergarten, and first grade participants on attendance days. Parents are responsible for notifying School District 23 that your child is enrolled in KinderStop and will need transportation. KinderStop does not meet on days when School District 23 is not in session, however we offer a Kids Day Off Program on non-attendance days for an additional fee. (See page 17)

Ages: 4-7

Location: Gary Morava Recreation Center Registration Deadline: August 14, 2024



DAY	DATES	ТІМЕ	FEE Per Month	FEE Pay in Full (10% discount)
M,W,F	Aug 21-June 6	7:00-7:50A	\$43	\$398
Tu,Th	Aug 22-June 5	7:00-7:50A	\$28	\$277
M,W,F	Aug 21-June 6	7:00-8:45A	\$84	\$730
Tu,Th	Aug 22-June 5	7:00-8:45A	\$55	\$495
M,W,F	Aug 30-June 6	8:45–11:30A	\$265	\$2,197
Tu,Th	Aug 29-June 5	8:45–11:30A	\$163	\$1,370
M,W,F	Aug 30-June 6	11:00A-2:30P	\$311	\$2,569
Tu,Th	Aug 29-June 5	11:00A-2:30P	\$209	\$1,743
M,W,F	Aug 21-June 6	2:30-6:00P	\$133	\$1,128
Tu,Th	Aug 22-June 5	2:30-6:00P	\$88	\$763



Tuesday, August 20 5:30–6:30P

Meet the teachers, tour our classroom & learn about our program.

A \$50 non-refundable deposit is required at the time of registration for each section.

VISIT PHPARKS.ORG/KINDERSTOP FOR MORE DETAILS





For more information Contact Laura Fudala | Ifudala@phparks.org | 847.666.4878

2024-2025 KINDERSTOP

MAGIC BY GARY KANTOR

Children are guaranteed to have a great time in this class as they learn fascinating tricks from a professional magician! Amaze your family and friends with tricks that involve cards, ropes, coins, mind reading and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials will be provided, and each child will be awarded a magic certificate. Also, children can sign up for this class again and again since brand new tricks are taught at each session. The class will be taught by the team of Gary Kantor.

Age: 5-12

Location: Arlington Heights Park District

Μ	09/16/24	5:00-5:55P	\$25
Tu	10/22/24	6:30–7:25P	\$25
Th	12/19/24	5:00-5:55P	\$25

AMIGOS

Learning Spanish is as easy as uno, dos, tres! In Afterschool Amigos Spanish club, children will learn numbers, colors, shapes, greetings, days of the week and more. We will be singing, clapping, and counting our way towards learning the Spanish Language. No class on 11/27.

Location: Gary Morava Recreation Center

Grades: K-5

W	08/28/24-10/16/24	5:00-6:00P	\$180
W	10/30/24-12/18/24	5:00-6:00P	\$158

STEAM

This exciting program from Afterschool Enrichment Solutions brings together elements of science, art and math in a hands-on, action-packed environment! Students will conduct experiments, play educational games, and unlock their creativity through building challenges and projects. No experience necessary. No class on 11/27.

Location: Gary Morava Recreation Center

Grades: K-5

W	08/28/24-10/16/24	6:00-7:00P	\$180
W	10/30/24-12/18/24	6:00-7:00P	\$158

WINTER BREAK CAMP

Join us for this fun, new winter break camp! We will have a theme for the week, do a craft, play some indoor games, and have one special day!

Parents you will receive an email one week prior to camp with a schedule of activities! Pack your child a lunch, water bottle and dress in comfortable clothes.

Grades: K-4

Location: Gary Morava Recreation Center

M, Th, F 9:00A-1:00P 12/30/24-01/03/25 \$96



CHILDREN'S PROGRAMS

PAGE 16 | Fall 2024



KIDS DAY OFF

Wondering what to do with your kids when they have a day off of school? We have the answer! Your kids are sure to have a great time making new friends. Register for this convenient program and we'll take them on a trip, play fun games, enjoy organized sports and make fun crafts! Children may be signed into the program anytime between 7:00–9:00A and signed out between 3:30–6:00P ALL FOR THE SAME FEE. Most trips leave by 9:00A and return by 3:30P. Additional spending money for vending machines, souvenirs, or additional activities is optional. You must pre-register for each trip. Please sign the waiver on the morning of the trip. Children should bring a snack. Space is limited, register early! Registration deadline is one week prior to the day off.

Location: Gary Morava Recreation Center

Grades: K-6

Fee: \$69R/\$74NR

М	8/19/24	7:00A-6:00P	Gary Morava Recreation Center
Tu	8/20/24	7:00A-6:00P	Gary Morava Recreation Center
Th	10/03/24	7:00A-6:00P	Gary Morava Recreation Center
Μ	10/14/24	7:00A-6:00P	Gary Morava Recreation Center
Μ	11/04/24	7:00A-6:00P	Gary Morava Recreation Center
Tu	11/05/24	7:00A-6:00P	Gary Morava Recreation Center
М	11/25/24	7:00A-6:00P	Gary Morava Recreation Center
Tu	11/26/24	7:00A-6:00P	Gary Morava Recreation Center
W	11/27/24	7:00A-6:00P	Gary Morava Recreation Center
м	12/23/24	7:00A-6:00P	Gary Morava Recreation Center
Th	12/26/24	7:00A-6:00P	Gary Morava Recreation Center
F	12/27/24	7:00A-6:00P	Gary Morava Recreation Center
М	12/30/24	7:00A-6:00P	Gary Morava Recreation Center

CHECK OUT

Creative & Performing Arts Winter Break Camp on page 18.

CHILDREN'S PROGRAMS

ANIMATION WORKSHOP

Let's explore the world of animation. In this class students will learn about different 2D techniques, such as stop-motion animation, creating a cartoon strip or software that will bring life to images. As animators, directors and producers, the only limitation is your imagination.

