

PROSPECT HEIGHTS PARK DISTRICT PRESENTS

# GOLDEN YEARS WELLNESS EXPO

**THURS, OCTOBER 3 | 10:00A-2:00P**

**110 W. Camp McDonald Road, Prospect Heights**

**Join fellow active adults for a day packed with door prizes, refreshments, health screenings and valuable resources from local organizations tailored just for you. Don't miss out on this fantastic opportunity to connect, learn and thrive!**  
**#GoldenYearsWellnessExpo #ActiveAdults #EmbraceAging**

Interested in becoming a Vendor? Contact Marci Glinski at [mglinski@phparks.org](mailto:mglinski@phparks.org) for more details

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