



PROSPECT HEIGHTS PARK DISTRICT
WINTER • SPRING
2025 PROGRAM GUIDE

WE PAY YOU TO EAT!

DO YOU LIKE HAVING EXTRA MONEY? ARE YOU A FAN OF EATING? GET PAID TO EAT!



Register as a product tester with us and you'll get to try the latest and greatest products, give your feedback, then get paid for it!

Being a product tester is a fun and rewarding way to earn money for your opinion about food, beverage and household care products. It's easy to do, usually takes no more than an hour, and you are paid minimum \$50 per study. Everyone is welcome to sign-up and you will never be asked to purchase anything.

HOW DOES IT WORK?



STEP 1:
Create a Profile



STEP 2:
Get Notified



STEP 3:
Participate



STEP 4:
Get Paid

We also conduct tests on products designed for kids. Parents are welcome to register their children to join in the fun.




Matrix
SCIENCES



1061 Feehanville Dr,
Mt. Prospect, IL 60056
1.866.297.3486

CONTRACTTESTING.COM

   *Get Social with Us*

FACILITY INFORMATION

GARY MORAVA RECREATION CENTER

110 W. Camp McDonald Road
Prospect Heights, IL 60070
Phone 847.394.2848 | Fax 847.394.7799
Web phparks.org


OLD ORCHARD COUNTRY CLUB


700 W. Rand Road
Mount Prospect, IL 60056
Phone 847.255.2025
Web oldorchardcc.com

JOIN OUR MAILING LIST

Signup at phparks.org/eneews to get news about active adults, golf or all Park District updates.

CONNECT WITH US!

 prospectheightsparkdistrict
oldorchardcountryclub
prospectheightsparkdistrictsstarstudio
prospectheightsparkdistrictletsgo

 prospectheightsparkdistrict
phpdstarstudio

 ProspectHtsPrks

 phparks

FACILITY HOURS

GMRC FACILITY HOURS	
Monday–Thursday	6:00A–9:00P
Friday	6:00A–6:00P
Saturday	8:00A–5:00P
Sunday	8:00A–5:00P
GMRC FRONT DESK HOURS	
Monday–Thursday	7:30A–9:00P
Friday	7:30A–6:00P
Saturday	8:00A–5:00P
Sunday	9:00A–5:00P
GMRC HOLIDAY HOURS	
Thurs., November 28	Closed Thanksgiving
Fri., November 29	Open 8:00A–3:00P
Tues., December 24	Closed Christmas Eve
Wed., December 25	Closed Christmas
Tues., December 31	Open 8:00A–12:00P
Wed., January 1	Closed New Year’s Day
Sun., April 20	Closed Easter
Mon., May 26	Closed Memorial Day



CIVICREC
recreation management

- Register for programs/events
- Purchase fitness memberships or pool passes online
- Online facility rental reservations
- Manage your saved card payments, check your waiting list status, sync your events/facility reservations with your electronic calendar, and more from your online account

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**NOV
2024**

Program/Event	Date	Time	Page
Resident Registration Begins	M, Nov. 11		
Non-Resident/Partner Registration Begins	M, Nov. 18		
Family Pizza & Bingo Night	F, Nov. 22	6:00P-8:00P	
Picklepalooza	Sa, Nov. 23		29
Kids Day Off Program	M,Tu,W, Nov 25-27	7:00A-6:00P	17
Letters To Santa Begins	W, Nov. 27		9

**DEC
2024**

Holly Jolly Gingerbread Workshop	F, Dec. 13	6:00-8:00P	9
Holiday Trolley Express	W & Th Dec. 18 & 19	4:00-8:00P	10
Holiday House Decorating Judging	W & Th Dec. 18 & 19	4:00-8:00P	11
Last Day To Send a Letter To Santa	F, Dec. 20		9
Creative Performing Arts Winter Break Camp	M, Th, F Dec. 23,26,27,30, Jan. 2,3	9:00A-1:00P	16
Kids Day Off Program	M,Th,F Dec.23,26-27	7:00A-6:00P	17
Winter Break Camp	M,Th,F Dec. 30, Jan 2,3		16

**JAN
2025**

Wellness Reboot - New Years Challenge Begins	Th, Jan. 2		33
Kids Day Off Program	Th,F, Jan. 2-3	7:00A-6:00P	17
Kids Day Off Program	M, Jan. 6	7:00A-6:00P	17
Winter/Spring Dance Classes Begin	Week of M, Jan. 10		28
Kids Day Off Program	M, Jan. 20	7:00A-6:00P	17
Winter Carnival	M, Jan. 20	11:00A-1:00P	11
Family Pizza & Bingo Night	F, Jan. 31	6:00-8:00P	12

**FEB
2025**

Program/Event	Date	Time	Page
Creative Kids Preschool Open House	Th, Feb. 6	4:00-5:30P	14
Summer Camp Resident Registration Begins	M, Feb. 10		
Kids Day Off Program	F, Feb. 14	7:00A-6:00P	17
Kids Day Off Program	M, Feb. 17	7:00A-6:00P	17
Summer Camp Non-Resident/ Partner Registration Begins	M, Feb. 17		

**MAR
2025**

Family Pizza & Bingo Night	F, Mar. 14	6:00-8:00P	12
Kids Day Off Program	M, Mar. 24	7:00A-6:00P	17
Creative & Performing Arts Spring Break Camp	M-F, Mar. 24-28	9:00A-3:00P	17
Kids Day Off Program	Tu,W,Th,F March 25-28,31	7:00A-6:00P	17

**APR
2025**

Kids Day Off Program	Tu, Apr. 1	7:00A-6:00P	17
Bunny Home Visits	Sa, Apr. 12	10:00A-2:00P	12
Flashlight Egg Hunt	Th, Apr. 16	8:00P	13
Kids Day Off Program	F, Apr. 18	7:00A-6:00P	17
Spring Fling Pancake Breakfast	Sa, Apr. 19	9:00A-12:00P	13
Spring Fling Egg Hunt	Sa, Apr. 19	10:00A SHARP	13
Bunny Home Visits	Sa, Apr. 19	11:00A-2:00P	12

**MAY
2025**

KinderStop Resident Registration Begins	M, May 12		15
Kids Day Off Program	F, May 16	7:00A-6:00P	17
KinderStop Partner Resident Registration Begins	M, May 19		15
Family Pizza & Bingo Night	F, May 30	6:00-8:00P	12

CALENDAR OF EVENTS



LETTER FROM THE EXECUTIVE DIRECTOR

CHRISTINA FERRARO, CPRE

*For more information
Contact Christina Ferraro
cferraro@phparks.org
847.666.4861*

Another year is nearly over, and we have much to look forward to at the Prospect Heights Park District.

As the chill of winter settles in, I want to take a moment to reflect on the year we've shared and look forward to the opportunities the new year will bring. Winter is a season of warmth and community, and I am filled with gratitude for the spirit of unity that continues to thrive among our residents.

2024 has been a year of growth and transformation for our community. From the new initiatives aimed at improving our shared spaces (Wedgewood Park, Tully Park, the recreation center, etc.) to the incredible events (Garden Dash, Block Party, Wellness Expo, etc.) that brought us together, we've made great strides in making our community more vibrant, inclusive, and welcoming.

Looking ahead to 2025, I am excited about embarking on

the master planning process for the District. This will provide a clear roadmap for the future development and management of parks, facilities, the bike path, and green spaces. Community feedback is essential to prioritize community needs. By conducting surveys, focus groups, and engaging with residents, a master plan helps the District understand the current and future needs of its users. This plan is a critical tool for the District ensuring sustainable growth, efficient use of resources, and a well-balanced approach to meeting the evolving needs of the community. Please be ready to share your input so we can improve, prioritize and plan for the future.

May this winter season bring peace, joy, and warmth to you and your loved ones. Together, we will continue to make Prospect Heights a place we are all proud to call home.

PARK BOARD OF COMMISSIONERS



Tim Jones
President



Ellen Avery
Vice President



Eric Kirste
Treasurer



Betty Cloud
Secretary



Karl Jackson
Commissioner



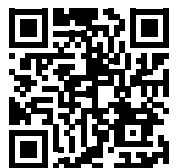
Steve Messer
Commissioner



Paul Fries
Commissioner

BOARD MEETINGS

All residents are welcome to attend our Board Meetings, held the fourth Tuesday of each month at 7:00P in the Gary Morava Recreation Center.



GENERAL INFORMATION



OUT OF DISTRICT FAIR SHARE FEES

The Prospect Heights Park District residents make a significant contribution to the financing and operations of the park district through their property taxes. This contribution is beyond the fees they pay for programs and services. The fair share fee was adopted by the park district's Board of Commissioners to equalize this financial burden. For select programs, the fair share fees will be 15% more than the park district resident fee for non-residents.

PARKS FOUNDATION

If you are interested in serving on the Parks Foundation, please contact Christina Ferraro at cferraro@phparks.org. Top three reasons you should volunteer on the Parks Foundation: 1. To maintain the quality of life you expect in your community. 2. To give back to your community. 3. To have fun accomplishing things around your community together with your neighbors.

INSURANCE

The Prospect Heights Park District does not provide accident insurance for participants in park programs. There is no insurance for loss of personal property. The Prospect Heights Park District is subject to the Local Governmental and Governmental Employees Tort Immunities Act, which grants immunities and defenses to claims arising of the use of recreational properties. Therefore, the Prospect Heights Park District is not responsible for loss of personal property or participation in recreation programs.

SAY CHEESE!

If you have great photos of you and your family or friends enjoying the Prospect Heights Park District's parks, programs or special events, we'd love to see them! These fun photos are useful in publicizing our activities and we would like to share them with your fellow residents by showcasing them in upcoming brochures. Please forward photos for consideration to ecastil@phparks.org. Be sure to include the name of the photographer and those of your subjects so we can credit you for the photo. We reserve the right to photograph and videotape all park district program participants for use on our website, brochures, newsletters, social media, cable station programming, etc.

PROSPECT HEIGHTS GARDEN CLUB

The Prospect Heights Garden Club is an active service organization which strives to be beneficial, charitable, and educational to the community, conducive to the well-being of the environment, and supportive of the cultivation of nature's beauty. Meetings are held the first Thursday of each month, from September–May, at 11:30A at the Gary Morava Recreation Center. For more information, please contact Chris Barr at chrisbarr.1@hotmail.com.

PROSPECT HEIGHTS YOUTH BASEBALL/SOFTBALL (PHYBS)

Prospect Heights Youth Baseball/Softball is proud of its tradition of offering the children of our community the best baseball, t-ball and softball programs in the northwest suburbs. Register at www.PHYBS.org

GENERAL INFORMATION

PROSPECT HEIGHTS LIONS CLUB

On March 26, 1954, this club was chartered by Lions International and we stand on a proud record of service to the visually impaired, hearing impaired, and to our own community. Thanks to the countless hours spent by our members over the years, our philanthropic dollars have been spent in the development of many civic and recreational services. For more information, contact Dan Busse at dbusse302@gmail.com.

TREE OF LIFE

Honor a loved one, a cherished organization or commemorate a special event by donating a tree to the Prospect Heights community. Donated trees are planted in one of the Park District's fourteen sites, plus the golf course. A staff member will consult with you to choose an appropriate tree and park location. All tree donations are acknowledged with a personalized engraved Gold Leaf and leaves are displayed on a plaque at the Gary Morava Recreation Center. Please call the Superintendent of Parks & Facilities at 847.666.4867 if you would like additional information.