Location: Gary Morava Recreation Center

Age: 7-12

W 09/18/24-10/09/24 6:00–7:15P \$84

VIDEO GAME ROBOTICS

Love building with LEGO? Love video games? Your love of both comes together in this class with Tech Stars! You and your partner will create video games, and then use LEGO Robotics Kits to build a controller for your Scratch game. This special course lets you build robots with sensors that communicate and control your games. Build alligators, magic wands and more and watch as you bring them to life onscreen. No class on 11/27.

Location: River Trails Park District – Burning Bush Age: 7–12

W 11/13/24–12/11/24 6:00-7:15P \$84

CREATIVE ARTS WITH KATIE

Looking for a fun and easy art class? Grab your paintbrush and try Creative Arts With Katie! Each week we will be exploring simple techniques with a new medium, and complete a fun and open ended project! Learn about watercolor, acrylic paint, markers, colored pencils, splatter paint, collaging and more!

Location: Gary Morava Recreation Center

Age: 6-12

М	09/09/24-09/30/24	3:30-4:30P	\$48
М	10/07/24-10/28/24	3:30-4:30P	\$48
М	11/04/24-12/02/24	3:30-4:30P	\$48



CREATIVE & PERFORMING ARTS WINTER BREAK CAMP

Lights! Camera! Action! Join us for some winter fun! Enjoy an amazing Creative and Performing Arts experience that will include dancing, singing, painting, acting, playwriting, crafts, set design, and so much more! This is a six day camp as we build on skills throughout the camp. At the end of the camp we will put on a small production that will be video taped and sent to all CPA families to enjoy.

Location: Gary Morava Recreation Center

Age:	6-1	4

M, Th, F	12/23, 12/26,	9:00A-3:00P	\$210
	12/27, 12/30,		
	01/02, 01/03		

HEALTHY HABITS CLUB

The Healthy Habits Club from Afterschool Enrichment Solutions provides a fun, action-packed and positive environment to promote physical, mental and emotional health! Students will explore themes of communication, compassion for self and others, active listening, conflict resolution, gentle exercise, nutrition, mindfulness, and respect. A qualified instructor will guide the participants in hands-on-learning through games, movement, creative writing, problem-solving exercises and journaling.

Location: Gary Morava Recreation Center

Grades: K-8

W	08/28/24-10/16/24	4:00-5:00P	\$180
W	10/30/24-12/18/24	4:00-5:00P	\$158

CHILDREN'S PROGRAMS

PAGE 18 | Fall 2024

PROSPECT HEIGHTS PARK DISTRICT

Star Studio Fall Dance 2024

Classes begin September 9

No Classes on Halloween, Thurs. October 31 No Class during Thanksgiving Week, November 25–30 Holiday Dance Recital TBD



CLASS DESCRIPTIONS

BALLET – Introduce the fundamentals of ballet in an engaging manner. Develop coordination, musicality, and discipline. Emphasis on stretching, strengthening, and musicality, designed to be applicable to various dance forms.

BOLLYWOOD – Bollywood Dance is a fusion of Indian classical & folk dances that are performed to a high energy, upbeat Bollywood song and includes wearing bright & colorful costuming. This is a basic introduction to Bollywood Dance.

HIP HOP – High energy, contemporary routines using current moves and today's hottest music. Dancers will be introduced to hip hop technique and movement. Jazz shoes required.

JAZZ – Come learn the rhythms, stylized movements, and choreography for this exciting form of dance set to upbeat music. Jazz shoes required.

LYRICAL – Lyrical dance is a beautiful style of dance which blends the stylings of ballet, jazz and modern. Warm-ups and barre work are designed to develop a dancer's classical technique, while still maintaining a jazz and/or modern style. Music selected usually has strong meaning and the choreography is designed to tell a story or express the feeling/mood of the music. Bare feet or Paws required. **MUSICAL THEATRE** – Dance, sing and act! Learn stage presence and performance by learning songs and dance routines set to numbers from popular musical theatre productions.

POMS – Dancers will learn beginning pom fundamentals and a basic routine. This class is great for promoting coordination and self-esteem. Gym or jazz shoes required.

TURNS, LEAPS & JUMPS TECHNIQUE –

This class focuses on enhancing dancers' strength, flexibility, and technique to improve jumps and turns. Emphasis is placed on body alignment, spotting, and turnout. Students will also learn combinations to further advance their jumps and turns. While this class will not perform in the recital, the skills learned will complement other dance classes.



DANCE



Monday – Coac	h Katie, Coach Taylor & Coach Cass	ie	
Competition Cl	asses Starting at 5:00P		
	Lunar Competition Team	Ages 6 & up	
	Sunburst Competition Team	Ages 6 & up	
Tuesday – Ms. (Gwen		1
3:00–3:45P	Ballet & Tap	Ages 3–5	\$239
3:45-4:30P	Ballet & Tap	Ages 6–8	\$239
4:30–5:15P	Inclusive Dance	Ages 5–10	\$239
Tuesday – Ms. k	Katie		
5:15–5:45P	Нір Нор	Ages 8 & up	\$239
Tuesday – Ms. k	Katie & Ms. Gabby	1	
6:00-8:00P	Competition Poms Team	Ages 6 & up	
Tuesday – Ms. C	Gabby	I	
8:00-8:45P	Poms	Ages 8 & up	\$239
Wednesday – M	ls. Mackenzie	1	
4:30–5:00P	Turns, Leaps & Jumps Technique (Non Recital)	Ages 8 and up	\$189
5:00–5:45P	Jazz	Ages 12 & up	\$239
Wednesday – N	ls. Payal	1	
6:00–6:45P	Bollywood	Ages 6 & up	\$239
Wednesday – N	ls. Gwen	1	
6:45-7:30P	Jazz	Ages 6–8	\$239
7:30–8:15P	Musical Theatre	Ages 8 & up	\$239
8:15–9:00P	Inclusive Dance	Ages 11–15	\$239
Thursday – Ms.	Trish		
4:45-5:30P	Preschool Ballet & Tap	Ages 3–5	\$239
5:30–6:15P	Hip Hop/Jazz	Ages 5–8	\$239
Thursday – Ms.	Gabby	1	
6:30–7:15P	Poms	Ages 6–8	\$239
7:15-8:00P	Нір Нор	Ages 6–8	\$239
8:00-8:45P	Lyrical	Ages 10 & up	\$239
Saturday- Ms. O	Jabby		
9:30–10:15A	Preschool Ballet & Tap	Ages 3–6	\$239
10:15–11:00A	Preschool Hip Hop	Ages 3–6	\$239
11:00–11:45A	Poms	Ages 4–7	\$239



HOT SHOT SPORT PROGRAMS



YOUTH PICKLEBALL CLASS

This class is designed to teach players the fundamentals to pickleball. Players learn the rules, parts of the court, grips, strokes, and strategy. Each class is designed to promote good sportsmanship and teamwork. This class is taught by Hot Shots Sports.