INCLUSION ASSISTANCE

Inclusion assistance is provided by NWSRA (Northwest Special Recreation Association) to those individuals who wish to participate in their home park district programs. When registering for a park district program, the parent or individual with a disability should inform the Prospect Heights Park District (and NWSRA if desired) if any accommodations are needed in order to successfully participate in the program. The Prospect Heights Park District will then contact NWSRA for assistance with the accommodation. The request must be made two weeks prior to the start of the program. Please contact NWSRA at 847.392.2848 for further information. NWSRA is recruiting staff, contact them for employment opportunities.

SPECIAL RECREATION ASSOCIATION (NWSRA)

Make friends, have fun, go to new places, learn new things, be included and celebrate your life at NWSRA! NWSRA exists to provide outstanding opportunities through recreation for children and adults with disabilities. The team of full-time Certified Therapeutic Recreation Specialists (CTRS) and trained part-time staff provide safe, fun and accessible year-round opportunities to individuals of any age and ability level. Inclusion assistance also provides individuals with disabilities the opportunity to participate in their home park district program. NWSRA offers hundreds of virtual and in-person programming options to meet the diverse needs and interest of the community. Check out all program offerings at nwsra.org/brochure. For more information, contact the NWSRA registration office at 847.392.2848 (voice), 847.392.2855 (TTY) or email office@nwsra.org. The Prospect Heights Park District is a member of a cooperative agreement among 17 Park Districts which form the Northwest Special Recreation Association (NWSRA).

ADA COMPLIANCE

The Prospect Heights Park District is in full compliance with the Americans with Disabilities Act (ADA), which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. We invite any resident with a special need to contact our staff or the NWSRA staff for additional information regarding ADA issues. People with a disability are encouraged to visit the GMRC for information and input.

GENERAL INFORMATION

RESIDENT REGISTRATION BEGINS MONDAY, NOVEMBER 11

NON-RESIDENT/PARTNER REGISTRATION BEGINS MONDAY, NOVEMBER 18

WHO IS A PROSPECT HEIGHTS PARK DISTRICT RESIDENT?

You are a resident if you pay taxes to the Prospect Heights Park District. To confirm your residency please visit cookcountyviewer.com and enter your address.

PARTNER RESIDENT AGREEMENTS

Through our cooperative "three-for-one" agreement, all programs and most facilities offered by the three listed park districts are available to anyone living within each of the three park district boundaries. A resident of any of the three districts is considered a Partner Resident of the other two park districts and is therefore able to enroll in classes or programs at resident rates. Each of the park district golf courses will have a Partner Resident fee available on weekdays only. Although the agreement may result in an increase in the number of potential users, each park district will continue to maintain its individual identity and utilize monies available to it at present tax rates. Residents always receive priority registration within their "home district" while enjoying the added benefit of enrolling in a "partner district's" class or program at resident rates.

River Trails Park District
1500 E. Euclid Avenue
Mount Prospect, IL 60056
847.255.1200
rtpd.org

Mt. Prospect Park District
1000 W. Central Road
Mount Prospect, IL 60056
847.255.5380
mppd.org

PARTNER RESIDENT AGREEMENT WITH SCHOOL DISTRICT 23

The Prospect Heights Park District and School District 23 entered into an intergovernmental cooperation agreement to save the taxpayers money by sharing the use of properties owned by District 23 and the Prospect Heights Park District in a manner that the facilities may be utilized to their fullest capacity. Part of this agreement includes that all inhabitants who reside within School District 23 boundaries shall be considered partner residents and will not be required to pay non-resident fees.

REFUND POLICY

A refund may be requested by completing the Refund Request Form at <https://phparks.org/refund-request-form>. A full refund will be issued if the program is canceled by the Park District. Prior to the commencement of the program, refunds are given except for uniforms or supplies pre-purchased. Prorated refunds may be received for medical reasons and extenuating circumstances only with the supervisor's approval. Allow 10-15 business days for processing. No cash refunds. No refunds are given for deposits, passes, contractual programs, leagues, trips, unused activities or specials events before or after the activity unless canceled by the Park District.

For more information, Contact Rita Nebl | rnebl@phparks.org | 224.248.9580

HOW TO CREATE A NEW ACCOUNT

Everyone must have a **Customer Account to register for programs**. For Prospect Heights residents and Partner residents, you need to prove residency to get the resident rate.

If you are a resident or a partner resident: Visit us during our open hours of operation to make a customer account. You must bring proof of residency for you and your family members with the current address listed.

Adults can bring a driver's license, state ID, or one of the following: utility bill (no older than 60 days), voter registration card, or a vehicle registration card.

Children will need to show one of these: a birth certificate, parent insurance card listing dependents, current report card, school picture ID, or other form of ID a parent may have that proves the children reside at that address.

If you are a non-resident: Call 847.394.2848 to have your account set up during open hours of operation. No proof of residency is required. You will be required to give your name, address, email, phone number and date of birth.

HOW TO REGISTER

ONLINE phparks.org

WALK-IN Prospect Heights Park District
110 W. Camp McDonald Road
Prospect Heights, IL 60070

MAIL-IN/FAX Prospect Heights Park District
110 W. Camp McDonald Road
Prospect Heights, IL 60070
Fax: 847.394.7799

PHONE-IN 847.394.2848
Available for Active Adult Trips only.



REGISTRATION INFORMATION



PROSPECT HEIGHTS PARK DISTRICT REGISTRATION FORM

**RESIDENT REGISTRATION
BEGINS MONDAY, NOVEMBER 11**

**NON-RESIDENT/PARTNER
REGISTRATION
BEGINS MONDAY, NOVEMBER 18**

Account Information (Please print parent/guardian/head of household information)

FIRST NAME: _____ LAST NAME: _____
 STREET ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____
 PHONE #1: _____ PHONE #2: _____ D.O.B.: _____
 EMAIL(Required for future online registrations): _____

PAYER'S INFORMATION:

(If different than above) (name) (street address) (city) (state) (zip) (date of birth)

Activity Enrollment

Check if you need special accommodations to participate in this program

PROGRAM CODE	PROGRAM TITLE	PARTICIPANT'S NAME	BIRTH DATE	GENDER	GRADE	FEE
						\$
						\$
						\$
						\$
						\$
						\$
						\$
						\$
I would like to donate to support the Prospect Heights Parks Foundation.						\$
Total						\$

Payment Options: (Circle One) Cash Check Check # _____ Credit Card Gift Certificate \$ _____

LAST 4-DIGITS OF CREDIT CARD _____ EXPIRATION DATE _____

Return Form Options

MAIL/IN-PERSON: Prospect Heights Park District, 110 W. Camp McDonald Road, Prospect Heights, IL 60070 FAX REGISTRATION 847-394-7799

ONLINE: Save time and register at phparks.org

Please Review and Sign

WAIVER AND RELEASE- WARNING OF RISK

Recreational Activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment there is still risk of serious injury when participating in any recreational activity/ program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating and all other circumstances inherent to indoor and outdoor recreational activities/ programs exist. In this regard, must be recognized that it is impossible for the Prospect Heights Park District to guarantee absolute safety. Please read this form carefully and be aware that in signing up and participating in the listed programs/ activities, you will be expressly assuming the risk and legal liability and waiving all claims for injuries, damages or loss that you or your minor/ward might sustain as a result of participating in any and all activities connected with that associated with this program/ activities (including transportation services/ vehicle operation, when provided) I recognize and acknowledge that there are certain risks of physical injury to participants in the listed programs. I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or occur to me or my child/ward) as a result of participating in this program/activity against the Prospect Heights Park District, including its officials, agent's volunteers and employees (hereinafter collectively referred to as "Prospect Heights Park District"). I do hereby fully release and forever discharged the Prospect Heights Park District from any and all claims for injuries damages or loss that my minor child/ward or I may have, or which may occur to me and arising out of, connected with, or in any way associate with the listed programs/ activities. I have read and fully understand this important information, warning of risk, assumption of risk and waiver and release of all claims. If registering via fax, your facsimile signature shall substitute for and have the same legal effect as an original signature. On occasion, the district staff may take pictures of participants in our programs, classes events; or of people in the district's parks. Please be aware that these pictures are only for Park District use, most likely for use in future catalogs website, social media, brochures, pamphlets, posters, and flyers. I guarantee to comply with all cancellation policies published in this brochure.

PARTICIPATION WILL BE DENIED if the signature of adult participant or parent/guardian and date are not on the waiver.

Signature _____ Date _____
 (18 years or older/Parent/Guardian)

847.394.2848 110 W. CAMP MCDONALD ROAD, PROSPECT HEIGHTS, IL 60070 PHPARKS.ORG

REGISTRATION FORM



PROSPECT HEIGHTS PARK DISTRICT

110 W. Camp McDonald Road
Prospect Heights, IL 60070
Phone 847.394.2848 | Fax 847.394.7799
Web phparks.org

ADMINISTRATIVE STAFF

Christina Ferraro, CPRE, Executive Director
cferraro@phparks.org | 847.666.4861

Edlyn Castil, Marketing & Communications Manager
ecastil@phparks.org | 847.666.4864

Mark Grassi, Superintendent of Parks & Facilities
mgrassi@phparks.org | 847.666.4867

Shawn Hughes, Superintendent of Finance, HR & IT
shughes@phparks.org | 847.666.4868

Andrea Mueller, Accounting Clerk
amueller@phparks.org | 224.248.9583

Catherine Roock, HR/Payroll Coordinator
croock@phparks.org | 224.248.9581

RECREATION STAFF

Ray Doerner, CPRP, Superintendent of Recreation
rdoerner@phparks.org | 847.666.4862

Laura Fudala, CPRP, Recreation Supervisor
lfudala@phparks.org | 847.666.4878

Marci Glinski, CPRP, Recreation Supervisor
mglinski@phparks.org | 847.666.4875

Pan Zervas, Recreation Supervisor
pzervas@phparks.org | 847.394.6376

Rita Nebl, Customer Experience Supervisor
rnebl@phparks.org | 224.248.9580

OLD ORCHARD COUNTRY CLUB

700 W. Rand Road
Mount Prospect, IL 60056
Phone 847.255.2025 | Fax 847.255.4883
Web oldorchardcc.com

OLD ORCHARD COUNTRY CLUB STAFF

Marc Heidkamp, PGA, Director of Golf Operations
mheidkamp@phparks.org | 847.666.4853

Doug Brazeau, PGA, Head Golf Professional
dbrazeau@phparks.org | 847.666.4854

Pam Nauert, Event Coordinator
pnauert@phparks.org | 224.248.8708

Niko Lopez, Kitchen Manager
nlopez@phparks.org | 224.248.8709

GROUNDS STAFF

Sean Lee, Superintendent of Golf
slee@phparks.org | 847.255.2033

Alex Torres, Mechanic
atorres@phparks.org | 847.749.0088



STAFF DIRECTORY

Holly Jolly GINGERBREAD WORKSHOP

Decorating gingerbread houses is such a festive holiday activity! It's even more fun when you make it with your family. Come out to the Holly Jolly Gingerbread Decorating Workshop to create your families one of a kind masterpiece. A house, royal icing and tons of candy decor will be available to create your house. Bring your house home with you that evening. There will be online voting on our Facebook page for your family & friends to vote for the BEST Holly Jolly Gingerbread House in Prospect Heights! Top 3 houses will be awarded prizes.

This fee is for a family of up to 4 people only. Register as head of household.

F 12/13/24 6:00–8:00P \$39/family



DEC 25

SANTA CLAUS
POST OFFICE
G.P.O.

Letters to Santa

On November 27, Santa's elves will deliver Santa's magical mailbox to the Gary Morava Recreation Center. Write a letter to Santa and drop it off at his specially designated mailbox. On December 20, the elves will return Santa's magical mailbox to the North Pole so don't delay. Please remember to include your name and return address to ensure the elves know where to send Santa's response.

SPECIAL EVENTS



Holiday Trolley Express

HOLIDAY TROLLEY EXPRESS

Hop on the Holiday Trolley Express! We will venture through the area streets to see all the houses decorated for the season. During our ride we will hear a story from one of Santa's helpers and sing Christmas Carols. Upon arrival back from the ride you will have time to visit with Santa, receive a gift bag, make a holiday craft and enjoy a few of Santa's favorites treats—cookies and hot chocolate. We look forward to seeing you on the next trolley! Please be sure to register for your desired trolley time! Total time including trolley ride is 1-1.5 hours

Age: All Ages

Fee: \$15/person

Location: Gary Morava Recreation Center



SCHEDULE

W	12/18/24	4:00–4:30P	<i>Low Sensory</i>	Th	12/19/24	4:00–4:30P	<i>Low Sensory</i>
W	12/18/24	4:30–5:00P		Th	12/19/24	4:30–5:00P	
W	12/18/24	5:00–5:30P		Th	12/19/24	5:00–5:30P	
W	12/18/24	5:30–6:00P		Th	12/19/24	5:30–6:00P	
W	12/18/24	6:00–6:30P		Th	12/19/24	6:00–6:30P	
W	12/18/24	6:30–7:00P		Th	12/19/24	6:30–7:00P	
W	12/18/24	7:00–7:30P		Th	12/19/24	7:00–7:30P	
W	12/18/24	7:30–8:00P		Th	12/19/24	7:30–8:00P	

SPECIAL EVENTS



Holiday House Decorating

FREE!

Get into the Holiday Spirit Prospect Heights! Channel your inner Clark Griswald or Luther Krank to create your holiday masterpiece. Enter your home into our Holiday House Decorating Contest! Lights must be on from 4:00–8:00P on Wednesday, Dec. 18 & Thursday, Dec. 19 for judging. Voting will take place on Facebook (www.facebook.com/prospectheightsparkdistrict) from Dec. 18 to Dec. 22 with winners announced on Monday, Dec. 23. Prizes will be awarded! Open to Prospect Heights residents only. Register your house today!

Winter CARNIVAL

Join us for some Winter Fun!

We will have winter themed games, prizes, bounce house and loads of fun for all who attend! Bring your friends and join us on this extra special day off school! Be sure to bring extra money to enjoy lunch at the Carnival Concessions Stand. Parents enter FREE!

Location: Gary Morava Recreation Center

Age: 1–12

M ♥ 1/20/25 ♥ 11:00A–1:00P ♥ \$9/per child

SPECIAL EVENTS

BINGO NIGHT



FAMILY PIZZA & BINGO NIGHTS

Bring the family and friends and meet our Bingo Wizard, Wallace for a fun evening at the park district. We will enjoy pizza & dessert as we play several games of bingo and win fun prizes. Wallace, the Bingo Wizard, brings additional fun & prizes for the evening. Please be sure to register early as this is a very popular event.

Location: Gary Morava Recreation Center

Age: 2+

F	1/31/25	6:00–8:00P	\$9/person
F	3/14/25	6:00–8:00P	\$9/person
F	5/30/25	6:00–8:00P	\$9/person

FAMILY PUZZLEPALOOZA

Race against other family teams to finish the same 500 piece jigsaw puzzle. Spend time with family & friends at this fun event. Snacks & puzzle will be provided. Prizes will be awarded for the top three family teams. Teams consist of 2 adults and up to 2 kids. Only 1 family member should register.

Deadline to register: 2/7/25

Location: Gary Morava Recreation Center

Age: All Ages

F	2/28/25	6:00–9:00P	\$29/family
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BUNNY HOME VISITS

Watch your children’s eyes light up as they receive a personal visit from the Easter Bunny. We will include an egg hunt for your family & our bunny will spend approximately 10 minutes with your family to take pictures. Open to Prospect Heights Park District residents only.

Don’t miss the opportunity for the Easter Bunny to come to your house and bring a very special breakfast basket. Baskets will include everything you will need to create your own special Bunny Breakfast. Pancake mix and fixings to make bunny face pancakes, crafts and other bunny favorites. All boxes will be delivered by the Easter Bunny. Basket feeds a family of 4. This Bunny Brunch Basket makes a GREAT addition to your Bunny Home Visit.

Age: All Ages

Sa	4/12/25	10:00A–2:00P	\$35/family
Sa	4/19/25	11:00A–2:00P	\$35/family



SPECIAL EVENTS



FLASHLIGHT EGG HUNT

Join us for a night time egg hunt just for the "BIG" kids! The park location will be kept a secret until 1 week before the event. (The location and details will be emailed out to all registered participants) This EGGS-CITING event promises to be a TON of Fun for the "BIG KIDS." BE SURE TO BRING YOUR OWN FLASHLIGHT OR HEAD CAM. Pre-Registration is required.

Ages: 7-14

Th 4/17/25 8:00P \$9/person

SPRING FLING

Join us for some FREE family fun at our Annual Spring Fling!

We will start the day with a pancake breakfast sponsored by the Prospect Heights Lion's Club. For \$5/person enjoy pancakes, sausage and a beverage. Children are invited to meet the Easter Bunny, hunt for eggs, and take pictures with the Easter Bunny! Following the egg hunt join us on Lions Field to fly your kite compliments of the Prospect Heights Library, Lions Club & Park District. Limited to the first 150 kids. What a great way to enjoy the spring weather, our park and some family fun!

Registration is not necessary.

Location: Gary Morava Recreation Center

Age: All Ages

Sa 4/19/25 9:00A-12:00P Pancake Breakfast
10:00A SHARP Egg Hunt



SPECIAL EVENTS



OPEN HOUSE
 Thursday, February 6
 4:00–5:30P
 Meet the teachers, tour our classrooms & learn about our program

Our program consists of half structured and half unstructured class time. Our structured curriculum incorporates Jolly Phonics and Handwriting without Tears.

A typical day:

- Begins with exploratory time in different activity centers
- Craft of the day
- Rug time includes songs, counting, calendar, alphabet, and more
- Alternating music, musical instruments, puppets, or large muscle movements
- Snack Time
- Academic curriculum
- Ends with a visit to the park or indoor gym

The program incorporates trips which may include: fire station, library, pumpkin patch and amusement centers. An extra charge for admission and/or bus fee is required for some trips.

4 year old students can enroll in KinderStop for a full day option. See page 15 for details.

To register, a \$50 non-refundable deposit and birth certificate are required. Unfortunately, it is not possible for us to prorate your monthly payments due to vacations or illness. The annual preschool fee is broken down into equal monthly installments for ease of tracking. Monthly days of attendance will fluctuate. Automatic billing to your credit card is available. Nine monthly payments are due the first day of the month (Sept-May).

DAY	DATES	AGE	TIME	FEE Per Month
M, W, F	9/3/25-5/20/26	4-5Y	8:45A–12:00P	\$220R/\$240NR
M-F	9/2/25-5/20/26	4-5Y	8:45A–12:00P	\$335R/\$360NR
Tu, Th	9/2/25-5/19/26	3Y	8:45–11:45A	\$165R/\$190NR
Tu, Th	9/2/25-5/19/26	2Y 6m-3Y	12:00–1:00P	\$125R/\$150NR

Must be of age by Sept 1, 2025



2025-2026 CREATIVE KIDS PRESCHOOL

KINDERSTOP

The KinderStop program is operated by the Prospect Heights Park District, in cooperation with School District 23.

Participants must be 4 years of age by September 1, 2025, to participate in any KinderStop program. School District 23 will provide transportation for Early Childhood, Kindergarten and first grade participants on attendance days. Parents are responsible for notifying School District 23 that your child is enrolled in KinderStop and will need transportation. KinderStop does not meet on days when School District 23 is not in session, however we offer a Kids Day Off program. There is a \$50 non-refundable deposit for each session in which you enroll.

Ages: 4–7

Location: Gary Morava Recreation Center

Registration Deadline: August 11, 2025

**RESIDENT REGISTRATION
BEGINS: MAY 12, 2025**

**PARTNER RESIDENT
REGISTRATION
BEGINS: MAY 19, 2025**



2025–2026 (Program dates are pending final School District 23 school calendar.)

	Days	Date	Time	Monthly Fee
Before Care	M, W, F	8/20/25–6/5/26	7:00–7:50A	\$53
Before Care	Tu, Th	8/21/25–6/4/26	7:00–7:50A	\$38
Before Care	M, W, F	8/20/25–6/5/26	7:00–8:45A	\$94
Before Care	Tu, Th	8/21/25–6/4/26	7:00–8:45A	\$65
AM Program	M, W, F	8/29/25–6/5/26	8:45–11:30A	\$278
AM Program	Tu, Th	8/28/25–6/5/26	8:45–11:30A	\$183
PM Program	M, W, F	8/28/25–6/5/26	11:00A–2:30P	\$331
PM Program	Tu, Th	8/28/25–6/4/26	11:00A–2:30P	\$229
After Care	M, W, F	8/20/25–6/5/26	2:30–6:00P	\$153
After Care	Tu, Th	8/21/25–6/4/26	2:30–6:00P	\$108

**VISIT [PHPARKS.ORG/
KINDERSTOP](http://PHPARKS.ORG/KINDERSTOP) FOR
MORE DETAILS**



For more information
Contact Laura Fudala | lfudala@phparks.org | 847.666.4878

2025-2026 KINDERSTOP

CASTLES, MOATS & CATAPULTS

Build to withstand any siege! Students learn principals of construction and use math skills as they experiment with scale and size, staggering versus stacking. In a hands-on class using Lego materials, we'll work in teams to build castles, towers of strength and working catapults. On the last day, we will have a marshmallow launching challenge with our catapults.

Location: Gary Morava Recreation Center

Age: 4–6

W 2/26/25–3/19/25 6:00–7:00P \$67

ROBOT ACADEMY

Explore the world of robotics and coding in this hands-on environment, full of experiments, exploration and collaboration as we meet different robots and learn the challenges of programming and problem solving.

Location: Weiss Community Center

Age: 7–12

W 4/30/25–5/21/25 6:00–7:15P \$84

MAGIC BY GARY KANTOR

Children are guaranteed to have a great time in this class as they learn fascinating tricks from a professional magician! Amaze your family and friends with tricks that involve cards, ropes, coins, mind reading and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials will be provided, and each child will be awarded a magic certificate. Also, children can sign up for this class again and again since brand new tricks are taught at each session. The class will be taught by the team of Gary Kantor.

Location: Arlington Ridge Center

Age: 5-12

M 1/27/25 6:30–7:25P \$25

W 3/26/25 5:00–5:55P \$25

Th 5/15/25 5:00–5:55P \$25

WINTER BREAK CAMP

Join us for this fun, new winter break camp! We will have a theme for the week, do a craft, play some indoor games, and have one special day!

Parents you will receive an email one week prior to camp with a schedule of activities! Pack your child a lunch, water bottle and dress in comfortable clothes.

Grades: K–4

Location: Gary Morava Recreation Center

M, Th, F 9:00A–1:00P 12/30/24-01/03/25 \$96



KIDS DAY OFF

Wondering what to do with your kids when they have a day off school? Register for this convenient program and we'll take them on a trip, play fun games, enjoy organized sports and more. Children may be signed into the program anytime between 7:00–9:00A and signed out between 3:30–6:00P, all for the same fee. You must pre-register for each trip and children should bring a snack, water bottle and a lunch, unless otherwise noted. Registration deadline is one week prior to the day off.