Location: Lions Park Pickleball Courts

Age: 7-10					
Th	09/05/24-10/24/24	5:45-6:30P	\$124		

YOUTH TENNIS CLASSES

This class introduces children to the early fundamentals of tennis. Using age appropriate drills and games; participants learn basic strokes, grip and early tennis skills. All activities develop gross motor skills, coordination, judgment and proper mechanics. Tennis rackets will be provided.

Location: Lions Park Tennis Courts

Age: 5-7					
Th	09/05/24-10/24/24	4:15-5:00P	\$124		
Age: 8-10					
Th	09/05/24-10/24/24	5:00-5:45P	\$124		

FLAG FOOTBALL CLASSES

The Gridiron Tots Football program includes exclusively designed equipment tailored to enhance the early football experience for each participant. The program challenges children to develop new cognitive, physical and social skills. In addition, each child will experience social interaction with children and adults in a fun environment. This class is taught by Hot Shots Sports.

Location: Eisenhower Elementary School Field

PEE WEE Age: 4-6						
Tu	09/10/24-10/22/24	4:00-4:45P	\$109			
JUN						
Age:	7-10					
Tu	09/10/24-10/22/24	4:45–5:45P	\$109			

EXTREME SPORTS CLASSES

Extreme battle of both Nerf and Dodgeball. Come have a blast playing both Nerf Battles and Dodgeball battles. Your child will have a great time in a duo sport battle.

Location: Eisenhower Elementary School Field Age: 7-12

Tu 09/10/24-10/22/24 5:45-6:45P \$109

YOUTH ATHLETICS



YOUTH SOCCER CLASSES

Location: Gary Morava Recreation Center

FUTSAL SKILLS CLINIC

Futsal is an exciting, fast-paced small sided soccer game that is played across the world. This clinic provides soccer players access to the amazing game of Futsal to improve their core abilities, foot control, and passing awareness. Players will learn skills essential to advancement on the soccer field while playing on a smaller Futsal surface. Training is focused first on developing foot skills and understanding the key aspects of Futsal, then second on scrimmaging and implementing the core techniques into each individual's skill set and game strategy.

Grades 1-2	Tu	11/05/24-12/10/24	5:00-6:00P	\$53
Grades 3-5	Tu	11/05/24-12/10/24	6:00-7:30P	\$81

PEE WEE SOCCER

Let your child's early soccer experience be a great one. The younger player develops their soccer skills and also gains confidence, coordination, motor skills and communication. The program uses age appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting and more. This class is taught by Hot Shots Sports.

Age: 3-5 Th 11/07/24-12/19/24 4:15-5:00P \$93

SOCCER SKILLS CLINIC 101

In the next stage of their progression, players increase their confidence and speed in an up-tempo game like atmosphere. The clinic's specific technique training involves strength and placement shooting, landing on the shooting foot, precision passing, settling the ball with various body parts and taking the fundamentals to the next level along and starting to learn skill maneuvers.

Age: 6-8 Th 11/07/24-12/19/24 5:00-6:00P \$93

SOCCER SKILLS CLINIC 201

In the next stage of their progression, players increase their playing stamina and speed in an up-tempo game like atmosphere. The clinic's specific technique training involves strength and placement shooting, landing on the shooting foot, precision passing, settling the ball with various body parts and advanced fundamentals and skill maneuvers. Most importantly, players are taught game concepts that will improve their decision-making and overall game.

Age: 9-12 Th 11/07/24-12/19/24 6:00-7:00P \$93

YOUTH ATHLETICS

PAGE 22 | Fall 2024

YOUTH BASKETBALL CLASSES

Location: Gary Morava Recreation Center

LIL DRIBBLERS

The Lil' Dribblers Basketball program introduces children to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills and the ability to follow directions. Through engaging exercises and interactive play, your child will develop fundamental basketball skills while having a blast in a supportive environment.

Grades 3-5	М	09/09/24-10/21/24	4:15–5:00P	\$109
Grades 3-5	М	10/28/24-12/16/24	4:15-5:00P	\$109

BASKETBALL CLINIC 101

Develop early basketball skills such as shooting, dribbling, and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini-games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun.

Age: 6-8	М	09/09/24-10/21/24	5:00-6:00P	\$109
Age: 6-8	М	10/28/24-12/16/24	5:00-6:00P	\$109

BASKETBALL CLINIC 201

Players begin to develop more advanced skills such as various guard/post techniques, setting screens, moving without the ball, and offensive spacing. Defensive instruction includes man-to-man, denying the ball, help-line and boxing out. Players spend time developing their shot using proper mechanics to be effective further from the basket. Scrimmages are played every week.

Age: 9-12	Μ	09/09/24-10/21/24	6:00-7:00P	\$109
Age: 9-12	М	10/28/24-12/16/24	6:00-7:00P	\$109



TAE KWON DO

This learn at your own pace class will teach hand and foot techniques in a safe and well supervised setting. Please come to the first class in loosefitting clothes. No class on 11/26.

Location: Gary Morava Recreation Center Age: 5-18

Tu 10/08/24-12/03/24 6:00-7:00P \$110

YOUTH ATHLETICS



YOUTH VOLLEYBALL LEAGUES

This league is designed for both boys and girls looking to learn the basic fundamentals of volleyball in a safe, fun and recreational setting! This league will meet on both Sundays and Mondays for 3rd–8th graders. Our very talented recreation staff will lead a practice and teach the players the basics of volleyball through different volleyball drills and games. Staff will focus on teaching the participants the proper way to serve, bump and rules of the game. **Sundays will be practice days and Mondays will be game days.** The registration deadline is Sunday, October 16, 2024. A \$10 late fee will apply for late registrations. A red/blue reversible jersey will be required for games. Jerseys can be purchased at Gary Morava Recreation Center for \$19.

Fee: \$104

GRADE 3-5

Su	10/27/24-12/15/24	12:30-3:00P	Gary Morava Recreation Center
М	10/28/24-12/16/24	5:00-8:00P	Weiss Community Center
GRA	DE 6-8		
Su	10/27/24-12/15/24	12:30-3:00P	Gary Morava Recreation Center
М	10/28/24-12/16/24	5:00-8:00P	Weiss Community Center

YOUTH ATHLETICS

PAGE 24 | Fall 2024

YOUTH SOCCER LEAGUES

Fall/Spring

This league is a co-op with River Trails Park District. Learn the fundamentals while having fun and learning skills in a non-competitive environment. Games are played in a 4 vs 4 to 7 vs 7 formats with goalies and played on a smaller field. Age groups may be combined if needed. Before your child may play, there's a PAYS certification that needs to be completed. All games will take place at Indian Grove Soccer Fields; each team will practice one day a week for an hour. Practices start the week of August 28. Volunteer coaches are needed; please indicate at the time of registration. Players should bring their own soccer ball to practice. Jerseys are \$19 and can be purchased at the Gary Morava Recreation Center. Registration deadline is August 17, 2024. Please note, this registration covers both the Fall 2024 and Spring 2025 seasons. If you wish to opt out for the Spring season please contact the park district prior to the spring season.

Location: Indian Grove Elementary School

Fee:	\$140
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Kindergarten	Sa	09/07/24-10/26/24
Pre-Kindergarten	Sa	09/07/24-10/26/24
1st grade	Sa	09/07/24-10/26/24
2nd grade	Sa	09/07/24-10/26/24
3rd grade	Sa	09/07/24-10/26/24
4th grade	Sa	09/07/24-10/26/24
5th grade	Sa	09/07/24-10/26/24



PRACTICES START AUGUST 28.

YOUTH BASKETBALL LEAGUES

Games will be held at Euclid Elementary School. Practices will begin the week of January 6 with games beginning January 18. You will have one practice per week.

Coaches, the more volunteers, the better!

The coaches meeting is Wednesday, December 18 at Weiss Community Center from 6:00-7:30P.

Co-Ed Kindergarten	01/06/25-03/15/25	Euclid Elementary School	\$105
1-2 Grade Boys	01/06/25-03/15/25	Euclid Elementary School	\$120
1-2 Grade Girls	01/06/25-03/15/25	Euclid Elementary School	\$120
3-4 Grade Boys	01/06/25-03/15/25	Indian Grove Elementary School	\$130
3-4 Grade Girls	01/06/25-03/15/25	Indian Grove Elementary School	\$130
5-6 Grade Boys	01/06/25-03/15/25	Gary Morava Recreation Center	\$130
5-6 Grade Girls	01/06/25-03/15/25	Gary Morava Recreation Center	\$130
Jr. High Boys (7-8 grade)	01/04/25-03/29/25	Multiple Locations	\$150
Jr. High Girls (7-8 grade)	01/04/25-03/29/25	Multiple Locations	\$150

YOUTH ATHLETICS



Jazzercise® is the original dance party workout. Blending dance with Pilates, yoga, kickboxing and strength training, one 55-minute session can burn up to 800 calories. The results? Long, lean muscles and an undeniable mood boost. Registrations taken at class. New students should arrive a minimum of 10 minutes prior to the first class.

Age 16 & Older Location Gary Morava Recreation Center, in person and virtual online classes



ADULT OPEN PLAY PICKLEBALL

Age 18 & up

Location: Gary Morava Recreation Center Gym

Fee: \$3/day \$55 - 20 punch pass

Also included in SilverSneakers, Renew Active and one-year fitness membership

Dates	Days	Times	Level
10/02-03/29	M,W, F	9:00-11:00A	Competitive
10/01-03/29	Tu,Th	9:00–11:00A	Recreational

Schedule may change due to other programming.

SilverSneakers

The Prospect Heights Park District is a SilverSneaker location. Find out if your health plan or Medicare supplement carrier offers SilverSneakers. Bring your 16-digit health ID card for a FREE fitness center membership.

PRIME

Designed specifically with you in mind (ages 18-64), Prime was created to improve your well-being and lifestyle while helping you look and feel great. Prime includes a fitness center membership. This is a benefit offered by employers and/or your health plan. To find out if you are eligible, contact your employer. Bring in your 16-digit health ID card for a FREE fitness center membership.

One Pass™

Renew Active

🖤 🜒 UnitedHealthcare

Prospect Heights Park District is also a Renew Active location. Bring in your 10 digit access code for a FREE fitness membership. The program is available with select United Healthcare Medicare Advantage plans. Contact your employer for more details.

ACTIVE&FIT/SILVER&FIT

Prospect Heights is now a new Active&Fit and Silver&Fit member. Active&Fit is for ages 18-64 and Silver&Fit is for 65+. Please bring in your code given to you by your health care provider to check eligibility.

CHECK OUT OUR NEW FITNESS CLASSES > On page 28

For more information Contact Pan Zervas | pzervas@phparks.org | 847.394.6376



FITNESS PROGRAMS

PAGE 26 | Fall 2024

FITNESS CENTER MEMBERSHIP

Fitness Center memberships can be purchased at the Front Desk during regular hours at the Gary Morava Recreation Center.

Please Note: Family memberships only apply to immediate family members residing in the same household. Proof of residency may be required. Must be 12 years & up to use fitness equipment in the Fitness Center. Youth ages 12-13 must be accompanied by a parent or guardian. No one under the age of 16 may use the sauna. Memberships cannot be transferred to another person.