Location: Gary Morava Recreation Center

Grades: K–6

Fee: \$72R/\$78NR



M	11/25/2024	Th	1/2/2025	M	3/24/2025	Tu	4/1/2025
Tu	11/26/2024	F	1/3/2025	Tu	3/25/2025	F	4/18/2025
W	11/27/2024	M	1/6/2025	W	3/26/2025	F	5/16/2025
M	12/23/2024	M	1/20/2025	Th	3/27/2025		
Th	12/26/2024	F	2/14/2025	F	3/28/2025		
F	12/27/2024	M	2/17/2025	M	3/31/2025		
M	12/30/2024						



CREATIVE & PERFORMING ARTS SPRING BREAK CAMP

Lights! Camera! Action! Join us for some spring break fun! Enjoy an amazing Creative and Performing Arts experience that will include dancing, singing, painting, acting, playwriting, crafts, set design, and so much more! This is a 5 day camp as we build on skills throughout the week. At the end of the week we will put on a small production that will be video taped and sent to all CPA families to enjoy.

Location: Gary Morava Recreation Center

Age: 6-16

M-F 3/24/25-3/28/25 9:00A–3:00P \$175

CREATIVE ARTS WITH KATIE

Looking for a fun and easy art class? Grab your paintbrush and try Creative Arts With Katie! Each week we will be exploring simple techniques with a new medium, and complete a fun and open ended project! Learn about watercolor, acrylic paint, markers, colored pencils, splatter paint, collaging and more!

Location: Gary Morava Recreation Center

Age: 6–12

M	1/13/25–2/3/25	3:30–4:30P	\$48
M	2/17/25–3/10/25	3:30–4:30P	\$48
M	4/7/25–4/28/25	3:30–4:30P	\$48

CHILDREN'S PROGRAMS



YOUTH BASEBALL CLASSES

Location: Eisenhower Elementary School Baseball Field

LIL LEAGUERS BASEBALL: JUNIORS

The Juniors baseball program is designed to give children an opportunity to begin their baseball playing experience in a fun and supportive environment. During the class, activities are introduced to promote proper balance, equipment, hand eye coordination, following directions and early baseball fundamentals. Players of all skill sets will be able to participate and learn the great game of baseball! Players should bring their own gloves, helmets and bats will be provided. Parent participation is required for this program.

Age: 2-3

Th	4/3/25-5/29/25	5:00-5:45P	\$140
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LIL LEAGUERS BASEBALL: ROOKIES

The Rookies program is designed to progress children through their early baseball experience. Simple skills acquired in the Juniors division are reinforced and other aspects of the game are introduced in a fun and supportive environment. Fielding, throwing, catching, and hitting are focused on each week, with the aim to introduce players to a controlled scrimmage by the end of the session. Players of all skill sets will be able to participate and learn the great game of baseball! Players should bring their own gloves, helmets and bats will be provided.

Age: 3-5

Th	4/3/25-5/29/25	4:15-5:00P	\$140
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BASEBALL CLINIC 101

This baseball class gives players an introduction to baseball. Players work on technique and enhancing form in this comprehensive skills clinic. This program teaches throwing mechanics as well as batting stance, bat positioning and speed, using both live pitching and hitting off the tee. Players learn various positions in the field through game play and basic in game strategy. Players should bring their own gloves, and be ready for fun fast paced learning environment.

Age: 6-8

Th	4/3/25-5/29/25	5:45-6:45P	\$140
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YOUTH BASKETBALL CLASSES

Location: Gary Morava Recreation Center

LIL DRIBBLERS

The Lil' Dribblers Basketball program introduces children to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills and the ability to follow directions. Through engaging exercises and interactive play, your child will develop fundamental basketball skills while having a blast in a supportive environment.

Age: 3-5

M	1/6/25-3/17/25	4:15-5:00P	\$140
M	3/31/25-5/19/25	4:15-5:00P	\$124

BASKETBALL CLINIC 101

Develop early basketball skills such as shooting, dribbling, and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini-games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun.

Age: 6-8

M	1/6/25-3/17/25	5:00-6:00P	\$140
M	3/31/25-5/19/25	5:00-6:00P	\$124

BASKETBALL CLINIC 201

Players begin to develop more advanced skills such as various guard/post techniques, setting screens, moving without the ball, and offensive spacing. Defensive instruction includes man-to-man, denying the ball, help-line and boxing out. Players spend time developing their shot using proper mechanics to be effective further from the basket. Scrimmages are played every week.

Age: 9-12

M	1/6/25-3/17/25	6:00-7:00P	\$140
M	3/31/25-5/19/25	6:00-7:00P	\$124



ADULT SPRING BASKETBALL LEAGUE

Register for our fun and exciting new Adult Basketball League! This league is in partnership with Rolling Meadows Park District. Games will be 5:30P, 6:30P, or 7:30P

WE WILL DO OUR BEST TO SCHEDULE MOST GAMES TO BE IN THE 6:30 OR 7:30P TIME SLOT.

Games will either be at Conyers Learning Academy or Gary Morava Rec Center. Teams are promised 10 games, including a double elimination playoff tournament. IHSA patched officials will be officiating and the game will consist of Two (2) 20 minute halves with a running clock.

Age: 18+

W 04/02/25-06/05/25

5:30-8:30P

\$800/team or \$80/individual without team



YOUTH AND ADULT ATHLETICS

YOUTH SOCCER CLASSES

Location: Eisenhower Elementary School Field

PEE WEE SOCCER

Let your child's early soccer experience be a great one. The younger player develops their soccer skills and also gains confidence, coordination, motor skills and communication. The program uses age appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting and more. This class is taught by Hot Shots Sports.

Age: 3–5

W 4/2/25–5/28/25 4:15–5:00P \$140



SOCCER SKILLS CLINIC 101

In the next stage of their progression, players increase their confidence and speed in an up-tempo game like atmosphere. The clinic's specific technique training involves strength and placement shooting, landing on the shooting foot, precision passing, settling the ball with various body parts and taking the fundamentals to the next level along and starting to learn skill maneuvers.

Age: 6–8

W 4/2/25–5/28/25 5:00–6:00P \$140

HOME SCHOOL P.E.

Home School P.E. will rotate through a variety of sports activities and games to provide sport fundamentals, strength and mobility training, as well as social growth and team participation. Students will participate in age appropriate activities that include fitness, team building games, and sport specific skills. This class is a great way to get your child up and moving, learning new skills, trying new activities and making friends!

Location: Gary Morava Recreation Center

Age: 6–10

M 1/6/25–3/17/25 11:00A–12:00P \$140

Tu 1/7/25–3/18/25 11:00A–12:00P \$171



TAE KWON DO

This learn at your own pace class will teach hand and foot techniques in a safe and well supervised setting. Please come to the first class in loose-fitting clothes.

Location: Gary Morava Recreation Center

Age: 5-18

Tu 1/7/25–3/18/25 6:00–7:00P \$110

Tu 4/1/25–6/17/25 6:00–7:00P \$110

YOUTH ATHLETICS



SUMMER CAMP REGISTRATION

RESIDENT REGISTRATION
BEGINS FEBRUARY 10

NON-RESIDENT/PARTNER
REGISTRATION
BEGINS FEBRUARY 17

CAMP OPEN HOUSE

We will have a camp open house on Thursday, June 5, from 5:30 to 6:30P at the Gary Morava Recreation Center. We invite you to stop in and take a tour of our facilities, meet the counselors in your child's camp and ask questions. Camp lunch forms will be available starting at the camp open house.

Our Camp Director and Coordinators are seasoned staff members who have been with us for numerous years and are currently pursuing or have completed a college degree. All of our counselors for camps with children over five years of age, have graduated high school and show an aptitude towards childcare education.

CAMP REGISTRATION DATES & PAYMENT

OPTION 1 – PAYMENT IN FULL

OPTION 2 – AUTOMATIC BILL PAY

1. Provide a credit/debit card to be billed that is valid for all camp weeks.
2. You will pay a \$5 deposit for each session you register your child.
3. Your saved credit/debit card will be charged 7 days prior to the start of the camp week.

REFUND GUIDELINES

Cancellation of automatic bill payment weeks or refund requests must be submitted by the deadline printed in the Summer Camp Parent Manual. Payments are not prorated due to vacations or illness. To request a refund, please complete the form at <https://phparks.org/refund-request-form>.

Camp Week	Auto Bill Date	Registration Deadline (12P)
Week 1 - 06/09	06/02	06/04
Week 2 - 06/16	06/09	06/11
Week 3 - 06/23	06/16	06/18
Week 4 - 06/30	06/23	06/25
Week 5 - 07/07	06/30	07/02
Week 6 - 07/14	07/07	07/09
Week 7 - 07/21	07/14	07/16
Week 8 - 07/28	07/21	07/23
Week 9 - 08/04	07/28	07/30
Week 10 - 08/11	08/04	08/06

For more information
Contact Laura Fudala
lfudala@phparks.org | 847.666.4878



SUMMER CAMP

EARLY EXPLORERS

This will be the first experience of camp for your 3Y-4Y (entering 3Y-4Y preschool) campers! We will have lots of indoor and outdoor small group activities, games and crafts! Campers will also go swimming during non-public swim time and will stay in the zero depth end of the pool. Campers must be fully potty trained. No diapers or pull ups will be allowed.

Age: 3-4

Time: 9:00A-1:30P

Location: Gary Morava Recreation Center

Days	Dates	Fee R/NR
M, W, F	6/09/2025-6/13/2025	\$96/\$106
Tu, Th	6/10/2025-6/12/2025	\$64/\$74
M, W, F	6/16/2025-6/20/2025	\$96/\$106
Tu, Th	6/17/2025-6/19/2025	\$64/\$74
M, W, F	6/23/2025-6/27/2025	\$96/\$106
Tu, Th	6/24/2025-6/26/2025	\$64/\$74
M, W	6/30/2025-7/2/2025	\$64/\$74
Tu, Th	7/01/2025-7/3/2025	\$64/\$74
M, W, F	7/07/2025-7/11/2025	\$96/\$106
Tu, Th	7/08/2025-7/10/2025	\$64/\$74
M, W, F	7/14/2025-7/18/2025	\$96/\$106
Tu, Th	7/15/2025-7/17/2025	\$64/\$74
M, W, F	7/21/2025-7/25/2025	\$96/\$106
Tu, Th	7/22/2025-7/24/2025	\$64/\$74
M, W, F	7/28/2025-8/1/2025	\$96/\$106
Tu, Th	7/29/2025-7/31/2025	\$64/\$74
M, W, F	8/04/2025-8/8/2025	\$96/\$106
Tu, Th	8/05/2025-8/7/2025	\$64/\$74
M, W, F	8/11/2025-8/15/2025	\$96/\$106
Tu, Th	8/12/2025-8/14/2025	\$64/\$74

EXPLORERS

This enriching camp will promote a healthy lifestyle through active play and social activities. Your child's strengths will be showcased through a variety of daily activities including arts and crafts, small group games, open swim and more! Explorers camp will take off site field trips.

Age: 5-7 (Entering Grade K-2)

Time: 9:00A-3:00P

Location: Gary Morava Recreation Center

Days	Dates	Fee R/NR
M, W, F	6/09/2025-6/13/2025	\$104/\$119
Tu, Th	6/10/2025-6/12/2025	\$72/\$87
M, W, F	6/16/2025-6/20/2025	\$104/\$119
Tu, Th	6/17/2025-6/19/2025	\$72/\$87
M, W, F	6/23/2025-6/27/2025	\$104/\$119
Tu, Th	6/24/2025-6/26/2025	\$72/\$87
M, W	6/30/2025-7/2/2025	\$72/\$87
Tu, Th	7/01/2025-7/3/2025	\$72/\$87
M, W, F	7/07/2025-7/11/2025	\$104/\$119
Tu, Th	7/8/2025-7/10/2025	\$72/\$87
M, W, F	7/14/2025-7/18/2025	\$104/\$119
Tu, Th	7/15/2025-7/17/2025	\$72/\$87
M, W, F	7/21/2025-7/25/2025	\$104/\$119
Tu, Th	7/22/2025-7/24/2025	\$72/\$87
M, W, F	7/28/2025-8/1/2025	\$104/\$119
Tu, Th	7/29/2025-7/31/2025	\$72/\$87
M, W, F	8/04/2025-8/8/2025	\$104/\$119
Tu, Th	8/05/2025-8/7/2025	\$72/\$87
M, W, F	8/11/2025-8/15/2025	\$104/\$119
Tu, Th	8/12/2025-8/14/2025	\$72/\$87

NO CAMP ON JULY 4



SUMMER CAMP

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ADVENTURE CAMP

This enrichment camp will promote a healthy lifestyle through active play and enriching social activities. Your child's strengths will be showcased through a variety of daily activities including arts and crafts, small group games, open swim and much more. This camp will take off-site field trips.

Age: 8–11 (Entering Grade 3–6)

Time: 9:00A–3:00P

Location: Eisenhower Elementary School

Days	Dates	Fee R/NR
M, W, F	6/09/2025-6/13/2025	\$104/\$119
Tu, Th	6/10/2025-6/12/2025	\$72/\$87
M, W, F	6/16/2025-6/20/2025	\$104/\$119
Tu, Th	6/17/2025-6/19/2025	\$72/\$87
M, W, F	6/23/2025-6/27/2025	\$104/\$119
Tu, Th	6/24/2025-6/26/2025	\$72/\$87
M, W	6/30/2025-7/2/2025	\$72/\$87
Tu, Th	7/01/2025-7/3/2025	\$72/\$87
M, W, F	7/07/2025-7/11/2025	\$104/\$119
Tu, Th	7/08/2025-7/10/2025	\$72/\$87
M, W, F	7/14/2025-7/18/2025	\$104/\$119
Tu, Th	7/15/2025-7/17/2025	\$72/\$87
M, W, F	7/21/2025-7/25/2025	\$104/\$119
Tu, Th	7/22/2025-7/24/2025	\$72/\$87
M, W, F	7/28/2025-8/1/2025	\$104/\$119
Tu, Th	7/29/2025-7/31/2025	\$72/\$87
M, W, F	8/04/2025-8/8/2025	\$104/\$119
Tu, Th	8/05/2025-8/7/2025	\$72/\$87
M, W, F	8/11/2025-8/15/2025	\$104/\$119
Tu, Th	8/12/2025-8/14/2025	\$72/\$87

NO CAMP ON JULY 4

TRAVEL CAMP

Come travel with us! This camp will provide a new adventure each day! We will spend three days experiencing all the suburbs have to offer from water parks to entertainment venues. The other two days of the week campers will engage in various small group activities. All admissions are included in the camp fees.

Age: 10–13 (Entering Grade 5–8)

Time: 9:00A–3:00P

Location: Gary Morava Recreation Center

Days	Dates	Fee R/NR
M-F	6/09/2025-6/13/2025	\$194/\$219
M-F	6/16/2025-6/20/2025	\$194/\$219
M-F	6/23/2025-6/27/2025	\$194/\$219
M-Th	6/30/2025-7/3/2025	\$155/\$175
M-F	7/07/2025-7/11/2025	\$194/\$219
M-F	7/14/2025-7/18/2025	\$194/\$219
M-F	7/21/2025-7/25/2025	\$194/\$219
M-F	7/28/2025-8/1/2025	\$194/\$219
M-F	8/04/2025-8/8/2025	\$194/\$219



SUMMER CAMP

BEFORE CARE

Before care is designed exclusively for children enrolled in the day camp program. Drop off is anytime between 7:00–9:00A. Campers will be walked from before care to their camp.

Age: 5–13 (Entering Grade K–8)

Time: 7:00–9:00A

Location: Gary Morava Recreation Center

Days	Dates	Fee R/NR
M, W, F	6/09/2025-6/13/2025	\$50/\$65
Tu, Th	6/10/2025-6/12/2025	\$37/\$52
M, W, F	6/16/2025-6/20/2025	\$50/\$65
Tu, Th	6/17/2025-6/19/2025	\$37/\$52
M, W, F	6/23/2025-6/27/2025	\$50/\$65
Tu, Th	6/24/2025-6/26/2025	\$37/\$52
M, W	6/30/2025-7/2/2025	\$37/\$52
Tu, Th	7/01/2025-7/3/2025	\$37/\$52
M, W, F	7/07/2025-7/11/2025	\$50/\$65
Tu, Th	7/08/2025-7/10/2025	\$37/\$52
M, W, F	7/14/2025-7/18/2025	\$50/\$65
Tu, Th	7/15/2025-7/17/2025	\$37/\$52
M, W, F	7/21/2025-7/25/2025	\$50/\$65
Tu, Th	7/22/2025-7/24/2025	\$37/\$52
M, W, F	7/28/2025-8/1/2025	\$50/\$65
Tu, Th	7/29/2025-7/31/2025	\$37/\$52
M, W, F	8/04/2025-8/8/2025	\$50/\$65
Tu, Th	8/05/2025-8/7/2025	\$37/\$52
M, W, F	8/11/2025-8/15/2025	\$50/\$65
Tu, Th	8/12/2025-8/14/2025	\$37/\$52

AFTER CARE

The after care program is exclusively for children enrolled in the Prospect Heights Park District day camp. Counselors will walk the kids from their camp to the after care room. After care activities include playground time, gym time, and small group activities.

Age: 5–13 (Entering Grade K–8)

Time: 3:00–6:00P

Location: Gary Morava Recreation Center

Days	Dates	Fee R/NR
M, W, F	6/09/2025-6/13/2025	\$58/\$73
Tu, Th	6/10/2025-6/12/2025	\$41/\$56
M, W, F	6/16/2025-6/20/2025	\$58/\$73
Tu, Th	6/17/2025-6/19/2025	\$41/\$56
M, W, F	6/23/2025-6/27/2025	\$58/\$73
Tu, Th	6/24/2025-6/26/2025	\$41/\$56
M, W	6/30/2025-7/2/2025	\$41/\$56
Tu, Th	7/01/2025-7/3/2025	\$41/\$56
M, W, F	7/07/2025-7/11/2025	\$58/\$73
Tu, Th	7/08/2025-7/10/2025	\$41/\$56
M, W, F	7/14/2025-7/18/2025	\$58/\$73
Tu, Th	7/15/2025-7/17/2025	\$41/\$56
M, W, F	7/21/2025-7/25/2025	\$58/\$73
Tu, Th	7/22/2025-7/24/2025	\$41/\$56
M, W, F	7/28/2025-8/1/2025	\$58/\$73
Tu, Th	7/29/2025-7/31/2025	\$41/\$56
M, W, F	8/04/2025-8/8/2025	\$58/\$73
Tu, Th	8/05/2025-8/7/2025	\$41/\$56
M, W, F	8/11/2025-8/15/2025	\$58/\$73
Tu, Th	8/12/2025-8/14/2025	\$41/\$56

NO CAMP ON JULY 4

SUMMER CAMP

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SPORTS CAMP FUN



SPORTS CAMP 2ND-5TH GRADE

This camp is for both boys and girls who want to engage in a variety of sport activities. Campers will participate in volleyball, basketball, soccer, whiffle ball, floor hockey, flag football and gaga ball and other favorite camp games! Campers will also learn good sportsmanship! This camp takes off site field trips.

Time: 9:00A–3:00P

Location: Lions Park

Days	Dates	Fee R/NR
M, W, F	6/09/2025-6/13/2025	\$104/\$119
Tu, Th	6/10/2025-6/12/2025	\$72/\$87
M, W, F	6/16/2025-6/20/2025	\$104/\$119
Tu, Th	6/17/2025-6/19/2025	\$72/\$87
M, W, F	6/23/2025-6/27/2025	\$104/\$119
Tu, Th	6/24/2025-6/26/2025	\$72/\$87
M, W	6/30/2025-7/2/2025	\$72/\$87
Tu, Th	7/01/2025-7/3/2025	\$72/\$87
M, W, F	7/07/2025-7/11/2025	\$104/\$119
Tu, Th	7/08/2025-7/10/2025	\$72/\$87
M, W, F	7/14/2025-7/18/2025	\$104/\$119
Tu, Th	7/15/2025-7/17/2025	\$72/\$87
M, W, F	7/21/2025-7/25/2025	\$104/\$119
Tu, Th	7/22/2025-7/24/2025	\$72/\$87
M, W, F	7/28/2025-8/1/2025	\$104/\$119
Tu, Th	7/29/2025-7/31/2025	\$72/\$87
M, W, F	8/04/2025-8/8/2025	\$104/\$119
Tu, Th	8/05/2025-8/7/2025	\$72/\$87
M, W, F	8/11/2025-8/15/2025	\$104/\$119
Tu, Th	8/12/2025-8/14/2025	\$72/\$87

SPORTS CAMP 6TH-8TH GRADE

This camp is for both boys and girls who want to engage in a variety of sport activities. Campers will participate in volleyball, basketball, soccer, whiffle ball, floor hockey, flag football and other camp favorite games! Campers will also learn the value of sportsmanship. This camp will take off site field trips.

Time: 9:00A–3:00P

Location: Lions Park

Days	Dates	Fee R/NR
M, W, F	6/09/2025-6/13/2025	\$104/\$119
Tu, Th	6/10/2025-6/12/2025	\$72/\$87
M, W, F	6/16/2025-6/20/2025	\$104/\$119
Tu, Th	6/17/2025-6/19/2025	\$72/\$87
M, W, F	6/23/2025-6/27/2025	\$104/\$119
Tu, Th	6/24/2025-6/26/2025	\$72/\$87
M, W	6/30/2025-7/2/2025	\$72/\$87
Tu, Th	7/01/2025-7/3/2025	\$72/\$87
M, W, F	7/07/2025-7/11/2025	\$104/\$119
Tu, Th	7/08/2025-7/10/2025	\$72/\$87
M, W, F	7/14/2025-7/18/2025	\$104/\$119
Tu, Th	7/15/2025-7/17/2025	\$72/\$87
M, W, F	7/21/2025-7/25/2025	\$104/\$119
Tu, Th	7/22/2025-7/24/2025	\$72/\$87
M, W, F	7/28/2025-8/1/2025	\$104/\$119
Tu, Th	7/29/2025-7/31/2025	\$72/\$87
M, W, F	8/04/2025-8/8/2025	\$104/\$119
Tu, Th	8/05/2025-8/7/2025	\$72/\$87
M, W, F	8/11/2025-8/15/2025	\$104/\$119
Tu, Th	8/12/2025-8/14/2025	\$72/\$87

SUMMER CAMP



HOT SHOTS SPORTS SUMMER SKILLS CAMP

These 3-hour sports camps are ran by Hot Shots sports. They are meant for your kids to learn the sport of the week in a fun environment. Laughs will be had, skills will be learned, and your child(ren) will come out of these with a smile on their face and their skills improved. Please send a snack for a mid-day snack break for all kids.