MEMBERSHIP RATES

Students: 12-23 years with school ID **Individual:** 18-23 years with no school ID and 24-61 **Senior:** 62 years & up Additional Family Members

One Year Fitness Memberships	Resident	Non- Resident
Individual	\$175	\$200
Additional Family Member	\$100	\$120
Student/Senior	\$99	\$115
One Year Gym & Racquetball Memberships	Resident	Non- Resident
Individual	\$59	\$77
Student/Senior	\$39	\$43
Six Month Fitness Membership	Resident	Non- Resident
Individual	\$125	\$150
Additional Family Member	\$75	\$85
Student/Senior	\$60	\$75
Three Month Fitness Memberships	Resident	Non- Resident
Individual	\$75	\$85
Additional Family Member	N/A	N/A
Student/Senior	\$40	\$50

DAILY FEES

Fitness Center	\$5/person
Open Gym	\$3/person
Racquetball Court	\$10/person/hour

FITNESS CENTER HOURS

Monday–Thursday	6:00A-9:00P
Friday	6:00A-6:00P
Saturday	8:00A-5:00P
Sunday	8:00A-5:00P

AVAILABLE EQUIPMENT

- Cardio Theater Entertainment System
- Precor Treadmills
- Precor Elliptical Machines
- Precor Recumbent Bikes
- Stationary Bikes
- Concept2 Rowers
- Rig
- Complete line of strength machines
- Full range of 5–60 lb. dumbbells, free weights, squat rack & cable crossover
- NuStep Sit Down Elliptical
- 5–45 lb. Bumper Plates
- 20-60 lb. EZ-Curl Bars

FITNESS MEMBERSHIP

Memberships Includes:

Unlimited access to the fitness center, and access to open gym, racquetball court, and locker room. Members can take advantage of our cardio and strength machines, free weights, and balance/ resistance equipment. One Year Fitness Membership includes Open Play Pickleball from October–May. (See page 26 for hours.)

RACQUETBALL & OPEN GYM

Memberships Includes:

Unlimited access to the racquetball court and open gym. Racquetball & Open Gym membership does not include Pickleball or Fitness Center.

RACQUETBALL COURT PROCEDURES:

- 1. All players must scan their passes at the front desk or pay the daily fee prior to entering the court.
- 2. Players may reserve the court seven days ahead for one hour.
- 3. Court may be booked for one hour for each member. Register online or call Front Desk at 847.394.2848 to book time.
- 4. Reservations are on the hour (7:00A, 8:00A, etc.).

FITNESS PROGRAMS



GROOVAROO

GroovaRoo is a fun, beginner friendly, dance workout for you and your baby. Classes are for people with little ones that can be worn on your front and/or bigger kids worn on your back, both in a 2-shoulder carrier. Older children are welcome to attend class with you. They can dance with us or just hang out in the room; however, they must stay inside the room with you. If the mother is dancing, she must be 6 weeks postpartum and cleared for exercise. Babies must be at least 6 weeks old. There is no age maximum for children if you are comfortable wearing them. Dress yourself and baby in layers for comfort. Wear sneakers. Bring water. Come meet fellow caregivers in your community in this fun filled class! Are you new to babywearing? That's no problem! Come early for carrier assistance. Forgot your carrier? We have a extras available.

Location: Gary Morava Recreation Center

Age: 6 weeks and older

09/11/24	9:30–10:30A	Free
09/18/24-10/09/24	9:30–10:30A	\$39
10/16/24	9:30–10:30A	Free
10/23/24-11/20/24	9:30–10:30A	\$39
	09/18/24-10/09/24 10/16/24	09/18/24-10/09/24 9:30–10:30A 10/16/24 9:30–10:30A

SQUARE DANCING FUN

Join us for some square-dancing fun with the Arlington Squares Dance Club. Today's square dancing is exercise because of all the walking you do to the beat of the music; it is social because of all the friendly people you meet, and it is mentally stimulating because of the calls you learn and respond to while dancing. You will gain all these benefits while having fun! While Country-Western is certainly the traditional music for square dancing, today's dancers move to various music, including current rock hits. As long as the music has a good beat, it can be used for square dancing! No partner is needed, so singles and couples are welcome to attend lessons, as are youths in grades four and up, accompanied by an adult. No prior experience is needed. Dance assistants will be there to guide you. Wear casual clothes and comfortable shoes.

Location: Gary Morava Recreation Center

Age: All Ages

Sa	09/07/24	10:00A-12:00P	Free
Sa	09/14/24-01/11/25	10:00A-12:00P	\$135

ADULT TAP

This class is for anyone who has watched Fred Astaire dance and wondered, "How does he do that?" Geared to beginners and those with some tap experience. A warmup reviewing basic steps will begin the class. Then, we will learn a routine utilizing the steps from the warm-up. Tap is a great way to get your steps in and keep in shape. Tap shoes are not required; you may wear any sole shoe.

Location: Gary Morava Recreation Center

Instructor: Susan Pritzker

Age:	18+
------	-----

W	09/04	10:00–10:45A	Free
W	09/11–10/16	10:00–10:45A	\$64
W	10/23–12/4	10:00–10:45A	\$64



FITNESS PROGRAMS

PAGE 28 | Fall 2024

Tai (Loca	Chi ation: Stillwater Martia Arlington Hts.	Age: All Ages I Arts, 2300 E. Rar	ıd Rd.,
Tu	08/20/24-10/08/24	9:30–10:15A	\$96
F	08/23/24-10/04/24	9:30–10:15A	\$96
Yog Loca	a ation: Gary Morava Red	Age: 16+ creation Center	
Sa	09/07/24-10/12/24	10:00–11:00A	\$65
Sa	10/26/24-12/07/24	10:00–11:00A	\$65
Tu	09/10/24-10/15/24	6:00-7:00P	\$65
Tu	10/29/24-12/12/24	6:00-7:00P	\$65
Zun Loca	1ba ation: Gary Morava Ree	Age: All Ages creation Center	
Tu	09/10/24-10/15/24	6:00-7:00P	\$66
Tu	10/29/24-12/10/24	6:00-7:00P	\$66
	n ba Gold ation: Gary Morava Ree	Age: 40+ creation Center	
W	09/11/24-10/16/24	9:00–10:00A	\$66
w	10/30/24-12/11/24	9:00–10:00A	\$66

FITNESS CLASSES



PICKLEPALOOZA

This will be a 1-day tournament with one bracket. Skill levels and ages may vary. We will be playing best 2 out of 3 games with first team to 11 points each game. A full list of rules will be e-mailed to all prior to Tournament day. This will be a doubles tournament. When registering, only one partner needs to register and pay your entrance fee. You must write your partner's name and team name when prompted to on the screen.