Time: 9:00A–12:00P

Location: Country Gardens Park

Basketball Age: 8-12		
M–F	6/16/25-6/20/25	\$150
M–F	7/21/25-7/25/25	\$150
Flag Football Age: 6-10		
M–F	6/09/25-6/13/25	\$150
M–F	7/07/25-7/11/25	\$150
M–F	7/28/25-8/1/25	\$150
Soccer Age: 6-10		
M–F	6/23/25-6/27/25	\$150
M–F	7/14/25-7/18/25	\$150
Sports Battle: Nerf and Dodgeball Age: 6-10		
M–Th	6/30/25-7/3/25	\$120
M–F	8/04/25-8/8/25	\$150

PRODUCTION CAMP

The curtain is going up...for a summer filled with the excitement and magic of theater! In just a few short weeks, our talented staff will help the campers put on a full-scale musical theatre production! Campers will also learn the basic techniques of acting, singing and dancing for musical theatre. Theatre fundamentals are emphasized with first-hand tricks to memorizing lines, character development, costuming, set design and so much more. Boys and girls are welcome! Fee includes a Production t-shirt. Our show will be on Thursday, July 24 at 6:30P.

Age: 6–16 (Entering Grade 1–10)

Location: Gary Morava Recreation Center

M–Th 6/16/25-7/24/25 3:00–6:00P \$209

PRODUCTION CAMP AFTER CARE

This camp is geared for those participants enrolled in our Production Camp and need after care on Fridays only. No program on July 4.

Age: 6–16

Location: Gary Morava Recreation Center

F 6/20/25–7/25/25 3:00–6:00P \$18/day



SUMMER CAMP



CREATIVE & PERFORMING ARTS CAMP

Lights! Camera! Action! Fun! Join us for a fun spin on summer camp. Enjoy an amazing Creative and Performing Arts experience that will include dancing, singing, painting, acting, playwriting, crafts, set design, and so much more! This is a 5 day camp as we build on skills throughout the week. The camp fee includes 1 special event/field trip

Age: 6–16 (Entering Grade 1–10)

Time: 9:00A–3:00P

Location: Gary Morava Recreation Center

Week	Days	Dates	Fee R/NR
Week 1	M-F	6/09/2025-6/13/2025	\$194/\$219
Week 2	M-F	6/16/2025-6/20/2025	\$194/\$219
Week 3	M-F	6/23/2025-6/27/2025	\$194/\$219
Week 4	M-Th	6/30/2025-7/3/2025	\$155/\$175
Week 5	M-F	7/07/2025-7/11/2025	\$194/\$219
Week 6	M-F	7/14/2025-7/18/2025	\$194/\$219
Week 7	M-F	7/21/2025-7/25/2025	\$194/\$219
Week 8	M-F	7/28/2025-8/1/2025	\$194/\$219
Week 9	M-F	8/04/2025-8/8/2025	\$194/\$219
Week 10	M-F	8/11/2025-8/15/2025	\$194/\$219



SUMMER CAMP

Star Studio

Winter • Spring 2025

Classes begin January 13

No Class during Spring Break March 24 – March 30

Spring Recital May 4



CLASS DESCRIPTIONS

BALLET – Introduce the fundamentals of ballet in an engaging manner. Develop coordination, musicality, and discipline. Emphasis on stretching, strengthening, and musicality, designed to be applicable to various dance forms.

BALLET & TAP – This class offers a chance for young dancers to be introduced to creative movement and new friendships! Here we will learn room directions, basic motor and coordination skills, and classroom cooperation. Ballet & Tap shoes required.

BOLLYWOOD – Bollywood Dance is a fusion of Indian classical & folk dances that are performed to a high energy, upbeat Bollywood song and includes wearing bright & colorful costuming. This is a basic introduction to Bollywood Dance.

HIP HOP – High energy, contemporary routines using current moves and today's hottest music. Dancers will be introduced to hip hop technique and movement. Jazz shoes required.

JAZZ – Come learn the rhythms, stylized movements, and choreography for this exciting form of dance set to upbeat music. Jazz shoes required.

LYRICAL – Lyrical dance is a beautiful style of dance which blends the stylings of ballet, jazz and modern. Warm-ups and barre work are designed to develop a dancer's classical technique, while still maintaining a jazz and/or modern style. Music selected usually has strong meaning and the choreography is designed to tell a story or express the feeling/mood of the music. Bare feet or Paws required.

POMS – Dancers will learn beginning pom fundamentals and a basic routine. This class is great for promoting coordination and self-esteem. Gym or jazz shoes required.

URNS, LEAPS & JUMPS TECHNIQUE – This class focuses on enhancing dancer's strength, flexibility, and technique to improve jumps and turns. Emphasis is placed on body alignment, spotting, and turnout. Students will also learn combinations to further advance their jumps and turns. While this class will not perform in the recital, the skills learned will complement other dance classes.





Monday – Ms. Katie, Ms. Taylor, Ms. Cassie, Ms. Gabby & Ms. Tia			
5:00–7:00P	Lunar Competition Team		
6:00–8:00P	Sunburst Competition Team		
6:00–8:00P	Super Nova Competition Team		
Tuesday			
3:00–3:45P	Poms	Ages 5–7	\$239
3:45–4:30P	Hip Hop	Ages 5–7	\$239
4:30–5:15P	Lyrical	Ages 6–8	\$239
5:15–6:00P	Contemporary	Ages 6–8	\$239
Tuesday – Ms. Katie & Ms. Gabby			
6:00–8:00P	Competition Poms Team	Ages 6 & up	
Wednesday – Ms. Mackenzie			
4:30–5:00P	Turns, Leaps & Jumps Technique (Non-Recital)	Ages 8 and up	\$239
5:00–5:45P	Jazz	Ages 12 & up	\$239
Wednesday – Ms. Payal			
6:00–6:45P	Bollywood	Ages 6 & up	\$239
Wednesday			
7:00–7:45P	Hip Hop	Ages 8 & up	\$239
7:45–8:30P	Poms	Ages 8 & up	\$239
Thursday			
4:45–5:30P	Preschool Ballet & Tap	Ages 3–5	\$239
5:30–6:15P	Hip Hop/Jazz	Ages 5–8	\$239
Thursday			
6:30–7:15P	Lyrical	Ages 8 & up	\$239
7:15–8:00P	Contemporary	Ages 8 & up	\$239
8:00–8:45P	Jazz	Ages 10 & up	\$239
Saturday – Ms. Gabby			
10:00–10:45A	Preschool Ballet & Tap	Ages 3-6	\$239
10:45–11:30A	Hip Hop Poms	Ages 3-6	\$239

DANCE



Jazzercise® is the original dance party workout. Blending dance with Pilates, yoga, kickboxing and strength training, one 55-minute session can burn up to 800 calories. The results? Long, lean muscles and an undeniable mood boost. Registrations taken at class. New students should arrive a minimum of 10 minutes prior to the first class.

Age 16 & Older
 Location Gary Morava Recreation Center, in person and virtual online classes

SCAN



SilverSneakers

AND PRIME

The Prospect Heights Park District is a SilverSneakers (ages 64+) and Prime (ages 18-64) location. Find out if your health plan or Medicare offers SilverSneakers or Prime. This is a benefit offered by your employer and/or your health plan. This 1-year membership has all the same perks as our regular 1-year membership. Bring in your 16-digit health ID card for a FREE 1-year fitness membership.

One Pass™ Renew Active by UnitedHealthcare

Prospect Heights Park District is also a Renew Active location. Bring in your 10 digit access code for a FREE fitness membership. The program is available with select United Healthcare Medicare Advantage plans. Contact your employer for more details.

ACTIVE&FIT/SILVER&FIT

Prospect Heights is now a new Active&Fit and Silver&Fit member. Active&Fit is for ages 18-64 and Silver&Fit is for 65+. Please bring in your code given to you by your health care provider to check eligibility.

ADULT OPEN PLAY PICKLEBALL

Age 18 & up

Location: Gary Morava Recreation Center Gym

Fee: \$3/day
 \$55 – 20 punch pass

Also included in SilverSneakers, Renew Active and one-year fitness membership

Dates	Days	Times	Level
10/02–05/16	M,W, F	9:00–11:00A	Competitive
10/01–05/15	Tu,Th	9:00–11:00A	Recreational

Schedule may change due to other programming.

CHECK OUT OUR FITNESS PROGRAMS > On page 32–33

For more information

Contact Pan Zervas | pzervas@phparks.org | 847.394.6376



FITNESS PROGRAMS

FITNESS CENTER MEMBERSHIP

Fitness Center memberships can be purchased at the Front Desk during regular hours at the Gary Morava Recreation Center.

Please Note: Family memberships only apply to immediate family members residing in the same household. Proof of residency may be required. Must be 12 years & up to use fitness equipment in the Fitness Center. Youth ages 12-13 must be accompanied by a parent or guardian. No one under the age of 16 may use the sauna. Memberships cannot be transferred to another person.

MEMBERSHIP RATES

Prices are effective on January 1, 2025

Students: 12–23 years with school ID

Individual: 18–23 years with no school ID and 24–61

Senior: 62 years & up

Additional Family Members: Must be in same household

One Year Fitness Memberships	Resident	Non-Resident
Individual	\$180	\$205
Additional Family Member	\$100	\$120
Student/Senior	\$104	\$120
One Year Gym & Racquetball Memberships	Resident	Non-Resident
Individual	\$64	\$82
Student/Senior	\$44	\$48
Six Month Fitness Membership	Resident	Non-Resident
Individual	\$130	\$155
Additional Family Member	\$75	\$85
Student/Senior	\$66	\$80
Three Month Fitness Memberships	Resident	Non-Resident
Individual	\$80	\$80
Additional Family Member	N/A	N/A
Student/Senior	\$45	\$55

DAILY FEES

Fitness Center	\$5/person
Open Gym	\$3/person
Racquetball Court	\$10/person/hour

FITNESS CENTER HOURS

Monday–Thursday	6:00A–9:00P
Friday	6:00A–6:00P
Saturday	8:00A–5:00P
Sunday	8:00A–5:00P

AVAILABLE EQUIPMENT

- Cardio Theater Entertainment System
- Precor Treadmills
- Precor Elliptical Machines
- Precor Recumbent Bikes
- Stationary Bikes
- Concept2 Rowers
- Rig
- Complete line of strength machines
- Full range of 5–60 lb. dumbbells, free weights, squat rack & cable crossover
- NuStep Sit Down Elliptical
- 5–45 lb. Bumper Plates
- 20–60 lb. EZ-Curl Bars

FITNESS MEMBERSHIP

Memberships Includes:

Unlimited access to the fitness center, and access to open gym, racquetball court, and locker room. Members can take advantage of our cardio and strength machines, free weights, and balance/ resistance equipment. One Year Fitness Membership includes Open Play Pickleball from October–May. (See page 30 for hours.)

RACQUETBALL & OPEN GYM

Memberships Includes:

Unlimited access to the racquetball court and open gym. Racquetball & Open Gym membership does not include Pickleball or Fitness Center.

RACQUETBALL COURT PROCEDURES:

1. All players must scan their passes at the front desk or pay the daily fee prior to entering the court.
2. Players may reserve the court seven days ahead for one hour.
3. Court may be booked for one hour for each member. Register online or call Front Desk at 847.394.2848 to book time.
4. Reservations are on the hour (7:00A, 8:00A, etc.).

FITNESS PROGRAMS

SQUARE DANCING FUN

Join us for some square-dancing fun with the Arlington Squares Dance Club. It's a fun way to exercise, socialize, and engage your mind with various dance calls. While Country-Western is the traditional music for square dancing, today's dancers move to various music, including current rock hits. As long as the music has a good beat, it can be used for square dancing! No partner is needed, so singles and couples are welcome, as are youths in grades four and up, accompanied by an adult. No prior experience is needed. Dance assistants will be there to guide you. Wear casual clothes and comfortable shoes.

Location: Gary Morava Recreation Center

Age: 16+

Sa	2/1/25	10:00A-12:00P	Free Trial
Sa	2/8/25-5/31/25	10:00A-12:00P	\$120

GROOVAROO

GroovaRoo is a fun, beginner-friendly dance workout for you and your baby. Classes are for people with little ones that can be worn on your front or bigger kids worn on your back, both in a 2-shoulder carrier. Older children are welcome to attend class with you. They can dance with us or hang out in the room; however, they must stay inside the room with you. If the mother is dancing, she must be 6 weeks postpartum and cleared for exercise. Babies must be at least 6 weeks old. There is no age maximum for children if you are comfortable wearing them. Dress in layers for comfort and wear sneakers. Bring water. Are you new to babywearing? Come early for carrier assistance. Forgot your carrier? We have extras available.

Location: Gary Morava Recreation Center

Age: 6 weeks and older

W	01/15/25	9:00-9:45A	Free
W	01/22/25-02/12/25	9:00-9:45A	\$39
W	02/19/25	9:00-9:45A	Free
W	02/26/25-03/19/25	9:00-9:45A	\$39
Sa	01/18/25	9:00-9:45A	Free
Sa	01/25/25-02/15/25	9:00-9:45A	\$39
Sa	02/22/25	9:00-9:45A	Free
Sa	03/01/25-03/22/25	9:00-9:45A	\$39
Sa	04/05/25	9:00-9:45A	Free
Sa	04/12/25-05/03/25	9:00-9:45A	\$39



ADULT DANCE

Join us for an energizing adult dance class that blends the dynamic styles of hip-hop, jazz, and tap. This class is designed for adult dancers of all levels and will focus on building technique, rhythm, and style. You'll learn exciting choreography that incorporates the sharp moves of hip-hop, the fluidity of jazz, and the infectious beats of tap. Whether you're looking to get fit, express yourself, or just have fun, this class offers a supportive environment to unleash your creativity and connect with fellow dance enthusiasts. Come ready to move, sweat, and groove!

Location: Gary Morava Recreation Center

Age: 16+

M	01/13/25-02/03/25	7:00-8:00P	\$39
M	02/17/25-03/10/25	7:00-8:00P	\$39
M	04/07/25-04/28/25	7:00-8:00P	\$39

ADULT TAP

This class is for anyone who has watched Fred Astaire dance and wondered how does he do that? Geared to beginners and those with some tap experience. A warm up reviewing basic steps will begin the class. Following the warm up we will learn a routine utilizing the steps from the warm up. A great way to get your steps in and keep in shape. Tap shoes are not required, may wear any hard sole shoe. Instructor: Susan Pritzker

Location: Gary Morava Recreation Center

Age: 16+

W	01/15/25-02/05/25	10:00-11:00A	\$64
W	02/12/25-03/05/25	10:00-11:00A	\$64
W	03/12/25-04/02/25	10:00-11:00A	\$64
W	04/09/25-04/30/25	10:00-11:00A	\$64

FITNESS PROGRAMS



Fitness Classes at PHPD. There is something for everyone!

FITNESS CLASSES

NEW! Fitness Classes offerings here at PHPD. There is something for everyone!

Yoga **Age: 16+**

Location: Gary Morava Recreation Center

Tu	1/7/25–3/11/25	7:00–8:00P	\$65
Sa	1/11/25–3/15/25	10:00–11:00A	\$65
Tu	4/1/25–6/3/25	7:00–8:00P	\$65
Sa	4/5/25–6/7/25	10:00–11:00A	\$65



WELLNESS REBOOT - NEW YEARS CHALLENGE

This year's fitness challenge contains both mind and body challenges. Get yourself up and active as much as possible by scanning in as much as you are able to visit (max 2 in-scans per day). The most scans will win. Want more points though? The mind aspect of this challenge comes when there will be trivia questions sporadically in the fitness center. These questions will be worth different point values depending on difficulty. The trivia could range from workout questions to physical challenges to anything fitness related. These trivia questions will only be available during certain hours of certain days so be sure to be here at various times as they will pop up at any point.

Location: Gary Morava Recreation Center

Age: 13+

1/2/25–2/27/25

Free

FITNESS PROGRAMS

BUNCO

Join us at the park district to play BUNCO! Bunco is a game of dice, played in rounds. Players take turns rolling the dice and trying to accumulate as many points as possible to win each round. At the end of the day wins/losses, 50/50 and Most Buncos are tallied and gift card prizes awarded.

Location: Gary Morava Recreation Center

Age: All Ages

M	1/13/25	10:00A–12:00P	\$8
M	2/3/25	10:00A–12:00P	\$8
M	3/3/25	10:00A–12:00P	\$8
M	4/7/25	10:00A–12:00P	\$8
M	5/5/25	10:00A–12:00P	\$8



SPRING BIRD WALKS

It's the start of the spring migrations! Anyone who has been around the Slough this last year has noticed a big increase in the number and types of birds. The changes we have made in the habitat are changing the inhabitants. Now that the spring migrations are starting, we invite you to join our new walk leader, Cyndi Lubecke. A long time birder and local resident, Cyndi will be taking over for Mary Lou Mellon, our grand leader for 9 years, to lead us around the Slough, experiencing the wonder of birds and learning how to spot birds and identify them. Learn where to look for birds in your community and how to adjust binoculars for your eyes. Children welcome with adults. Please bring binoculars if you have them and dress for the weather. This is a FREE class but you must register.

Location: Izaak Walton Park

Age: All Ages

Sa	5/10/25	7:00–9:00A	Free
Sa	5/24/25	7:00–9:00A	Free



APRIL JUNIOR TRAINING CAMP

Watch your child develop their physical abilities and mental focus while having fun learning new skills that boost their overall confidence. The class will start as soon as the weather

*Classes will be divided by ability and age.

Ages: 7–11 | 4:15–5:15P

Ages: 11–15 | 5:30–6:30P

Fee: \$195

Dates: April 10–24, Tuesdays and Thursdays

SPRING JUNIOR GOLF CAMP

This is a great opportunity for the junior golfer looking to get a head start on competition. PGA Professional Doug Brazeau will give the lessons and monitor each student's progress in a structured group lesson format. Half of the instruction is held on the course! We will be offering two classes based on the student's ability level. Class size: split 20 students.

INTERMEDIATE CLASS | Ages: 7–11

Time: 5–6P | Fee: \$195

Session 1 – May 8 Chipping & Putting Clinic
 Session 2 – May 13 Driving Range
 Session 3 – May 15 Playing Lesson
 Session 4 – May 20 Driving Range
 Session 5 – May 22 Playing Competition

ADVANCED CLASS | Ages: 12–16

Time: 6:15–7:15P | Fee: \$195

Session 1 – May 8 Chipping & Putting Clinic
 Session 2 – May 13 Driving Range
 Session 3 – May 15 Playing Lesson
 Session 4 – May 20 Driving Range
 Session 5 – May 22 Playing Competition

SPRING JUNIOR LEAGUE

The league will consist of four teams. Each week, teams will compete against one another using various formats of play. In addition to competition, this league will emphasize game improvement to help each student become a more complete player. Key focus areas will include setup, pre-shot routine, short game, rules, etiquette, and full swing fundamentals. Sign up today if you want to enhance your skills and participate in valuable on-course competitions!

- On-course competition
- Practice time on range
- Prizes
- Driving Range Balls included
- 10 rounds on the course
- Team Gear
- Awards Dinner Ceremony
- Max 40 Participants

Ages: 8–13 | **Fee:** \$350

Time: April–May | 4:45–6:45P

Parent Child Scramble: Tee times anytime between 3:30–6:00P

Tryouts: April 2 | 4:45–5:45P

Dates: April 9, 16, 23, 30, May 4

Parent/Child Scramble (Come anytime between 4:00–6:00P), May 7, 14, 21

Tuesday, May 27 (Rain Make-Up), May 28 (Awards Night)

SPRING JUNIOR LEAGUE – ADVANCED

This league is for golfers already playing tournament and competitive golf or aspiring to play tournament golf. The purpose is to allow you to play in a competitive atmosphere and start your season competing.

- On-course competition
- Practice time on range
- Prizes
- Driving Range Balls included
- 10 rounds on the course
- Team Gear
- Awards Dinner Ceremony
- Max 30 Participants

Ages: 11–16 | **Fee:** \$350

Time: April–June 1 | 4:00–6:45P

Parent Child Scramble: Tee times anytime between 3:30–6:00P

Tryouts: April 2 | 4:00–6:00P

Dates: Wednesdays – April 9, 16, 23, 27

Parent/Child Scramble: April 30 & May 7, 14, 21 (Come anytime between 3:30–6:00P)

Tuesday, May 27 (Rain Make-Up), May 28 (Awards Night)



For more information contact

Doug Brazeau | dbrazeau@phparks.org

847.666.4854



CELEBRATE

Your Next Event at



**OLD ORCHARD
COUNTRY CLUB**

A Prospect Heights Park District Property

Contact us at 224.248.8708 or banquets@phparks.org
oldorchardcc.com | 700 W Rand Rd Mt Prospect, IL 60056



SPORTS PARTY

Basketball, soccer, dodge ball or flag football and more.

(Choose one)

\$15/child

ULTIMATE BIRTHDAY PARTY

Old-fashioned party games

\$15/child

NERF BATTLE PARTY

Gear up and challenge your friends for a Nerf Battle!

Includes one hour gym & 30 minute party room rental, Nerf Coach and all the necessary Nerf Equipment to have a Birthday Battle. (Ages 7 & up)

\$24/child

MINI NINJA WARRIOR PARTY

Leap, hop, skip, run your way through obstacles and put your Ninja skills to the test. This fun, movement based class includes one

hour gym & 30 minute party room rental, Ninja Coach and equipment. (Ages 4-8)

\$24/child

DANCE PARTY

Dance along with the birthday child's' favorite Pop Star –

Swiftly, Boy Bands, 80's Throwback or you choose!

\$15/child

WE OFFER A VARIETY OF PARTY PACKAGES FOR YOUR FUN AND ENJOYMENT!

Any of our birthday parties can also be used as a scout troop outing or to earn your next badge. A minimum of 10 children are required for all parties. Enjoy as we take care of your party needs from start to finish. You are welcome to bring in your own food and cake! If you choose we are happy to provide pizza, hot dogs, cupcakes or cake, ice cream, drinks or goody bags to complete your party at an additional fee. All birthday parties are 1.5 hours. Please contact Marci Glinski for more information.

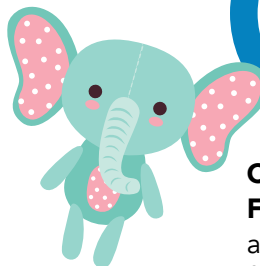
CAKE DECORATING WITH GLORIA



Each child will learn to decorate a cake using different tools and techniques. Each child will bring home a decorated cake in a box as their party favor.

\$24/child

STUFF & FLUFF PARTY



Choose your favorite FURRY FRIEND to bring to life. Many animals to choose from! Includes fiberfill stuffing, rainbow wish star, birth certificate, and take-home bag.

\$24/child

For more information

Contact Marci Glinski | mglinski@phparks.org | 847.666.4875



BIRTHDAY PARTY INFORMATION

Prospect Heights Park District | 847.394.2848 | phparks.org | PAGE 37



LOOK AT WHAT YOU CAN RESERVE...

How about renting a room for your meeting, baby shower, or birthday party? The recreation center offers two large meeting rooms with kitchen facilities and is available for public and private use throughout the year. We also rent picnic pavilions, soccer fields, baseball fields, tennis courts and pickleball courts.

RENTAL PROCEDURES

Rentals are subject to Park District approval. The approval process may take up to 7 days, so please plan accordingly. Facility use is subject to availability and requests are granted based on appropriateness.