Location: Gary Morava Recreation Center Gymnasium

Age	:18+		
Sa	11/23	8:00A	\$25/team

ADULT ATHLETICS LEAGUES

ADULT BASKETBALL LEAGUE

Register for our fun and exciting new Adult Basketball League! This league is in partnership with Rolling Meadows Park District (Prospect Heights Park District). Games will be 5:45P, 6:45P, or 7:45P. Games will either be at Conyers Learning Academy or Gary Morava Rec Center. Teams are promised 8 games (no bye weeks). There will be a playoff tournament on the final day as well. IHSA patched officials and a 20-minute running clock. When registering, the captain of each team must register and pay for the team along with providing the name for the team and shirt/jersey color. On the day of the first game, the rest of the roster will sign a roster form. The winning team will win the annual Rolling Heights Cup & registration covered into the next season! Let's have a fun and successful season here at the PHPD/RMPD Adult Basketball League.

Location: Gary Morava Recreation Center

Age: 18+

W 09/11/24-10/30/24 5:45-8:45P

\$775/Team

FITNESS PROGRAMS

FALL BIRD WALKS

It's the start of the fall migrations! Anyone who has been around the Slough this last year has noticed a big increase in the number and types of birds. The changes we have made in the habitat are changing the inhabitants. Now that the spring migrations are starting, we invite you to join our new walk leader, Cyndi Lubecke. A long time birder and local resident, Cyndi will be taking over for Mary Lou Mellon, our grand leader for 9 years, to lead us around the Slough, experiencing the wonder of birds and learning how to spot birds and identify them. Learn where to look for birds in your community and how to adjust binoculars for your eyes. Children welcome with adults. Please bring binoculars if you have them and dress for the weather. This is a FREE class but you must register.

Location: Izaak Walton Park

Age : All Ages			
September 7 Sa	09/07/24	7:30–9:30A	Free
September 21 Sa	09/21/24	7:30–9:30A	Free





Join fellow active adults for a FREE day packed with door prizes, refreshments, health screenings and valuable resources from local organizations tailored just for you. Don't miss out on this fantastic opportunity to connect, learn, and thrive! No registration is required!

Interested in becoming a Vendor? Contact Marci Glinski at mglinski@phparks. org for more details.

ACTIVE ADULTS

PAGE 30 | Fall 2024



700 WEST RAND ROAD | MT. PROSPECT 847.255.2025

FALL GAME IMPROVEMENT

JUNIOR CAMP 2024

PGA Professional Doug Brazeau and staff will give the lessons and each student's progress will be monitored in a structured group lesson format. This is a great opportunity for the junior golfer looking to continue their progress into the fall, each lesson will have a daily theme and then instruction will be tailored to their individual ability.

- On-course competition
- Putting Clinic
- Chipping Clinic
- Full-swing Clinic on range
- Practice time on range
- Driving Range Balls included

Ages: 7-13 Split in class by ages. Location: Old Orchard Country Club

Dates: August 15, 22, 29, September 4, 12, 19 Time: Thursdays 5:00-6:00P Price: \$215

> VISIT oldorchardcc.com/junior-golf to view and register for **golf** programs

For more information contact Doug Brazeau | dbrazeau@phparks.org 847.666.4854



FALL CHALLENGE GOLF LEAGUE

We will be offering this league to the first 40 participants. The league will be separated into four teams; much like the Summer Challenge League. Teams will compete each week against each other using various formats of play. Besides competition, this league will stress on game improvement to make each student a more complete player. Areas of focus will be set-up, pre-shot routine, short-game, rules, etiquette, and full swing fundamentals. If you want to improve your game and have valuable on-course competitions, then sign up today.

The Fall Challenge League overview:

- On-course competition
- 12 rounds on course • Full-swing Clinic on range
- Practice time on range

Max 40 Participants

Ages: 8–14

Location: Old Orchard Country Club

Time: Wednesday's August - September 5:00-7:00P October 4:00-6:00P

Tryouts: August 14 at 4:30P

Dates: August: 21, 28 Sept. 4, 11, 18, 25, Oct. 2, 9, 13 (Parent/Child 4:30-6PM) 16 (Rain Make-up), 23 (Awards Night)

Fee: \$325

FALL ADVANCED CHALLENGE LEAGUE

For the golfers already playing tournament and competitive golf. The purpose of this league is to give you the opportunity to play in a competitive atmosphere and to continue your player development into the fall.

- On-course competition
- Team Hat Prizes
- 12 rounds on course
- Practice time on range
 - Awards Dinner Ceremony

Ages: 11–14 Location: Old Orchard Country Club

Time: Tuesdays, August - September. 5:00-7:00P, October 4:00-6:00P

Tryouts: August 13 at 4:30P

Dates: August: 20, 27, September 3, 10, 17, 24, October 1, 8, 15 (Rain Make-up), 20 (Parent/Child) Fee: \$325

GOLF ACADEMY

Prospect Heights Park District | 847.394.2848 | phparks.org | PAGE 31

 Team Hat Prizes

Awards Dinner Ceremony

AT OLD ORCHARD COUNTRY CLUB Starting to wedding planning process? Old Orchard Country Club's profession staff is here to help!



Contact Our Event Coodinators at 847.224.8708 or banquets@phparks.org

oldorchardcc.com | 700 W. Rand Road. | Prospect Heights, IL 60056



Basketball, soccer, dodge ball or flag football and more.