THE APPLICATION PROCESS IS AS FOLLOWS:

1. Applicant must complete and sign the Prospect Heights Park District Facility Rental Application form. The form is available online at phparks.org or paper copies at the Front Desk. You can return the form by emailing it to Rita Nebl at rnebl@phparks.org or return it to the Front Desk at the Gary Morava Recreation Center.
2. Upon approval of request, applicants will be notified, and a \$100 deposit may be required to secure the date.

NOTE: Prospect Heights Park District programs and activities have first priority

TIME	ELM ROOM (MEETING ROOM 1) CAPACITY 115		PINE ROOM (MEETING ROOM 2) CAPACITY 98		FULL GYM CAPACITY 375		1/2 GYM CAPACITY 187		FITNESS STUDIO CAPACITY 42	
	R	NR	R	NR	R	NR	R	NR	R	NR
1 Hours	R \$75	NR \$90	R \$70	NR \$85	R \$80	NR \$90	R \$60	NR \$70	R \$30	NR \$40
2 Hours	R \$95	NR \$120	R \$90	NR \$115	R \$130	NR \$145	R \$85	NR \$100	R \$60	NR \$80
3 Hours	R \$115	NR \$150	R \$110	NR \$145	R \$180	NR \$200	R \$110	NR \$130	R \$90	NR \$120
4 Hours	R \$135	NR \$180	R \$130	NR \$175	R \$230	NR \$255	R \$135	NR \$160	R \$120	NR \$160
5 Hours	R \$155	NR \$210	R \$150	NR \$205	R \$280	NR \$310	R \$160	NR \$190	R \$150	NR \$200
6 Hours	R \$175	NR \$240	R \$170	NR \$235	R \$330	NR \$365	R \$185	NR \$220	R \$180	NR \$240
ADDITIONAL COSTS										
\$35	Oven/Stove Use									
\$60	After Hours - per hour									
\$50	Room Set Up									
\$100	Refundable Booking and Damage Deposit									
PICNIC PAVILION RENTALS										
R \$50/day	NR \$75/day	Lions Park, Country Gardens, Izaak Walton and Claire Lane								
FIELD & COURT RENTALS										
R \$20/hour	NR \$30/hour	Country Gardens Soccer Field								
R \$50/hour	NR \$70/hour	Lions Park and McDonald Field Ballfields								
R \$6/hour	NR \$10/hour	Outdoor Tennis Courts and Pickleball Courts (Lions Park, Country Gardens Park, Claire Lane Park)								



Scan the code
or more information.

For more information, contact
Rita Nebl | rnebl@phparks.org
224.248.9580



FACILITY RENTAL INFORMATION



Getting your home sold in today's market takes...

experience, knowledge & a proven track record.

Homes are selling, if you have the right broker. I'm not just a real estate broker; I'm also your neighbor!

Contact me for a complimentary market analysis today!



Karen Gatta, JD, CSC

Real Estate Broker
Baird & Warner
773.793.7627 cell

karen.gatta@bairdwarner.com
www.karengatta@bairdwarner.com



Get Your Business Noticed!

Advertise in the Prospect Heights Park District Seasonal Print & Digital Program Guide.

Our guides remain our #1 promotional notice highlighting our seasonal programs, special events, and facilities. Your ad can reach our large and loyal online readership who regularly visit our website.

And those that receive the guide.

For more information contact Edlyn Castil at ecastil@phparks.org | 847.666.4864



Block Party Sponsorship

Saturday June 21st, 2025



847.394.2848 | PHPARKS.ORG

Come experience the St. James way!

ST. JAMES SCHOOL OPEN HOUSE



January 26, 2025



12:30-2:00pm

At St. James School, we're proud to foster lifetime friendships while providing a Blue Ribbon Catholic education. Our close-knit community supports students in their faith, academics, and personal growth, helping them build strong relationships and values that last a lifetime.

Educating PreK-8th Grade | Follow Us | Register Here

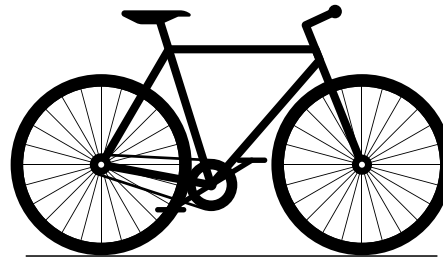


ADVERTISING & SPONSORSHIP

FUN FACTS

- Did you know two bee hives were installed near the bridge between Country Gardens and Somerset Park as part of ComEd's pollinator project near the prairie? They are thriving by foraging nectar and pollen from the prairie plantings nearby!
- Have you visited the Nature Preserve at the north end of Lions Park? The wood chip trail and stepping stone bridge over McDonald Creek were created from an Eagle Scout project, that included 49 volunteers working for a combined 224 hours.
- Have you tried the zipline playground equipment installed at School Street Park?
- Are you aware that Izaak Walton Park has two sections of boardwalk that connect several nature trails and an observation deck?
- Check out the StoryWalk® in Lions Park any day of the year! It's a project of the Prospect Heights Library and Park Districts. Stroll along the gravel path and read children's stories. Stories are changed quarterly.

Bike Path

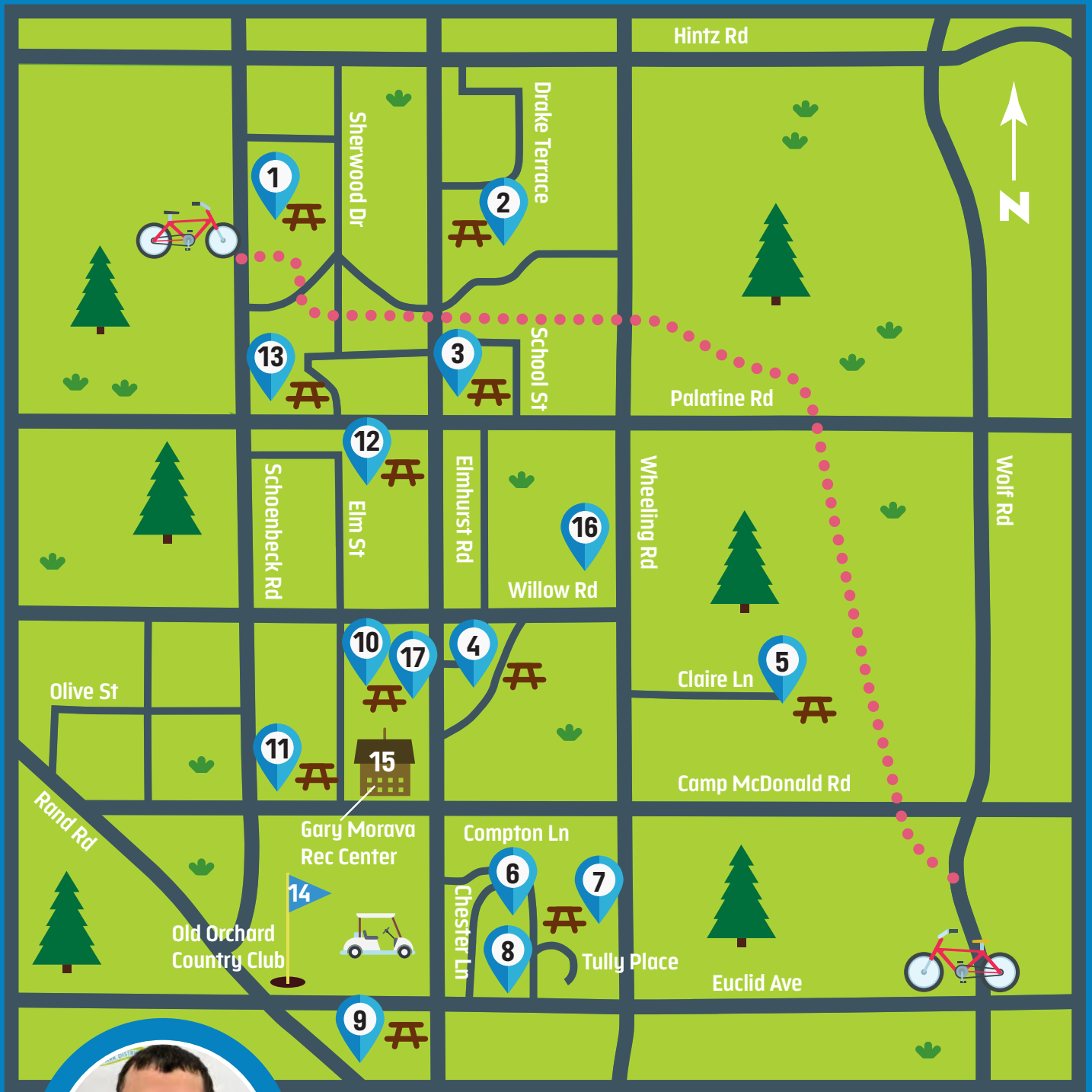


STARTS at Country Gardens Park on Schoenbeck Rd
one block North of Palatine Rd ENDS at the Prospect Heights Train Station at Camp McDonald.

WHILE ON PARK DISTRICT PROPERTY:

- No drones/model aircrafts can be flown without a permit
- All dogs must be on a leash

			PLAYGROUND	TENNIS COURT	PICKLEBALL LINES ON COURT	BASKETBALL COURT	SOFTBALL/BASEBALL FIELD	SAND VOLLEYBALL COURT	OPEN AREA	PICNIC AREA/SHELTER	OUT DOOR SWIMMING POOL	GYM	EXERCISE ROOM	RACQUETBALL COURT	MEETING ROOM	SOCCER FIELD	HANDICAP ACCESSIBLE	NATURALIZED AREAS	NATURE TRAILS
#	PARK/ADDRESS	ACRE																	
1	Country Gardens Park, 901 N Schoenbeck Rd	9.0																	
2	John Muir Park, 999 Oak Ave	4.5																	
3	School Street Park, 808 School St	3.0																	
4	Izaak Walton Park, 201 N Elmhurst Rd	4.0																	
5	Claire Lane Park, 617 Claire Lane	.50																	
6	Jaycee Park, 4 Compton Lane	1.0																	
7	Tully Park, 212 Tully Place	1.5																	
8	Rosemary Roth Park, 201 Chester Ln	.50																	
9	Wedgewood Park, 5 W Oxford Place, Mt Prospect	.50																	
10	Lions Park, 110 W Camp McDonald Rd	10.0																	
11	McDonald Field, 200 W Camp McDonald Rd	1.3																	
12	Kiwanis Park, 712 N Elm St	.67																	
13	Somerset Park, 204 W Palatine Frontage	26.0																	
14	Old Orchard Country Club, 700 W Rand Rd	100																	
15	Gary Morava Recreation Ctr., 110 W Camp McDonald Rd.																		
16	Walnut Woods, 610 N Wheeling Rd	8.5																	
17	Nature Preserve, 110 W Camp McDonald Rd	2.0																	



For more information
 Contact Mark Grassi
mgrassi@phparks.org
 847.666.4864

MAP & PARK AMENITIES

Prospect Heights Park District | phparks.org

Prospect Heights Park District

Gary Morava Recreation Center
110 W. Camp McDonald Road
Prospect Heights, IL 60070
847-394-2848

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RESIDENTIAL CUSTOMER
LOCAL



SPRING FLING

Saturday, April 19

9:00A–12:00P | Pancake Breakfast | \$5/person

10:00A SHARP | Egg Hunt

Gary Morava Recreation Center

Join us for some **FREE** family fun at our Annual Spring Fling!

Join us for a delightful morning filled with fun and festivities! After a pancake breakfast, children can enjoy a classic egg hunt and a kite-flying session on Lions Field. The event is open to all, no registration required. We look forward to seeing you there for a day filled with laughter, joy, and community spirit!



See page 13 for details.