(Choose one) \$15/child

ULTIMATE BIRTHDAY PARTY

Old-fashioned party games \$15/child



Gear up and challenge your friends for a Nerf Battle! Includes one hour gym &

30 minute party room rental, Nerf Coach and all the necessary Nerf Equipment to have a Birthday Battle. (Ages 7 & up) \$24/child

MINI NINJA WARRIOR PARTY

Leap, hop, skip, run your way through obstacles and put your Ninja skills to the test. This fun, movement based class includes one hour gym & 30 minute party room rental, Ninja Coach and equipment. (Ages 4-8)

\$24/child

DANCE PARTY

Dance along with the birthday child's' favorite Pop Star -Swifty Boy Bands 80's Throwbad

Swifty, Boy Bands, 80's Throwback or you choose!

\$15/child



Any of our birthday parties can also be used as a scout troop outing or to earn your next badge. A minimum of 10 children are required for all parties. Enjoy as we take care of your party needs from start to finish. You are welcome to bring in your own food and cake! If you choose we are happy to provide pizza, hot dogs, cupcakes or cake, ice cream, drinks or goody bags to complete your party at an additional fee. Please contact Marci Glinski for more information.

CAKE DECORATING WITH GLORIA

Each child will learn to decorate a cake using different tools and techniques. Each child will bring home a decorated cake in a box as their party favor. \$24/child

> STUFF & Fluff Party

Choose your favorite FURRY FRIEND to bring to life. Many animals to choose from! Includes fiberfill stuffing, rainbow wish star, birth certificate, and take-home bag. \$24/child



For more information Contact Marci Glinski | mglinski@phparks.org | 847.666.4875



BIRTHDAY PARTY INFORMATION

LOOK AT WHAT YOU CAN RESERVE...

How about renting a room for your meeting, baby shower, or birthday party? The recreation center offers two large meeting rooms with kitchen facilities and is available for public and private use throughout the year. We also rent picnic pavilions, soccer fields, baseball fields, tennis courts and pickleball courts.

RENTAL PROCEDURES

Rentals are subject to Park District approval. The approval process may take up to 7 days, so please plan accordingly. Facility use is subject to availability and requests are granted based on appropriateness.

THE APPLICATION PROCESS IS AS FOLLOWS:

- 1. Applicant must complete and sign the Prospect Heights Park District Facility Rental Application form. The form is available online at phparks.org or paper copies at the Front Desk. You can return the form by emailing it to Rita Nebl at rnebl@phparks.org or return it to the Front Desk at the Gary Morava Recreation Center.
- 2. Upon approval of request, applicants will be notified, and a \$100 deposit may be required to secure the date.

NOTE: Prospect Heights Park District programs and activities have first priority

TIME	ELM ROOM (MEETING ROOM 1) CAPACITY 115		PINE ROOM (MEETING ROOM 2) CAPACITY 98		FULL GY	′M	1/2 GYN	1	FITNESS STUDIO						
					CAPACIT	Y 375	CAPACIT	Y 187	CAPACITY 42						
1 Hours	R \$75	NR \$90	R \$70	NR \$85	R \$80	NR \$90	R \$60	NR \$70	R \$30	NR \$40					
2 Hours	R \$95	NR \$120	R \$90	NR \$115	R \$130	NR \$145	R \$85	NR \$100	R \$60	NR \$80					
3 Hours	R \$115	NR \$150	R \$110	NR \$145	R \$180	NR \$200	R \$110	NR \$130	R \$90	NR \$120					
4 Hours	R \$135	NR \$180	R \$130	NR \$175	R \$230	NR \$255	R \$135	NR \$160	R \$120	NR \$160					
5 Hours	R \$155	NR \$210	R \$150	NR \$205	R \$280	NR \$310	R \$160	NR \$190	R \$150	NR \$200					
6 Hours	R \$175	NR \$240	R \$170	NR \$235	R \$330	NR \$365	R \$185	NR \$220	R \$180	NR \$240					
ADDITIONAL COSTS															
\$35	Oven/Stove Use														
\$60	After Hours - per hour														
\$50	Room Set Up														
\$100	Refundable Booking and Damage Deposit														
PICNIC PAVILION RENTALS															
R \$50/da	y NF	R \$75/day	Lions Park, Country Gardens, Izaak Walton and Claire Lane												
FIELD & COURT RENTALS															
R \$20/ho	ur NF	R \$30/hour	Country Gardens Soccer Field												
R \$50/ho	ur NF	R \$70/hour	Lions Park and McDonald Field Ballfields												
R \$6/hour NR \$10/hour Outdoor Tennis Courts and Pickleball Courts (Lions Park, Country Gardens Park)										ns Park,					



Scan the code or more information.

For more information, contact Rita Nebl | rnebl@phparks.org 224.248.9580



FACILITY RENTAL INFORMATION

PAGE 34 | Fall 2024



Getting your home sold in today's market takes...

experience, knowledge & a proven track record.

Homes are selling, if you have the right broker. I'm not just a real estate broker; I'm also your neighbor!

> Contact me for a complimentary market analysis today!

Karen Gatta, JD, CSC Real Estate Broker Baird & Warner 773.793.7627 cell karen.gatta@bairdwarner.com www.karengatta@bairdwarner.com

al Night Out





Get Your Business Noticed! Advertise in the Prospect Heights Park District Seasonal Print & Digital Program Guide.

Our guides remain our #1 promotional notice highlighting our seasonal programs, special events, and facilities. Your ad can reach our large and loyal online readership who regularly visit our website. And those that receive the guide.

For more information contact Edlyn Castil at ecastil@phparks.org | 847.666.4864



Contact us to customize a sponsorship package. Scan the code for more information.

vent



ponso



For more information Contact Edlyn Castil | ecastil@phparks.org | 847.666.4864

ADVERTISING & SPONSORSHIP

FUN FACTS

- Did you know two bee hives were installed near the bridge between Country Gardens and Somerset Park as part of ComEd's pollinator project near the prairie? They are thriving by foraging nectar and pollen from the prairie plantings nearby!
- Have you visited the Nature Preserve at the north end of Lions Park? The wood chip trail and stepping stone bridge over McDonald Creek were created from an Eagle Scout project, that included 49 volunteers working for a combined 224 hours.
- Have you tried the zipline playground equipment installed at School Street Park?
- Are you aware that Izaak Walton Park has two





STARTS at Country Gardens Park on Schoenbeck Rd one block North of Palatine Rd ENDS at the Prospect Heights Train Station at Camp McDonald.

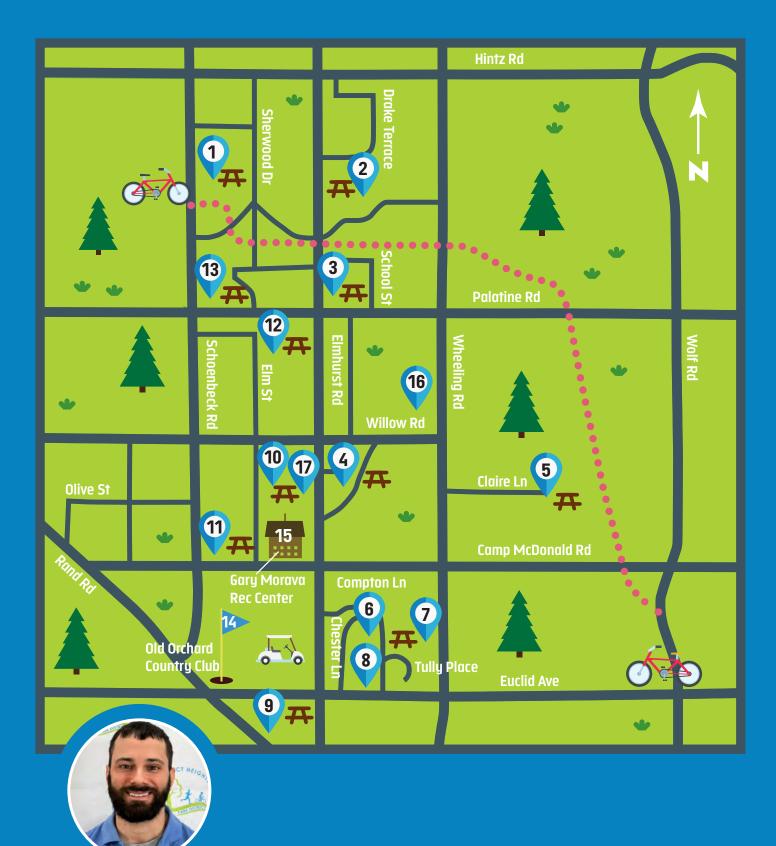
WHILE ON PARK **DISTRICT PROPERTY...**

- No drones/model aircrafts can be flown without a permit
- All dogs must be on a leash

 Are you aware that Izaak Walton Park has two sections of boardwalk that connect several nature trails and an observation deck? Check out the StoryWalk[®] in Lions Park any day of the year! It's a project of the Prospect Heights Library and Park Districts. Stroll along the gravel path and read children's stories. Stories are changed quarterly. 			PLAYGROUND	TENNIS COURT	PICKLEBALL LINES ON COURT	BASKETBALL COURT	SOFTBALL/BASEBALL FIELD	SAND VOLLEYBALL COURT	OPEN AREA	PICNIC AREA/SHELTER	OUT DOOR SWIMMING POOL	GYM	EXERCISE ROOM	RACOUETBALL COURT	MEETING ROOM	SOCCER FIELD	HANDICAP ACCESSIBLE	NATURALIZED AREAS	NATURE TRAILS
#	PARK/ADDRESS	ACRE																	
1	Country Gardens Park, 901 N Schoenbeck Rd	9.0																	
2	John Muir Park, 999 Oak Ave	4.5																	
3	School Street Park, 808 School St	3.0																	
4	Izaak Walton Park, 201 N Elmhurst Rd	4.0																	
5	Claire Lane Park, 617 Claire Lane	.50																	
6	Jaycee Park, 4 Compton Lane	1.0																	
7	7 Tully Park, 212 Tully Place																		
8	Rosemary Roth Park, 201 Chester Ln	.50																	
9	Wedgewood Park, 5 W Oxford Place, Mt Prospect	.50																	
10	Lions Park, 110 W Camp McDonald Rd	10.0																	
11	McDonald Field, 200 W Camp McDonald Rd	1.3																	
12	Kiwanis Park, 712 N Elm St	.67																	
13	Somerset Park, 204 W Palatine Frontage	26.0																	
14	Old Orchard Country Club, 700 W Rand Rd	100																	
15 Gary Morava Recreation Ctr., 110 W Camp McDonald Rd.																			
16	Walnut Woods, 610 N Wheeling Rd	8.5																	
17	17 Nature Preserve, 110 W Camp McDonald Rd 2.0																		

PARK AMENITIES

PAGE 36 | Fall 2024



For more information Contact Mark Grassi mgrassi@phparks.org 847.666.4864

MAP & PARK AMENITIES

Prospect Heights Park District | phparks.org

Prospect Heights Park District

Gary Morava Recreation Center 110 W. Camp McDonald Road Prospect Heights, IL 60070 847-394-2848 PRE-SORT STD U.S. POSTAGE PAID MOUNT PROSPECT, IL PERMIT #45

ECRWSS RESIDENTIAL CUSTOMER LOCAL

DOOKFEST Join us for some Spooky Fun!

Saturday, October 19 • 3:00-7:00P

- Haunted Hayrides
- Petting Zoo
- View the entries in the "Best Scarecrow in Town" competition.
- "Touch a Truck" at McDonald Field.
- Head over to our PH Pumpkin Patch to receive your very own GREAT PUMPKIN, for all guests 15 and under, and supplies to decorate it, while supplies last.
- Stop by the tables of our community partners and see what treats they have for you!
- All registered kids will receive a goody bag filled with Halloween tricks & treats along with a pumpkin. Costumes are encouraged to add to the fun!

See page 11 for more details.

Buy out an entire hayride for your family and friends!

Email Marci at mglinski@phparks. org for more information.